

# BRFSS REPORT: FUNCTIONAL DISABILITY, FINAL 2024

North Carolina Population: Adults (ages 18+)

	N	Weighted Percent
Functional Disability (Yes)**	1,315	30.8
Functional Disability (No)	2,864	69.2

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.

## FUNCTIONAL DISABILITY STATUS

	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
<b>SEX</b>						
Male	579	45.8	42.4-49.2	1,330	49.3	47.1-51.5
Female	736	54.2	50.8-57.6	1,534	50.7	48.5-52.9
<b>RACE</b>						
Non-Hispanic White	894	68.4	65.2-71.6	1,769	60.8	58.7-63.0
Non-Hispanic Black	208	18.3	15.6-21.0	495	21.0	19.1-22.9
Non-Hispanic Other	44	5.1	3.4-6.8	130	6.8	5.4-8.2
Hispanic	137	8.2	6.7-9.8	414	11.4	10.2-12.6
<b>AGE IN YEARS</b>						
18-24	85	10.2	7.9-12.5	257	13.5	11.7-15.2
25-34	133	13.1	10.7-15.4	451	18.1	16.3-19.8
35-44	131	10.8	8.8-12.8	505	18.2	16.6-19.9
45-54	169	11.9	9.8-13.9	490	16.0	14.5-17.5
55-64	255	19.8	17.2-22.5	436	14.6	13.1-16.1
65-74	240	16.3	14.0-18.7	402	12.8	11.4-14.2
75+	294	17.9	15.3-20.6	264	6.8	5.8-7.9
<b>MARITAL STATUS</b>						
Married	556	46.4	43.0-49.8	1,442	53.0	50.8-55.2
Separated/Divorced	274	16.8	14.4-19.2	393	11.1	9.9-12.4
Widowed	190	11.9	9.7-14.0	187	5.2	4.2-6.1
Never married or partnered	289	24.9	22.0-27.9	815	30.7	28.7-32.8
<b>EDUCATION LEVEL</b>						
Less Than H.S.	170	16.0	13.3-18.7	216	8.1	6.9-9.2
H.S. or G.E.D.	323	29.0	25.8-32.2	583	25.5	23.5-27.6
Some Post-H.S.	386	34.3	31.0-37.5	718	30.5	28.4-32.6
College Graduate	431	20.8	18.5-23.0	1,335	35.9	34.0-37.9
<b>EMPLOYMENT STATUS</b>						
Employed/Self-employed	468	40.6	37.3-44.0	1,795	64.9	62.8-66.9
Unemployed	67	5.2	3.7-6.8	128	4.8	3.9-5.8
Other	568	39.7	36.4-43.0	856	28.1	26.1-30.0
Unable to work	199	14.4	12.2-16.7	59	2.3	1.6-2.9
<b>INCOME LEVEL</b>						
< \$15,000	80	7.3	5.5-9.1	67	2.8	2.0-3.7
\$15,000 to \$24,999	145	13.7	11.0-16.3	132	6.1	4.9-7.3
\$25,000 to \$34,999	131	12.7	10.2-15.3	213	9.8	8.2-11.3
\$35,000+	628	66.3	62.7-69.9	1,775	81.3	79.3-83.3

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
<b>HEALTH RISK FACTORS</b>						
<b>HEALTH CARE COVERAGE</b>						
Yes	1187	91.4	89.5-93.3	2,512	90.0	88.7-91.3
No	109	8.6	6.7-10.5	297	10.0	8.7-11.3
<b>CURRENT SMOKING</b>						
No	1115	84.8	82.3-87.3	2,553	90.3	89.0-91.6
Yes	175	15.2	12.7-17.7	270	9.7	8.4-11.0
<b>ANY LEISURE TIME PHYSICAL ACTIVITY OR EXERCISE IN THE PAST 30 DAYS</b>						
Yes	886	69.0	65.9-72.1	2,420	84.4	82.8-86.0
No	423	31.0	27.9-34.1	439	15.6	14.0-17.2
<b>BODY MASS INDEX - THREE CATEGORIES</b>						
Normal	328	28.1	24.8-31.3	838	32.2	30.1-34.4
Overweight	388	31.6	28.4-34.9	944	35.8	33.6-38.0
Obese	505	40.3	36.9-43.6	836	32.0	29.9-34.1
<b>COULD NOT SEE DOCTOR BECAUSE OF COST</b>						
Yes	195	17.0	14.3-19.6	251	8.6	7.4-9.8
No	1117	83.0	80.4-85.7	2,608	91.4	90.2-92.6
<b>USE ANY TOBACCO PRODUCT</b>						
No Use	818	68.8	65.3-72.2	1,820	75.7	73.6-77.9
Use at least 1 product	307	31.2	27.8-34.7	517	24.3	22.7-26.4
<b>USE OF MULTIPLE TOBACCO PRODUCTS</b>						
No Use	818	68.8	65.3-72.2	1,820	75.7	73.6-77.9
Use single product	226	23.3	20.2-26.5	411	19.2	17.2-21.2
Use multiple products	81	7.9	5.9-9.9	106	5.1	4.0-6.2
<b>E-CIGARETTE/VAPING STATUS</b>						
Never Used	1022	75.5	72.5-78.5	2,341	80.5	78.6-82.3
No Longer Used	162	13.9	11.6-16.3	327	13.6	12.0-15.3
Use Some Days/Use Every Day	109	10.6	8.3-12.8	157	5.9	4.9-6.9

