Surveillance Update

Health Care Provider Advice on Children’s Physical Activity — North Carolina 2009

The North Carolina Child Health Assessment and Monitoring Program (NC CHAMP) is a surveillance system that collects information about the health characteristics of children from birth to age 17. NC CHAMP is a follow-up survey of the Behavioral Risk Factor Surveillance System (BRFSS) which is a telephone survey of adults, ages 18 and older. All adult respondents with children living in their household are invited to participate in the CHAMP survey. One child is randomly selected from the household and the adult most knowledgeable about the health of the selected child is interviewed in a follow-up survey. This surveillance update includes data collected in 2009 on 2,132 parental surveys of children ages 2 to 17. Results presented here are for parents who reported that their child’s doctor or other health care providers have talked with them within the past year about how they can help their child to be more physically active. Percentages are weighted to population characteristics. For further information about NC CHAMP, please visit www.schs.state.nc.us/SCHS/champ.