The North Carolina Child Health Assessment and Monitoring Program (NC CHAMP) is a surveillance system that collects information about the health characteristics of children from birth to age 17. NC CHAMP is a follow-up survey of the Behavioral Risk Factor Surveillance System (BRFSS) which is a telephone survey of adults, ages 18 and older. All adult respondents with children living in their household are invited to participate in the CHAMP survey. One child is randomly selected from the household and the adult most knowledgeable about the health of the selected child is interviewed in a follow-up survey. This surveillance update includes data collected in 2008 on 1,390 parental surveys of children ages 10 to 17. BMI status categories are based on BMI percentiles for age and sex: <5 percent = Underweight, 5–84 percent = Recommended Range, 85–94 percent = Overweight, ≥95 percent = Obese. Results presented here are for overweight and obese categories combined (BMI percentile ≥85 percent). For more detailed information than what is presented here, including confidence intervals for the prevalence rates reported above, please visit the NC CHAMP Web site at: www.schs.state.nc.us/SCHS/champ.