## PERCEIVED POOR HEALTH

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
<b>GENERAL HEALTH</b>						
Excellent/Vg/Good	825	64.6	61.5-67.8	2,584	90.5	89.2-91.8
Fair/Poor	483	35.4	32.2-38.5	273	9.5	8.2-10.8
<b>NUMBER OF DAYS PHYSICAL HEALTH NOT GOOD</b>						
None	613	49.7	46.3-53.2	2,098	74.3	72.4-76.2
1-2 days	102	7.5	5.8-9.2	255	8.6	7.4-9.8
3-7 days	175	13.9	11.5-16.2	264	9.4	8.1-10.8
8-29 days	181	14.7	12.2-17.2	144	4.9	4.0-5.8
30 days	196	14.2	11.9-16.5	76	2.8	2.1-3.5
<b>NUMBER OF DAYS MENTAL HEALTH NOT GOOD</b>						
None	671	49.0	45.6-52.3	1,856	64.7	62.6-66.8
1-2 days	72	5.3	3.9-6.7	252	8.8	7.6-10.0
3-7 days	138	11.2	9.0-13.4	400	14.4	12.9-15.9
8-29 days	237	20.1	17.2-22.9	224	8.6	7.3-9.9
30 days	174	14.5	12.1-16.9	100	3.5	2.7-4.3
<b>DAYS HEALTH IMPAIRED LAST MONTH</b>						
None	782	59.4	56.2-62.7	2,368	82.2	80.6-83.9
1-2 days	59	4.6	3.2-6.0	172	5.9	4.9-6.9
3-7 days	148	11.2	9.2-13.3	188	6.9	5.8-8.0
8-29 days	188	14.8	12.4-17.3	111	4.1	3.2-5.0
30 days	138	9.9	8.0-11.9	25	0.9	0.5-1.3

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
<b>CHRONIC HEALTH CONDITIONS</b>						
<b>EVER HAD A HEART ATTACK</b>						
Yes	127	8.6	6.8-10.4	65	2.0	1.4-2.6
No	1179	91.4	89.6-93.2	2791	98.0	97.4-98.6
<b>HEART DISEASE</b>						
Yes	120	7.4	5.8-9.0	77	2.4	1.7-3.0
No	1179	92.6	91.0-94.2	2779	97.6	97.0-98.3
<b>EVER HAD A STROKE</b>						
Yes	121	8.6	6.7-10.5	63	2.2	1.5-2.9
No	1188	91.4	89.5-93.3	2799	97.8	97.1-98.5
<b>EVER HAD ASTHMA</b>						
Yes	272	20.5	17.7-23.2	325	11.1	9.8-12.5
No	1039	79.5	76.8-82.3	2533	88.9	87.5-90.2
<b>CURRENT ASTHMA</b>						
Yes	194	15.0	12.5-17.4	196	6.7	5.6-7.7
No	1111	85.0	82.6-87.5	2658	93.3	92.3-94.4
<b>SKIN CANCER</b>						
Yes	129	8.4	6.6-10.2	168	5.0	4.0-5.9
No	1180	91.6	89.8-93.4	2690	95.0	94.1-95.9
<b>OTHER CANCER DIAGNOSIS*</b>						
Yes	204	12.6	10.6-14.6	175	5.2	4.3-6.1
No	1107	87.4	85.4-89.4	2680	94.8	93.9-95.7
<b>CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)</b>						
Yes	191	13.7	11.5-16.0	100	3.6	2.8-4.5
No	1114	86.3	84.0-88.5	2760	96.4	95.5-97.2
<b>ARTHRITIS</b>						
Yes	660	47.4	44.1-50.8	617	19.7	18.0-21.4
No	648	52.6	49.2-55.9	2241	80.3	78.6-82.0
<b>DEPRESSION</b>						
Yes	511	40.8	37.5-44.1	429	14.6	13.0-16.1
No	795	59.2	55.9-62.5	2430	85.4	83.9-87.0
<b>KIDNEY DISEASE</b>						
Yes	106	6.7	5.0-8.3	61	2.1	1.5-2.8
No	1203	93.3	91.7-94.9	2798	97.9	97.2-98.5
<b>DIABETES</b>						
Yes	286	21.7	18.8-24.5	279	9.6	8.3-10.9
No	1027	78.3	75.5-81.2	2584	90.4	89.1-91.7
<b>CHRONIC DISEASE INDEX</b>						
No chronic disease	214	17.2	14.7-19.7	1503	55.2	53.1-57.4
1 chronic disease	370	30.5	27.3-33.7	802	27.1	25.2-29.0
2+ chronic diseases	731	52.3	49.0-55.7	559	17.7	16.0-19.3

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
<b>USE OF PREVENTIVE CARE</b>						
<b>HAD FLUSHOT IN PAST 12 MONTHS</b>						
Yes	637	45.6	42.2-49.0	1225	41.1	39.0-43.3
No	638	54.4	51.0-57.8	1559	58.9	56.7-61.0
<b>EVER HAD PNEUMONIA SHOT</b>						
Yes	619	48.4	44.9-51.8	813	28.0	26.0-30.0
No	597	51.6	48.2-55.1	1778	72.0	70.0-74.0
<b>TIME SINCE LAST ROUTINE CHECKUP</b>						
1-12 months ago	1095	80.2	77.3-83.2	2254	79.0	77.2-80.8
1 to 5+ yrs. or never	204	19.8	16.8-22.7	577	21.0	19.2-22.8

\* Any type of cancer diagnosis other than skin cancer.

\*\* Functional disability includes having difficulty with hearing, sight, mobility or cognitive processes. See BRFSS 2024 Annual Results Technical Notes for details. (<https://schs.dph.ncdhhs.gov/data/brfss/2024/technical.htm>)

\*\*\* The estimate was suppressed because it did not meet statistical reliability standards.

†This report presents information for BRFSS respondents aged 18+ by functional disability. The BRFSS does not interview adults living in institutions, such as nursing homes or other long-term care facilities. As a result, this report may not be representative of the entire adult population.