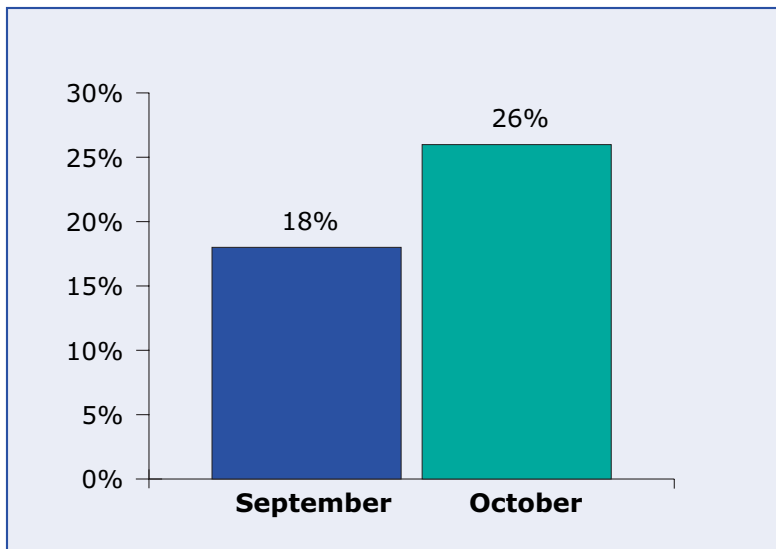


Influenza Like Illnesses – North Carolina 2009



Percent of BRFSS Households Surveyed from September 1 to October 25, 2009 Reporting Flu-Like Symptoms (Fever with Cough and/or Sore Throat) within the Past Month



- Eighteen percent of adults surveyed in September reported that at least one member of their household was ill within the past month with flu-like symptoms.
- Twenty-six percent of adults surveyed in October reported that at least one member of their household was ill within the past month with flu-like symptoms.
- Approximately 726,000 households in North Carolina had at least one member ill with flu-like symptoms from September 1 to October 25, 2009. This estimate represents an increase of 140,000 households with flu-like symptoms since the last reporting period (9/1 to 9/27/09).

	Number of Households Surveyed	Estimated Number of Households in North Carolina	Percent of Households	Margin of Error
Households surveyed from October 1 through October 25, 2009				
One or more members with flu-like symptoms	115	433,118	25.8%	2.7%
No one in household with flu-like symptoms	412	1,242,829	74.2%	2.7%
TOTAL Households from September 1 through October 25, 2009				
One or more members with flu-like symptoms	223	725,973	22.1%	1.8%
No one in household with flu-like symptoms	1,030	2,554,563	77.9%	1.8%
Total	1,253	3,280,536	100.0%	

The Behavioral Risk Factor Surveillance System (BRFSS) is a random telephone health survey of non-institutionalized adults aged 18 and older in households sponsored by the Centers for Disease Control and Prevention (CDC). The North Carolina BRFSS operates through the State Center for Health Statistics' Survey Center, Division of Public Health, conducting interviews monthly in both English and Spanish. Beginning in September 2009, the CDC began implementing a BRFSS module related to influenza-like illness which asks respondents if they or members of their household have or have recently had flu-like symptoms. Number of households with flu-like symptoms reported here is based on responses to the following questions: During the past month, were you ill with a fever? Did you also have a cough and/or sore throat? Did any other members of your household have a fever with cough or sore throat during the past month? For more detailed information and previous Influenza Updates, please visit the NC-BRFSS web site at www.schs.state.nc.us/SCHS/brfss or contact the BRFSS Coordinator at (919) 855-4485.