



WAKE COUNTY

**Community
Health Needs
Assessment**

2025

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Introduction Letter

Dear Wake County Residents,

Wake County was ranked as the healthiest North Carolina county for Population Health and Wellbeing in the 2025 County Health Rankings & Roadmaps Program and is consistently ranked as one of the best places to live, work, play and learn in the US. This success is largely due to the collaborative efforts of various partners, including those involved in the development of this Community Health Needs Assessment and the residents of Wake County.

Every three years, Wake County conducts a Community Health Needs Assessment (CHNA) to identify areas of need within the county. It is influenced by the social and economic determinants of health, like behavioral, physical and environmental health, and the differences in geography and demographics throughout Wake County.

The CHNA that follows has been developed through the collaborative efforts of Live Well Wake's lead organizations which include Advance Community Health, Delta Dental of North Carolina, Duke Raleigh Hospital, Neighbor Health Center, Poe Center for Health Education, RightCare, UNC Rex Healthcare, Wake County Health and Human Services, and WakeMed Health and Hospitals. Additional input and support were provided by the dozens of organizations and community partners represented on the CHNA Steering Committee. Most importantly, completion of the CHNA process would not be possible without input provided by our residents.

The North Carolina Institute for Public Health was hired to conduct this assessment, which collected and analyzed existing statistical data. The CHNA included surveys, community conversations and prioritization meetings that allowed the CHNA team to identify priority areas of need and related resources.

This report marks the first step in Wake County's work towards creating a more livable community for all. The next step in working towards this vision will be convening with strategic partners and community members to develop Wake County's Community Health Improvement Plan. This plan will highlight the strategies Live Well Wake, and the broader Wake County community will take to address the priority areas identified by our residents.

We hope that you will join us as we strive to make Wake County an even healthier community for generations to come.

With best regards,



Vickie Adamson, County Commissioner
Wake County Board of Commissions

Elaine Loyack, Vice President of
Community Engagement and Government
relations, Delta Dental of North Carolina



Donald Gintzig, CEO
WakeMed Health and Hospitals

Acknowledgements

Community Health Needs Assessment Coordinating Team

The Coordinating Team met bi-weekly to organize and track the Community Health Needs Assessment (CHNA) process:

Name	Title	Organization
Marcellos Allison	Live Well Wake Program Manager	Wake County Health and Human Services
Margaret Benson Nemitz	Senior Program Manager	North Carolina Institute for Public Health
Lauren Jones	Community Data Coordinator	North Carolina Institute for Public Health
Lauren Schauer	Senior Program Manager	North Carolina Institute for Public Health
Lois Thompson Lyons	Program Assistant, Population Health	Wake County Health and Human Services
Lechelle Wardell	Population Health Director	Wake County Health and Human Services

Live Well Wake Action Team

The Live Well Wake Action Team (LWWAT) meet monthly to receive updates from the coordinating team and make collaborative decisions throughout the CHNA process.

Name	Title	Organization
Vickie Adamson	County Commissioner	Wake County Board of Commissioners
Jonathan Barrett	Practice Manager III	UNC Health
Linda Barrett	Director, Business Development	WakeMed Health and Hospitals
Leigh Bleecker	Assistant Vice President for Finance and Chief Financial Officer	Duke Raleigh Hospital, a Campus of Duke University Hospital
Jennifer Brighton	Executive Director	RightCare
Samone Bullock Dillahunt	Director of Marketing & Community Relations	Advance Community Health

Veronica Creech	Chief Economic Development and External Engagement Officer	Advance Community Health
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Rebecca Kaufman	Health Director	Wake County Health and Human Services
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Elaine Loyack	Vice President, Community Engagement and Government Relations	Delta Dental of North Carolina
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Aleyah Pryor-Pankey	Director, Outreach & Support	UNC Health
Ann Rollins	Executive Director	Poe Center for Health Education
Lechelle Wardell	Population Health Director	Wake County Health and Human Services
Emily Ziegler	Executive Director of Local Government Affairs	UNC Health

Live Well Wake Lead Organizations

Logos of the organizations within the Live Well Wake Action Team (LWWAT).



Steering Committee

The Steering Committee met quarterly throughout the assessment process to provide input on survey questions, determine priority populations for Community Conversations, promote participation in CHNA activities, review data, and prioritize topics. Live Well Wake Action Team members (listed above) were also included in the Steering Committee. The CHNA Steering Committee members were also invited to participate in several CHNA workgroups for topics on the following: 1) Community Health Opinion Survey, 2) Communications, 3) Community Conversations, and 4) Secondary Data. Steering Committee organizations who participated in the steering committee are identified in the table below, with workgroup affiliations shown in parentheses.

