

BRFSS REPORT: MEDICAID, FINAL 2024

North Carolina Medicaid Population: Adults (ages 18 to 64)

	N	Weighted Percent
Medicaid	268	8.9
No Insurance	420	12.7
Other Health Insurance	2,342	78.4

	MEDICAID			NO HEALTH INSURANCE			OTHER HEALTH INSURANCE		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.

HEALTH INSURANCE STATUS

	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
SEX									
Male	85	36.1	29.0-43.3	230	56.5	50.7-62.2	1102	49.7	47.4-52.1
Female	183	63.9	56.7-71.0	190	43.5	37.8-49.3	1240	50.3	47.9-52.6
RACE									
White	133	45.9	38.6-53.3	148	52.9	45.9-59.8	1600	69.3	67.0-71.6
Black	85	38.1	30.5-45.7	35	13.9	8.9-19.0	457	21.4	19.3-23.4
Other Minorities	36	16.0	10.3-21.7	102	33.2	26.8-39.6	189	9.3	7.8-10.9
HISPANIC ORIGIN									
Hispanic	41	11.3	7.3-15.2	263	51.1	45.3-56.9	238	7.1	6.1-8.1
Non-Hispanic	226	88.7	84.8-92.7	152	48.9	43.1-54.7	2098	92.9	91.9-93.9
AGE IN YEARS									
18-24	33	19.6	12.7-26.6	56	19.7	14.5-24.9	248	14.3	12.5-16.1
25-34	60	25.9	19.4-32.5	109	26.6	21.4-31.8	425	20.7	18.7-22.7
35-44	70	22.6	17.1-28.1	103	25.0	20.0-29.9	479	20.6	18.7-22.4
45-54	49	13.1	9.0-17.3	101	20.3	16.1-24.4	524	20.3	18.5-22.2
55-64	54	18.7	13.1-24.3	43	8.4	5.4-11.4	607	24.1	22.1-26.1
MARITAL STATUS									
Married	53	20.1	14.3-25.9	133	32.6	27.4-37.8	1225	55.5	53.1-57.8
Separated/Divorced	69	21.0	15.5-26.5	71	14.2	10.3-18.2	336	11.4	10.1-12.8
Widowed	***	***	***	***	***	***	57	2.3	1.6-3.1
Never married or partnered	139	57.6	50.5-64.8	205	51.9	46.1-57.6	702	30.8	28.6-32.9
EDUCATION LEVEL									
Less Than H.S.	43	19.2	13.2-25.2	175	40.7	35.1-46.2	89	4.7	3.6-5.8
H.S. or G.E.D.	106	46.4	38.9-53.8	117	28.8	23.4-34.1	437	23.5	21.3-25.6
Some Post-H.S.	74	25.3	19.5-31.2	70	19.9	14.9-24.8	618	33.2	30.9-35.6
College Graduate	45	9.1	6.0-12.1	54	10.7	7.3-14.1	1189	38.6	36.5-40.8
EMPLOYMENT STATUS									
Employed/Self-employed	115	45.7	38.3-53.1	279	67.6	62.1-73.2	1749	75.9	73.8-77.9
Unemployed	37	13.0	8.4-17.6	57	14.9	10.4-19.5	96	4.3	3.3-5.3
Other	46	19.2	12.6-25.7	61	13.0	9.4-16.6	334	14.8	13.1-16.5
Unable to work	63	22.1	16.4-27.9	13	4.4	1.9-7.0	129	5.0	4.0-6.0
INCOME LEVEL									
< \$15,000	46	19.4	13.5-25.4	28	9.6	5.2-14.0	43	2.0	1.3-2.7
\$15,000 to \$24,999	43	21.7	15.0-28.3	58	19.0	13.4-24.6	81	4.2	3.2-5.3
\$25,000 to \$34,999	39	23.5	15.1-31.9	57	19.0	13.7-24.4	145	7.8	6.4-9.3
\$35,000+	66	35.4	27.0-43.7	136	52.3	45.2-59.5	1628	86.0	84.1-87.8

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HEALTH RISK FACTORS

CURRENT SMOKING

No	191	78.2	72.2-84.3	340	82.8	78.3-87.4	2025	89.4	87.8-91.0
Yes	59	21.8	1.7-27.8	65	17.2	12.6-21.7	218	10.6	9.0-12.2

ANY LEISURE TIME PHYSICAL ACTIVITY OR EXERCISE IN THE PAST 30 DAYS

Yes	184	68.0	61.2-74.9	299	74.4	69.6-79.2	1966	84.1	82.4-85.9
No	82	32.0	25.1-38.8	120	25.6	20.9-30.4	374	15.9	14.1-17.6

