

BRFSS REPORT: FUNCTIONAL DISABILITY, FINAL 2016

North Carolina Population: Adults (ages 18+)

	N	Weighted Percent
Functional Disability (Yes)**	1,867	25.9
Functional Disability (No)	4,498	74.1

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
FUNCTIONAL DISABILITY STATUS						
SEX						
Male	787	44.1	41.2-47	2,108	49.2	47.5-51
Female	1,078	55.9	53-58.8	2,389	50.8	49-52.5
RACE						
Non-Hispanic White	1,245	66.9	64.2-69.7	3,043	66.9	65.3-68.6
Non-Hispanic Black	395	22.3	19.9-24.8	831	19.7	18.2-21.1
Non-Hispanic Other	106	5.0	3.6-6.3	231	5.3	4.4-6.2
Hispanic	92	5.8	4.4-7.1	352	8.1	7.1-9
AGE IN YEARS						
18-24	73	7.6	5.8-9.4	381	14.4	12.9-15.9
25-34	131	9.8	7.9-11.8	708	19.3	17.8-20.8
35-44	159	11.2	9.1-13.2	696	18.0	16.6-19.4
45-54	291	17.9	15.7-20.2	738	16.7	15.4-18
55-64	434	21.1	18.9-23.4	802	14.9	13.7-16.1
65-74	403	16.4	14.6-18.3	779	11.1	10.2-12.1
75+	360	15.9	14-17.8	332	5.5	4.8-6.1
MARITAL STATUS						
Married	769	45	41.8-47.6	2,450	54.1	52.3-55.9
Separated/Divorced	437	20.5	18.2-22.8	624	11.6	10.5-12.7
Widowed	361	15	13.2-16.9	324	4.9	4.3-5.6
Never married or partnered	293	20	17.3-22.1	1,079	29.4	27.7-31.1
EDUCATION LEVEL						
Less Than H.S.	337	25	22.6-28.2	358	10.7	9.4-11.9
H.S. or G.E.D.	610	31.7	29-34.3	1,133	25.7	24.2-27.3
Some Post-H.S.	550	30.3	27.7-32.9	1,292	33.4	31.6-35.1
College Graduate	368	13	11.1-14.2	1,702	30.2	28.7-31.7
EMPLOYMENT STATUS						
Employed/Self-employed	495	29.5	26.8-32.2	2,763	65.1	63.4-66.8
Unemployed	95	5.6	4.3-7	156	4.1	3.3-4.9
Other	774	37	34.3-39.7	1,472	29.0	27.3-30.6
Unable to work	497	27.9	25.3-30.6	86	1.9	1.4-2.4
INCOME LEVEL						
< \$15,000	336	23	20-25.5	251	6.5	5.5-7.5
\$15,000 to \$24,999	417	29	26.3-32.3	623	16.2	14.7-17.6
\$25,000 to \$34,999	195	12.0	10-13.9	405	10.6	9.4-11.8
\$35,000+	572	36	33-39	2,453	66.7	64.9-68.6

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
HEALTH RISK FACTORS						
HEALTH CARE COVERAGE						
Yes	1,639	83.6	81.1-86.1	3,970	87.6	86.4-88.8
No	225	16.4	13.9-18.9	510	12.4	11.2-13.6
CURRENT SMOKING						
No	1,418	75.1	72.5-77.7	3,828	84.6	83.3-86
Yes	435	24.9	22.3-27.5	637	15.4	14-16.7
ANY LEISURE TIME PHYSICAL ACTIVITY OR EXERCISE IN THE PAST 30 DAYS						
Yes	1,135	62.7	59.9-65.4	3,673	82.0	80.6-83.4
No	729	37.3	34.6-40.1	821	18.0	16.6-19.4
BODY MASS INDEX - THREE CATEGORIES						
Normal	450	25.4	22.8-27.9	1,438	35.7	33.9-37.5
Overweight	561	32.2	29.4-35	1,565	36.1	34.4-37.9
Obese	740	42.4	39.5-45.4	1,157	28.2	26.5-29.8
COULD NOT SEE DOCTOR BECAUSE OF COST						
Yes	458	29.2	26.3-32	488	11.4	10.3-12.6
No	1,404	70.8	68-73.7	4,000	88.6	87.4-89.7
USE ANY TOBACCO PRODUCT						
No Use	1,276	70.6	67.9-73.4	3,189	78.3	76.6-80
Use at least 1 product	493	29.4	26.6-32.1	771	21.7	20-23.4
USE OF MULTIPLE TOBACCO PRODUCTS						
No Use	1,276	70.6	67.9-73.4	3,189	78.3	76.6-80
Use single product	411	24.1	21.5-26.7	659	18.4	16.8-20
Use multiple products	82	5.3	3.7-6.8	112	3.3	2.6-4
TRIED TO QUIT SMOKING****						
Yes	284	65.3	59.6-71	365	59.4	54.6-64.1
No	151	34.7	29-40.4	270	40.6	35.9-45.4
E-CIGARETTE/VAPING STATUS						
Never Used	1,449	73.7	70.9-76.4	3,750	80.8	79.2-82.3
No Longer Used	312	20.2	17.7-22.7	584	15.5	14.1-16.9
Use Some Days	57	4.1	2.7-5.5	100	2.6	2-3.1
Use Every Day	37	2.0	1.1-2.9	41	1.2	0.7-1.6
PERCEIVED POOR HEALTH						
GENERAL HEALTH						
Excellent/Vg/Good	982	52.7	49.8-55.6	4,084	91.7	90.8-92.7
Fair/Poor	872	47.3	44.4-50.2	406	8.3	7.3-9.2
NUMBER OF DAYS PHYSICAL HEALTH NOT GOOD						
None	753	40.4	37.6-43.3	3,425	76.9	75.4-78.5
1-7 days	338	21.4	18.9-23.9	750	17.5	16.1-18.9
8-30 days	709	38.1	35.3-41	276	5.6	4.8-6.4
NUMBER OF DAYS MENTAL HEALTH NOT GOOD						
None	959	50.3	47.4-53.2	3,373	73.6	72-75.2
1-7 days	280	17.2	14.8-19.6	725	17.5	16.1-18.9
8-30 days	579	32.5	29.8-35.2	363	8.9	7.8-10
DAYS HEALTH IMPAIRED LAST MONTH						
None	1,040	57.0	54.1-59.9	3,969	88.6	87.4-89.7
1-7 days	222	12.8	10.9-14.7	390	9.0	8-10.1
8-30 days	559	30.2	27.5-32.9	126	2.4	1.9-2.9