Steering Committee Organization Names:

- | | | |
|--|--|---|
| <ul style="list-style-type: none"> • Abby Carter Emanuelson, LLC (Community Health Opinion Survey + Communications) • Advance Community Health • Alliance Health • Alliance Medical Ministry • American Heart Association (Community Health Opinion Survey) • Berean Community Center • Care4Carolina • Cary Chamber of Commerce (Secondary Data) • Center for Volunteer Caregiving • City of Raleigh • Delta Dental of North Carolina • Dorcas Ministries • Duke Cancer Institute (Secondary Data) • Duke Health (Secondary Data) • Duke Raleigh Hospital (Community Conversations) • El Centro Hispano • Greater Raleigh Chamber of Commerce • Healing Transitions • Interact of Wake County (Community Conversations) • Jewish Federation of Greater Raleigh • Media Integrations • Mexican Consulate of Raleigh • NAMI NC (Secondary Data) | <ul style="list-style-type: none"> • NC CAMPO (Community Conversations + Communications) • NeighborHealth Center • Nurture Mental Health (Community Health Opinion Survey) • Oak City Cares (Community Conversations) • Oasis Health and Wellness International (Community Conversations) • Passage Home • People’s Recovery Initiative for Solutions and More (PRISM) (Communications) • Poe Center for Health Education (Secondary Data) • Raleigh Alumnae Chapter: Delta Sigma Theta Sorority • RightCare • Siemens • State of North Carolina • The Joel Fund • Town of Apex • Town of Cary • Town of Knightdale • Town of Morrisville (Communications) • Town of Rolesville • Town of Wake Forest (Communications) • Town of Wendell • Town of Zebulon • UCA Waves • UNC Health (Community Health Opinion Survey + Communications) | <ul style="list-style-type: none"> • Urban Ministries of Wake County • Veterans Bridge Home • Wake County Public School System • WakeMed Health and Hospitals (Community Health Opinion Survey + Communications) • Wake County Economic Development • Wake County Government (Secondary Data + Communications + Community Conversations + Community Health Opinion Survey) • Wake Forest Business and Industry Partnerships (Communications) • Wake Smart Start (Secondary Data) • Wake Smiles (Communications) • WellCare of North Carolina • Western Wake Crisis Ministry • Zebulon Chamber of Commerce |
|--|--|---|

Community Health Workers

Live Well Wake partnered with Southeastern Healthcare of North Carolina to bring the Community Health Opinion Survey (CHOS) directly to residents. These Community Health Workers (CHWs) provided printed copies of the survey and shared multiple ways for completing the survey digitally using fliers with QR codes (for residents to scan and complete via mobile device), Wake County iPads, and personal laptops. Community Health Workers were also provided with Wake County MiFi devices to provide internet connectivity while out in the community.

Name	Organization
Phillip Dawson	Southeastern Healthcare of North Carolina
Tanisha Holmes	Southeastern Healthcare of North Carolina
Dania Noris	Southeastern Healthcare of North Carolina
Rodney Robinson	Southeastern Healthcare of North Carolina
Wanda Spell	Southeastern Healthcare of North Carolina
James Ward	Southeastern Healthcare of North Carolina

Environmental Justice Evaluation

North Carolina State University's Department of Forestry and Environmental Resources, Center for Geospatial Analytics, and Center for Human Health and the Environment partnered with Live Well Wake to provide guidance on integrating environmental justice considerations into the Wake County Community Health Needs Assessment.

Name	Title	Organization
Jennifer Richmond-Bryant	Associate Professor	Department of Forestry and Environmental Resources, Center for Geospatial Analytics, and Center for Human Health and the Environment, North Carolina State University

North Carolina Institute for Public Health

The Live Well Wake Action Team contracted with the North Carolina Institute for Public Health (NCIPH) at the University of North Carolina-Chapel Hill to facilitate the Community Health Needs Assessment process and report writing. The following report was drafted by the NCIPH team and reviewed by LWWAT and Steering Committee members. NCIPH team members contributing to this Community Health Needs Assessment listed below.

Name	Title
Lois Adler-Johnson	Data Analyst and Advisor
Margaret Benson Nemitz	Co-Principal Investigator, Senior Program Manager

Jaquayla Hodges	Data Scientist
Destiny James	Community Engagement Coordinator
Lauren Jones	Project Manager, Community Data Coordinator
Celeste O'Brien	Student Worker
Lauren Schauer	Co-Principal Investigator, Senior Program Manager
Shruti Sagar	Student Worker
John Wallace	Senior Data Advisor

Summary

A community health needs assessment (CHNA) is a process that helps communities understand their health needs and strengths. It gathers information about the community's health, identifies the most important health issues, and looks at what resources the community already has. This process involves asking for input from diverse community members. By understanding these needs and strengths, local leaders can work together to improve community health. In Wake County, Live Well Wake led this effort with a clear goal: to ensure every resident, regardless of background or neighborhood, has an equal opportunity to achieve optimal health and well-being. The Live Well Wake Collaborative formed as a result of the 2019 Community Health Needs Assessment and Population Health Task Force initiative. Live Well Wake partnered with the North Carolina Institute for Public Health (NCIPH) to manage data collection, analysis, and report writing.

