Surveillance Update

Parent Perception on Child’s Weight Status — North Carolina 2009

The North Carolina Child Health Assessment and Monitoring Program (NC CHAMP) is a surveillance system that collects information about the health characteristics of children from birth to age 17. NC CHAMP is a follow-up survey of the Behavioral Risk Factor Surveillance System (BRFSS) which is a telephone survey of adults, ages 18 and older. All adult respondents with children living in their household are invited to participate in the CHAMP survey. One child is randomly selected from the household and the adult most knowledgeable about the health of the selected child is interviewed in a follow-up survey. This surveillance update includes data collected in 2009 on 1,790 parental surveys of children ages 10 to 17. Results presented here are for parents who reported that their child was somewhat or very overweight when asked “How would you describe your child’s weight? Would you say very overweight, somewhat overweight, healthy weight, somewhat underweight, or very underweight?” For further information about NC CHAMP, please visit www.schs.state.nc.us/SCHS/champ.