BODY MASS INDEX - THREE CATEGORIES

Normal	65	27.7	20.6-34.9	98	33.3	26.9-39.7	626	29.8	27.6-32.1
Overweight	68	28.7	21.6-35.7	113	33.7	27.3-40.1	724	34.1	31.8-36.5
Obese	114	43.6	36.1-51.1	100	32.9	26.6-39.3	791	36.0	33.7-38.4

COULD NOT SEE DOCTOR BECAUSE OF COST

Yes	58	20.6	14.8-26.4	167	43.4	37.7-49.2	210	8.8	7.4-10.1
No	208	79.4	73.6-85.2	252	56.6	50.8-62.3	2130	91.2	89.9-92.6

USE ANY TOBACCO PRODUCT

No Use	111	56.2	47.8-64.6	253	71.8	66.0-77.5	1328	69.7	67.2-72.2
Use at least 1 product	93	43.8	35.4-52.2	94	28.2	22.5-34.0	502	30.3	27.8-32.8

USE OF MULTIPLE TOBACCO PRODUCTS

No Use	111	56.2	47.8-64.6	253	71.8	66.0-77.5	1328	69.7	67.2-72.2
Use single product	64	31.7	23.9-39.6	61	18.3	13.3-23.4	404	24.2	21.9-26.6
Use multiple products	29	12.0	7.2-16.9	33	9.9	6.3-13.5	98	6.1	4.7-7.4

E-CIGARETTE/VAPING STATUS

Never Used	167	65.7	58.7-72.7	321	75.4	70.1-80.8	1736	75.5	73.4-77.6
No Longer Used	54	22.0	16.0-28.0	49	14.3	9.9-18.8	325	15.8	13.9-17.6
Use Some Days/Use Every Day	32	12.3	7.5-17.1	35	10.3	6.5-14.1	183	8.7	7.3-10.1

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PERCEIVED POOR HEALTH

GENERAL HEALTH

Excellent/Vg/Good	177	66.9	60.1-73.8	298	74.4	69.7-79.1	2031	87.3	85.7-88.8
Fair/Poor	90	33.1	26.2-39.9	116	25.6	20.9-30.3	306	12.7	11.2-14.3

NUMBER OF DAYS PHYSICAL HEALTH NOT GOOD

None	147	58.4	51.2-65.6	309	72.9	67.5-78.3	1520	66.3	64.0-68.5
1-2 days	21	7.6	4.1-11.1	21	5.9	2.5-9.3	246	10.1	8.7-11.4
3-7 days	28	9.1	5.0-13.2	37	9.0	5.6-12.3	273	12.0	10.4-13.6
8-29 days	30	11.2	6.7-15.7	28	7.4	4.1-10.8	157	7.2	5.9-8.4
30 days	35	13.7	8.7-18.7	21	4.8	2.5-7.1	116	4.5	3.6-5.4

NUMBER OF DAYS MENTAL HEALTH NOT GOOD

None	115	46.5	39.0-53.9	284	64.8	59.1-70.5	1206	52.2	49.9-54.6
1-2 days	13	4.6	1.5-7.7	19	4.3	2.1-6.6	246	10.4	9.0-11.8
3-7 days	34	13.1	8.4-17.7	36	8.2	5.2-11.2	392	16.7	15.0-18.5
8-29 days	49	17.0	11.7-22.3	45	15.6	10.6-20.5	314	13.8	12.1-15.4
30 days	51	18.9	13.2-24.6	28	7.1	4.3-9.9	154	6.9	5.6-8.1

DAYS HEALTH IMPAIRED LAST MONTH

None	162	62.9	56.0-69.8	330	75.4	70.3-80.6	1725	73.4	71.3-75.5
1-2 days	12	3.4	1.3-5.4	16	3.4	1.6-5.3	172	7.0	5.8-8.2
3-7 days	28	8.3	4.8-11.9	33	9.2	5.7-12.6	201	9.1	7.7-10.5
8-29 days	38	14.4	9.4-19.4	29	8.5	4.8-12.3	177	7.6	6.3-8.9
30 days	28	11.0	6.4-15.5	12	3.4	1.3-5.5	67	2.8	2.1-3.6

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CHRONIC HEALTH CONDITIONS

EVER HAD A HEART ATTACK

Yes	11	4.5	1.2-7.7	***	***	***	55	2.1	1.4-2.7
No	257	95.5	92.3-98.8	409	98.6	97.6-99.6	2276	97.9	97.3-98.6

HEART DISEASE

Yes	***	***	***	***	***	***	54	1.9	1.3-2.5
No	259	97.4	94.8-100.0	416	99.2	98.2-100.0	2282	98.1	97.5-98.7