Participation and Community Engagement

The Live Well Wake collaborative and CHNA Steering Committee include community members and leaders from local government, businesses, and nonprofits. A full list of members and organizations can be found in the acknowledgements section. To learn more about Live Well Wake and how to get involved, visit livewellwake.org. The Live Well Wake Action Team (LWWAT) and Steering Committee worked together to make decisions about how to collect data, understand the results, and choose the top health priorities. Wake County residents who were not part of Live Well Wake also shared their input through surveys, community conversations, and voting on priorities.

Process

The CHNA team worked from May 2024 to April 2025 to plan, gather and analyze data, set priorities, and complete this report. The CHNA process followed a 12-phase approach as recommended by the North Carolina Division of Public Health, guided by the County Health Rankings Model (Figure 7). This model highlights how policies and programs impact various health factors that lead to overall health outcomes. The process included reviewing existing data from national and state sources and collecting primary data through a Community Health Opinion Survey (CHOS) and Community Conversations.

Comparisons and Findings

Data from state and national sources were analyzed and compared to data from Mecklenburg County, a peer county, and the state. The data was reviewed and discussed by the LWWAT on January 10, 2025, and by the Steering Committee on March 12, 2025, before finalizing priority areas. On average, residents of Wake County experience better health outcomes and living conditions compared to peer counties and the state across many indicators.

However, trends and disparities in outcomes highlight ongoing work that still needs to be addressed. In 2022, 8.5% of Wake County residents were uninsured.¹ Although 95% of CHOS respondents have some form of insurance, coverage gaps remain, particularly for lower-income, Black, and Hispanic groups. As the senior population grows, access to elder care becomes increasingly important. While there have been improvements, concerns remain about limited Medicare services and the availability of affordable options.

Affordable housing continues to be a challenge in Wake County. It was a priority in the previous CHA and remains the most important health concern among Wake residents in the 2024 CHOS. In 2022, an estimated 1,534 individuals in Wake County experienced homelessness at any given time.² Over half of CHOS respondents indicated that Wake County was doing poorly in addressing the affordable housing and homelessness crisis, with the lowest satisfaction reported by lower-income, less-educated, and Black respondents. Additionally, 60% of CHOS respondents disagreed with the statement that they could find affordable housing in their community.

From 2018 to 2022, the leading causes of death in North Carolina were heart disease, cancer, accidents, and COVID-19. Mortality rates in Wake County were lower across all four leading causes, as well as homicide, compared to Mecklenburg County and North Carolina overall. The rate of alcohol-related motor vehicle crash deaths in Wake County was 1.9 deaths per 100,000 population, compared to 2.9 in Mecklenburg County and 2.9 statewide.³ Community Conversation participants highlighted a need for more prevention-related services, particularly for nutrition, chronic disease, and obesity. There is a perception that health issues in Wake County have intensified.

Prioritization

Community members were invited to review the [data summary sheets](#) and vote on priorities online. Voting was open from January 17 through February 3, 2025, and 624 people participated. The Steering Committee then met on March 12, 2025, to review data alongside community prioritization voting results. After group discussion and a collective voting process, the following priority topics were selected for 2025-2028:



Next Steps

The final step of the CHNA process is to create action plans to address the top three health priorities for Wake County. CHNA partners will invite community members and organizations to join this community health improvement planning process. Success will depend on collaboration from both residents and community groups.

Get involved by:

- Visiting www.livewellwake.org for meeting details
- Attending community action planning meetings
- Encouraging friends, family, and neighbors to participate!

Key Terms

The "Key Terms" page offers definitions and explanations for essential terms and acronyms referenced throughout the document.

