The North Carolina Pregnancy Risk Assessment Monitoring System (PRAMS) is a Centers for Disease Control and Prevention (CDC) initiative to reduce infant mortality and low birth weight. N.C. PRAMS is a random, stratified, monthly mail/telephone survey of North Carolina women who recently delivered a live-born infant. The PRAMS survey collects data on maternal behaviors and experiences before, during and after pregnancy for a sample of North Carolina women.

This report is based on the responses of 984 mothers who delivered during 2014 in the state of North Carolina and participated in the PRAMS survey two to four months after delivery. Specifically, this surveillance update focuses on mothers who responded to the questions, “1) How old was your baby the first time he or she drank liquids other than breast milk? and 2) How old was your baby the first time he or she ate solid food?” For more detailed information please visit the N.C. PRAMS website at: www.schs.state.nc.us/units/stat/prams.

* CI (95%) = Confidence Interval (at 95 percent probability level).