EVER HAD A STROKE

Yes	18	6.1	2.9-9.3	***	***	***	56	2.3	1.5-3.0
No	250	93.9	90.7-97.1	412	98.8	97.7-99.8	2284	97.7	97.0-98.5

EVER HAD ASTHMA

Yes	62	20.5	15.1-25.8	41	11.9	7.6-16.3	353	14.4	12.8-16.0
No	204	79.5	74.2-84.9	377	88.1	83.7-92.4	1984	85.6	84.0-87.2

CURRENT ASTHMA

Yes	49	16.7	11.7-21.6	19	6.4	2.9-9.8	227	9.1	7.8-10.4
No	217	83.3	78.4-88.3	397	93.6	90.2-97.1	2103	90.9	89.6-92.2

SKIN CANCER

Yes	***	***	***	***	***	***	77	3.3	2.4-4.1
No	264	99.2	98.2-100.0	415	99.3	98.5-100.0	2260	96.7	95.9-97.6

OTHER CANCER DIAGNOSIS*

Yes	20	7.2	3.8-10.6	***	***	***	102	3.7	2.9-4.6
No	248	92.8	89.4-96.2	411	98.0	96.6-99.5	2236	96.3	95.4-97.1

CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)

Yes	32	10.7	6.3-15.1	14	3.3	1.4-5.2	95	4.4	3.4-5.5
No	235	89.3	84.9-93.7	403	96.7	94.8-98.6	2243	95.6	94.5-96.6

ARTHRITIS

Yes	87	28.7	22.5-34.9	36	9.9	5.8-14.0	524	21.0	19.1-22.9
No	179	71.3	65.1-77.5	382	90.1	86.0-94.2	1813	79.0	77.1-80.9

DEPRESSION

Yes	120	42.3	35.2-49.5	60	15.8	11.3-20.4	579	24.5	22.5-26.6
No	147	57.7	50.5-64.8	358	84.2	79.6-88.7	1755	75.5	73.4-77.5

KIDNEY DISEASE

Yes	13	4.7	1.4-8.1	***	***	***	54	2.1	1.4-2.7
No	255	95.3	91.9-98.6	416	99.2	98.2-100	2286	97.9	97.3-98.6

DIABETES

Yes	38	15.5	10.2-20.8	21	4.4	2.0-6.9	224	9.6	8.2-11.0
No	229	84.5	79.2-89.8	398	95.6	93.1-98.0	2116	90.4	89.0-91.8

CHRONIC DISEASE INDEX

No chronic disease	85	36.2	28.8-43.6	298	68.2	62.5-73.9	1143	50.2	47.9-52.6
1 chronic disease	77	26.1	20.0-32.2	75	21.0	15.9-26.1	696	29.5	27.4-31.6
2+ chronic diseases	106	37.7	30.8-44.7	47	10.8	6.9-14.7	503	20.3	18.4-22.2

HAS FUNCTIONAL DISABILITY**

Yes	120	44.7	37.3-52.1	108	28.0	22.6-33.4	541	24.7	22.6-26.9
No	136	55.3	47.9-62.7	294	72.0	66.6-77.4	1718	75.3	73.1-77.4

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USE OF PREVENTIVE CARE

HAD FLUSHOT IN PAST 12 MONTHS

Yes	69	29.2	22.1-36.3	84	17.1	13.1-21.1	896	38.6	36.3-41.0
No	179	70.8	63.7-77.9	313	82.9	78.9-86.9	1314	61.4	59.0-63.7

EVER HAD PNEUMONIA SHOT

Yes	60	27.9	20.6-35.2	37	8.4	5.4-11.4	482	23.1	20.9-25.3
No	169	72.1	64.8-79.4	336	91.6	88.6-94.6	1551	76.9	74.7-79.1

TIME SINCE LAST ROUTINE CHECKUP

1-12 months ago	194	70.1	63.0-77.3	155	36.1	30.6-41.6	1894	80.9	79.0-82.8
1 to 5+ yrs. or never	69	29.9	22.7-37.0	251	63.9	58.4-69.4	428	19.1	17.2-21.0

* Any type of cancer diagnosis other than skin cancer.

** Functional disability includes having difficulty with hearing, sight, mobility or cognitive processes. See BRFSS 2024 Annual Results Technical Notes for details. (<https://schs.dph.ncdhhs.gov/data/brfss/2024/technical.htm>)

*** The estimate was suppressed because it did not meet statistical reliability standards.

†This report presents information for BRFSS respondents aged 18 to 64 by type of health insurance coverage. The BRFSS does not interview adults living in institutions, such as nursing homes or other long-term care facilities. As a result, this report may not be representative of the entire adult Medicaid population.