Term	Acronym	Definition
American Rescue Plan Act	ARPA	A federal funding initiative designed to support economic recovery and public health improvements in response to the COVID-19 pandemic.
Community Conversation		Small-group discussions with community members used to gather insights and opinions on health challenges and experiences.
Community Health Assessment	CHA	A process often conducted by local health departments, community organizations, or health agencies to evaluate the overall health status of a community. It focuses on understanding the health needs and resources available within a specific area. <i>Note: CHA (Community Health Assessment) and CHNA (Community Health Needs Assessment) are often used interchangeably</i>
Community Health Needs Assessment	CHNA	More specific term used, particularly in healthcare settings, like hospitals or health systems, to assess the health needs of a community. It is often required under the Affordable Care Act for nonprofit hospitals to identify and address community health needs. <i>Note: CHA (Community Health Assessment) and CHNA (Community Health Needs Assessment) are often used interchangeably</i>
Community Health Improvement Plan	CHIP	A plan developed by local health organizations and community members to identify key health issues and take action to improve the overall health and well-being of the community. It outlines goals and strategies to guide long-term health improvements.

Community Health Opinion Survey	CHOS	Survey used to collect data on the health outcomes within a specific community, providing insights into the effectiveness of health interventions.
Healthy North Carolina 2030	HNC2030	A state health improvement plan outlining goals and strategies to improve the health of North Carolina's population by the year 2030.
Live Well Wake	LWW	A community-driven initiative focused on improving the overall health and well-being of the residents in Wake County. It aims to promote healthier lifestyles, prevent chronic diseases, and enhance access to healthcare and wellness resources for the community.
Live Well Wake Action Team	LWWAT	The Live Well Wake Action Team is a group of community leaders, health professionals, and stakeholders who provide guidance and support for the Live Well Wake initiative. The team helps to shape strategies, oversee program implementation, and ensure that the goals of improving community health are being met in alignment with local needs and priorities.

Chapter 1: Introduction

Community Health Needs Assessment Overview

A Community Health Needs Assessment (CHNA) helps identify groups in the community who need more support and areas where resources are lacking. It guides leaders in using available resources to address these needs. The process looks at the overall health of the community, what factors affect it, and what resources are needed to improve it. This assessment compared trends in Wake County with Mecklenburg County and the state of North Carolina overall. Mecklenburg County (Charlotte) was chosen as a comparison for Wake County because they have similar demographics.

The CHNA collects information from three main sources: secondary data, primary data, and community input. Secondary data is sourced from existing records for Wake County, other counties, and the state, so trends can be compared. Primary data is collected directly from the community using surveys and Community Conversations. The findings from the data are then presented back to both the community at large and community stakeholders for input on how the data compares to or reflects their experience of living in the county. Afterward, leaders use the findings to set priorities and create plans to address the issues. This process is visualized in Figure 1.



Figure 1. Twelve Steps of the North Carolina Community Health Assessment (NCDHHS DPH)

The North Carolina Health Department Accreditation Program and the Division of Public Health require health departments to conduct a Community Health Assessment every four years.⁴ The IRS also requires non-profit hospitals to complete a CHNA every three years.⁴ Live Well Wake conducts a joint CHNA across Wake County every three years to meet the requirements for WakeMed Health & Hospitals, Duke Health, UNC Health, Wake County Health and Human Services (WCHHS), Advance Community Health, Neighbor Health, Delta Dental of North Carolina, Poe Center for Health Education, and RIGHTCARE.

2022 Implementation Strategies and Action Plans

To evaluate strengths and areas for improvement in a Community Health Needs Assessment, it's important to first review the strategies and action plans from the previous CHNA. Wake County's last CHNA, completed in 2022, identified three key priority areas listed below.

- **Priority 1:** Mental Health
- **Priority 2:** Access to Healthcare
- **Priority 3:** Affordable Housing and Homelessness

Live Well Wake facilitates workgroups for each of these priorities. Since 2022, Wake County has made progress on these priority areas through a variety of initiatives described below. These efforts show that Wake County is dedicated to the priorities identified in the CHNA and working hard to improve the overall health and wellbeing of the Wake County community.

In 2024, the Salvation Army of Wake County teamed up with Advance Community Health to bring healthcare directly to those who need it most through a mobile clinic. This initiative is helping people who face barriers like lack of health insurance or transportation by providing essential primary and pediatric care. The mobile unit is set up weekly at the Center of Hope Shelter, offering services like check-ups, physicals, and chronic disease management.

Another major effort is the "Wake County Familiar Faces Health Collaborative," which focuses on improving the health and wellbeing of the county's most vulnerable residents. This program takes a "whole person" approach, blending medical and social services to provide more holistic, trauma-informed care. It's a team effort that includes hospitals, mental health providers, and law enforcement working together to create personalized community care plans. Additionally, WakeMed is expanding access to care by opening new physician offices, adding more hospital beds, and offering new specialty services. Duke Health, WakeMed and Lifepoint Rehabilitation opened a 52- bed rehabilitation hospital (Peak Rehabilitation Hospital) in February 2025. Wake County is still pushing forward with various initiatives to improve community health.