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
CHRONIC HEALTH CONDITIONS						
EVER HAD A STROKE						
Yes	204	9.8	8.1-11.5	89	1.9	1.4-2.4
No	1,653	90.2	88.5-91.9	4,404	98.1	97.6-98.6
EVER HAD ASTHMA						
Yes	379	21.3	18.9-23.7	407	9.5	8.4-10.6
No	1,482	78.7	76.3-81.1	4,084	90.5	89.4-91.6
CURRENT ASTHMA						
Yes	270	15.3	13.2-17.5	248	5.7	4.8-6.5
No	1,582	84.7	82.5-86.8	4,231	94.3	93.5-95.2
OTHER CANCER DIAGNOSIS*						
Yes	268	12.3	10.6-14.1	252	4.1	3.4-4.7
No	1,591	87.7	85.9-89.4	4,241	95.9	95.3-96.6
CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)						
Yes	346	19.2	16.9-21.5	167	3.1	2.5-3.6
No	1,510	80.8	78.5-83.1	4,322	96.9	96.4-97.5
ARTHRITIS						
Yes	1,066	53.8	50.9-56.7	910	16.8	15.5-18
No	784	46.2	43.3-49.1	3,576	83.2	82-84.5
DEPRESSION						
Yes	731	39.8	36.9-42.6	499	11.1	9.9-12.2
No	1,122	60.2	57.4-63.1	3,985	88.9	87.8-90.1
KIDNEY DISEASE						
Yes	156	7.5	6-9	79	1.8	1.3-2.2
No	1,697	92.5	91-94	4,414	98.2	97.8-98.7
DIABETES						
Yes	444	21.6	19.3-23.9	429	7.7	6.8-8.5
No	1,420	78.4	76.1-80.7	4,063	92.3	91.5-93.2
CHRONIC DISEASE INDEX						
No chronic disease	255	17.1	14.8-19.5	2,436	59.7	58-61.4
1 chronic disease	460	25.5	23-28	1,227	25.2	23.7-26.8
2+ chronic diseases	1,151	57.4	54.5-60.2	834	15.1	13.9-16.3

USE OF PREVENTIVE CARE

HAD FLUSHOT IN PAST 12 MONTHS						
Yes	999	49.7	46.8-52.6	2,016	42.5	40.7-44.3
No	841	50.3	47.4-53.2	2,411	57.5	55.7-59.3
EVER HAD PNEUMONIA SHOT						
Yes	984	53.3	50.2-56.3	1,311	28.2	26.6-29.9
No	727	46.7	43.7-49.8	2,677	71.8	70.1-73.4
EVER HAD SIGMOIDOSCOPY OR COLONOSCOPY EXAM (ages 50-64)						
Yes	1,024	76	73.3-79.3	1,703	73.3	71-75.6
No	305	24	20.7-26.7	595	26.7	24.4-29
TIME SINCE LAST ROUTINE CHECKUP						
1-12 months ago	1,531	78.6	76-81.3	3,382	73.6	72-75.3
1 to 5+ yrs. or never	307	21.4	18.7-24	1,070	26.4	24.7-28

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
TIME SINCE LAST ROUTINE DENTAL VISIT						
1-12 months ago	998	51.5	48.6-54.4	3,084	68.4	66.7-70.1
1 to 5+ yrs. or never	836	48.5	45.6-51.4	1,376	31.6	29.9-33.3

* Any type of cancer diagnosis other than skin cancer.

** Functional disability includes having difficulty with hearing, sight, mobility or cognitive processes. See BRFSS 2016 Annual Results Technical Notes for details. (<https://schs.dph.ncdhhs.gov/data/brfss/2016/technical.htm>)

*** The estimate was suppressed because it did not meet statistical reliability standards.

**** This question was asked only of respondents who reported smoking 100 or more cigarettes in her/his entire life and currently smokes every day or on some days.

†This report presents information for BRFSS respondents aged 18+ by functional disability. The BRFSS does not interview adults living in institutions, such as nursing homes or other long-term care facilities. As a result, this report may not be representative of the entire adult population.