In addition, the Wake County Board approved \$35 million in funding from the American Rescue Plan Act (ARPA) in late 2022 to tackle housing instability. This money is being used to build, repair, and

manage affordable rental housing. Since 2018, the county has already funded nearly 3,000 affordable units, showing a strong commitment to keeping housing within reach for residents. The City of Raleigh is also using federal funding and partnerships to support efforts around homelessness and affordable housing.

In the 2024-2025 CHOS, as discussed in more detail in [Chapter 2: Community Health Opinion Survey](#) and [Chapter 3: Community Health Opinion Survey Overall Results](#), respondents were asked to reflect on how well thought Wake County was addressing the 2022 priority areas. While 57% of respondents thought Wake County was doing good or excellent addressing access to healthcare, 53% thought Wake County was doing very poor or poorly addressing affordable housing and homelessness, as shown in Figure 2.

Perceived Performance of Wake County in 2022 CHNA Priority Categories

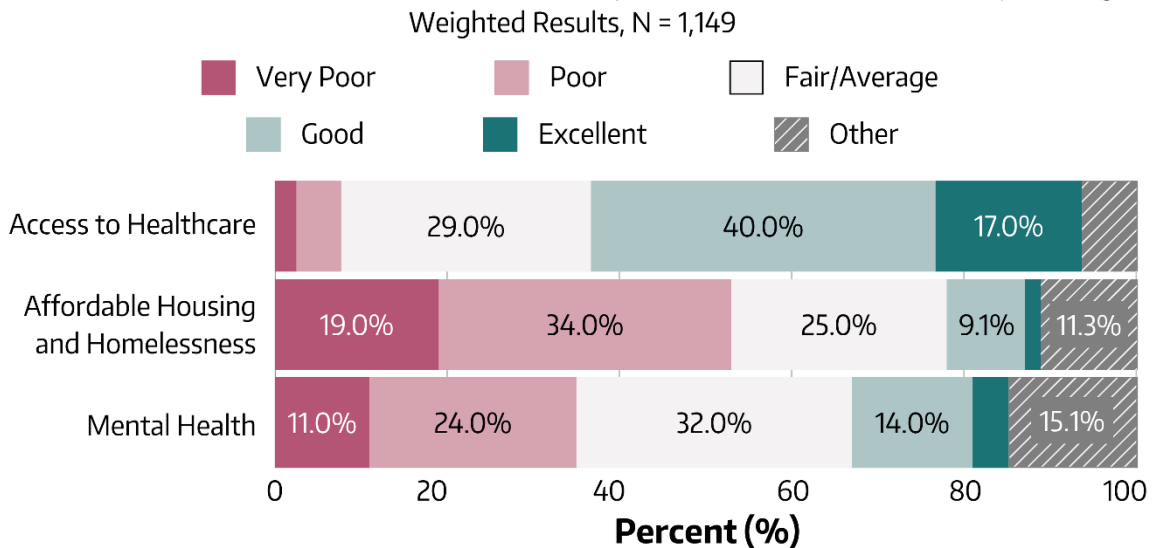


Figure 2. Perceived Performance of Wake County in 2022 CHNA Priority Categories

The Steering Committee considered the momentum of these ongoing efforts throughout the 2025 CHNA process.

Chapter 2: District Profile

History

Wake County, founded in 1771 from parts of Johnston, Cumberland, and Orange counties, is North Carolina's most populous county and home to the state capital, Raleigh.⁵ A center for education, healthcare, and technology, the county's diverse population and strong economy drives its growth.

Raleigh was ranked **#1 Most Popular Urban Area to Move to in 2024**, reflecting its rapid expansion, strong job market, and high quality of life that attract new residents.⁶ Additionally, Wake County was recognized as the **#1 Healthiest County in North Carolina** in 2024 due to its healthcare access, low disease prevalence, and investment in public health and wellness initiatives.⁶

The county is home to major educational institutions, including North Carolina State University, Peace University, Shaw University, Saint Augustine's University, Meredith College, Wake Technical Community College, and Campbell Law School. It also hosts the state government and numerous corporations in Research Triangle Park.⁵

Geography

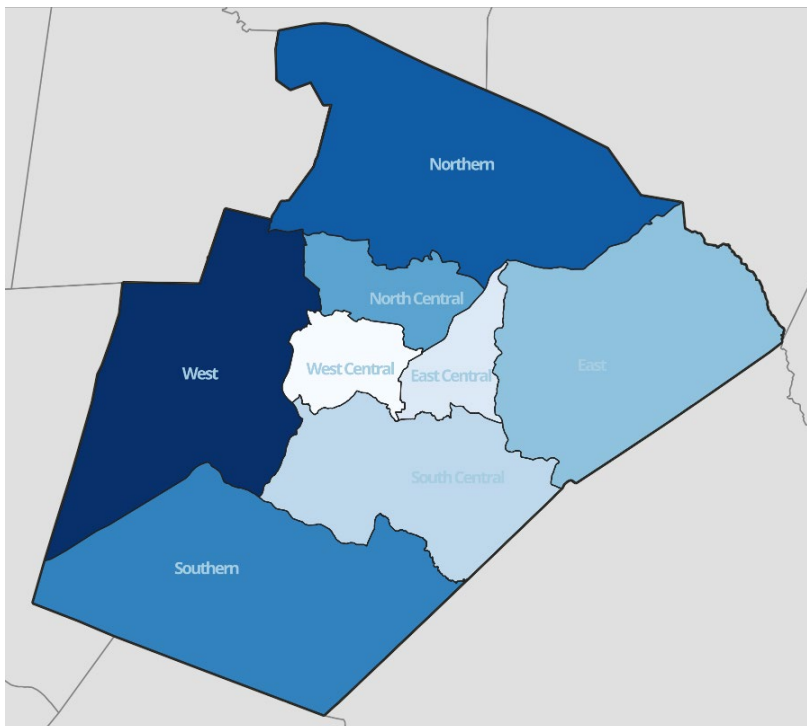


Figure 3. Service Zone Map of Wake County

Wake County is located in the central part of the state, covering about 835.22 square miles. It borders Chatham, Durham, Franklin, Granville, Harnett, and Johnston counties and has several bodies of water, including the Neuse River.

The county includes both urban and rural areas and is divided into eight service zones (Figure 3). These zones are Northern, North Central, Southern, South Central, East, East Central, West, and West Central. The county also has twelve municipalities: Apex, Cary, Fuquay-Varina, Garner, Holly Springs, Knightdale, Morrisville, Raleigh, Rolesville, Wake Forest, Wendell, and Zebulon.

Each zone has its own unique demographics and health needs.

Demographics and Population Trends

In 2022, Wake County had an estimated population of 1,132,103, making it the most populous county in North Carolina, followed closely by Mecklenburg County (1,115,403).⁷ Wake County has experienced significant population growth, increasing from 633,333 in 2000, with projections estimating a population of 1,730,067 by 2050. Similarly, Mecklenburg County grew from 701,061 in 2000 and is projected to reach 1,750,085 by 2050.

Wake County is predominantly urban, with 94.8% of the population residing in urban areas and 5.2% in rural areas as of the 2020 Decennial Census.⁸ This rural population share is slightly higher than in Mecklenburg County. Population density in Wake County has also increased notably, rising from 1,078 persons per square mile in 2010 to 1,426 persons per square mile in 2023.⁹

The county's population is slightly more female (50.9%) than male (49.1%).⁷ The majority of residents fall within the working-age range, with 29.6% between 25 and 44 years old and 25.7% between 45 and 64 years old.⁷ Children under 18 comprise 23.4% of the population, while 12.2% are 65 years or older.⁷ The senior population is expected to rise to 20.9% by 2050.¹⁰

Wake County's birth rate has declined over the past two decades, dropping from 15.2 births per 1,000 people (2006-2010 average) to 11.3 per 1,000 (2018-2022).¹¹ The county recorded 13,190 live births in 2022, with the highest 2018-2022 birth rates among Hispanic (18.6 per 1,000) and Asian/Pacific Islander (14.0 per 1,000) residents.¹¹ Wake County's 2018-2022 birth rate was lower than that of Mecklenburg County (13.2) and the state overall (11.3).¹¹



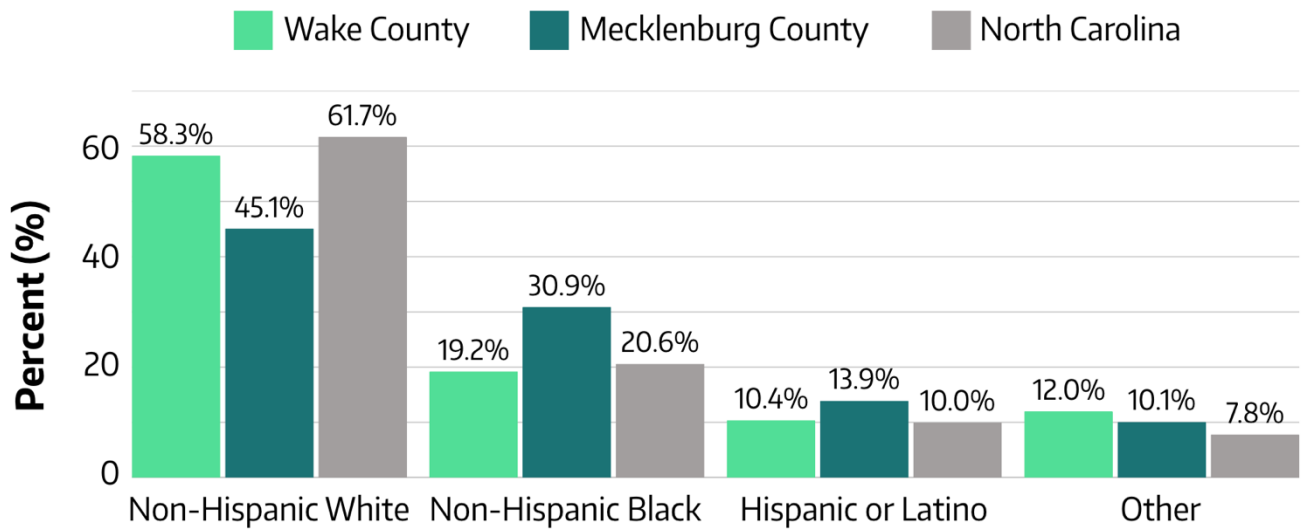
HNC 2030 Goal:
Life Expectancy at or above
82 years at birth

Wake: Similar in 2019
81.1 years at birth

Life expectancy in Wake County was 81.1 years in 2023, exceeding the North Carolina average of 77.1 years and Mecklenburg County's 79.1 years.¹² Females had the highest life expectancy (83.2 years), followed by White residents (81.7 years).¹² In contrast, the life expectancy for males was 78.9 years, and Black residents had an expectancy of 76.5 years.¹²

Wake County has a more diverse population than North Carolina as a whole. Racial and ethnic composition includes 58.3% White (non-Hispanic), 19.2% Black or African American (non-Hispanic), 10.4% Hispanic or Latino, 7.9% Asian (non-Hispanic), 3.5% multiracial (non-Hispanic), 0.5% other race (non-Hispanic), and 0.2% American Indian or Alaska Native (non-Hispanic).⁷ Mecklenburg County is more diverse than Wake, with a higher proportion of Black (30.9%) and Hispanic or Latino (13.9%) residents, as shown in Figure 4.⁷

Total Population by Race/Ethnicity, 2022*

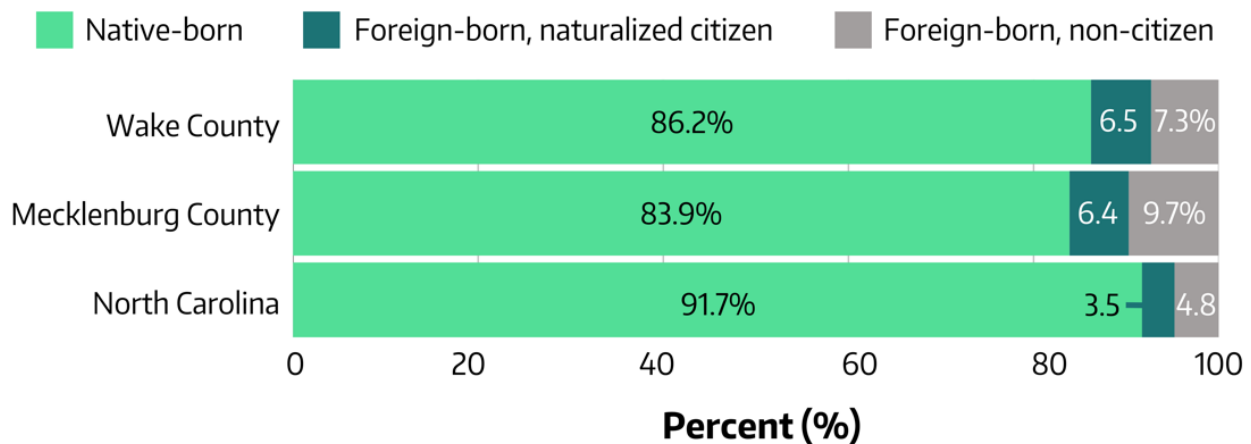


* 2018-2022 5-year average

Figure 4. Total Population by Race/Ethnicity, 2022

The foreign-born population in Wake County (13.8%) is larger than North Carolina’s overall (8.3%) but smaller than Mecklenburg County’s (16.1%). Among Wake County’s foreign-born residents, 47.4% are naturalized U.S. citizens, while 52.6% are non-citizens¹³, as shown in Figure 5.

Residents by Birth and Citizenship Status, 2022*



* 2018-2022 5-year average

Figure 5. Residents by Birth and Citizenship Status, 2022

Approximately 82.1% of Wake County households speak only English at home, compared to 79.5% in Mecklenburg and 87.7% statewide.¹⁴

Wake County is home to roughly 50,360 veterans, representing 5.8% of the adult population, compared to 5.5% in Mecklenburg and 7.8% statewide.¹⁵

In 2022, 8.8% of Wake County residents had a disability, compared to 8.1% in Mecklenburg and 13.3% statewide.¹⁶ Disability prevalence varied by age group, with 3.5% of those under 18 affected, compared to 7.1% of those 18-64 and 28.6% of those 65 or older.¹⁶

Community Conversations participants noted rapid population growth due to increased migration into the region, leading to more job opportunities, increased traffic, and rising living costs. Wake County's population has surpassed 1.23 million, making it the largest county in North Carolina and the 37th largest in the U.S. It is also the 3rd fastest-growing county in the U.S. with a 9.1% growth over the last four years.¹⁷ The county is growing at a rate of 66.4 people per day in 2024, with 17 being born locally and 49 moving to the area each day. This daily growth rate is the highest seen in the last 13 years.¹⁷ Community Conversation participants expressed a need for resources that better reflect the county's evolving demographics.

Chapter 3: Methods

Introduction

The CHNA process involves gathering community health data from both primary and secondary sources. Primary data is collected directly from the community through methods such as the Community Health Opinion Survey (CHOS), Community Conversations, and the Prioritization Survey. Secondary data comes from existing sources that were not specifically collected for the CHNA, from sources like government agencies, large organizations, and academic research centers. Examples include the U.S. Census Bureau and the State Center for Health Statistics. By integrating both primary and secondary data, this CHNA offers a comprehensive view of the community's health status, needs, and priorities.

CHNA Facilitation

NCIPH worked with Live Well Wake (LWW) to create opportunities for community engagement during the CHNA process. These opportunities took place during key phases of the assessment, including planning, data collection, and prioritization. Through the collaboration, member organizations promoted participation and shared information across Wake County's diverse communities.

The steering committee met four times between June 2024 and March 2025 to discuss strategies, review data, and set priorities (see [Appendix 1](#) for the steering committee invitation and agendas). LWW also partnered with Community Health Workers from Southeastern Healthcare of North Carolina to engage underrepresented populations. Community Health Workers built trust, facilitated discussions, and gathered insights to overcome participation barriers, ensuring the process reflected diverse experiences. Additionally, NCIPH facilitated four workgroups from steering committee members to provide in-depth review and feedback on data collection methods and recruitment. The workgroups covered the CHOS, Community Conversations, secondary data, and communications.

Data Collection and Comparisons

Community Health Opinion Survey (CHOS)

CHOS Methods

The 2024-2025 CHOS, based on the 2022 Wake Community Health Needs Assessment, was shortened to reduce the burden on respondents and improve clarity. Questions were combined to minimize repetition, and wording was adjusted for better data collection and equity, such as changing "mental health issues" to "mental health concerns" and "substance abuse" to "substance use." Feedback from the NCIPH team and workgroups helped refine priority topics and the survey was also reviewed to avoid overlap with the Community Perception Survey launching in November 2024. The CHOS workgroup reviewed the 2024-2025 CHOS and tested it before release. The questionnaire included 30

questions about personal health, access to care and barriers encountered, and other community health issues. See [Appendix 2](#) for the complete CHOS Instrument.

The Community Health Needs Assessment Coordinating Team agreed to combine a probability-based sample with a convenience survey for the 2024-2025 CHOS. The team agreed to a stratified sample across 8 service zones across Wake County. This meant that 3,000 residential addresses were randomly selected to represent each of the eight service zones of Wake County, with an oversample in zones with the highest share of historically underserved and underreached demographics. See [Appendix 3](#) for additional details about the CHOS sampling methods. These randomly sampled households received three rounds of postcard mailers with a postcard number and a survey link. [Appendix 2](#) includes a copy of the postcards. The random sample was then supplemented with an open-to-the-public convenience survey administered using the same survey instrument, which was available for anyone to take even if they did not receive a postcard mailer.

The survey was open for a period of about eight weeks between September 3 to October 31, 2024. The communications workgroup created outreach strategies, developed a promotion toolkit including flyers, emails, and social media tiles (see [Appendix 1](#)), and worked with the Wake Communications Team to ensure consistency with Live Well Wake materials. The toolkit was shared with the steering committee and community partners for distribution and ongoing promotion, with regular follow-ups to track effectiveness.

Eligible respondents had to 1) be 18 years of age or older, 2) live in Wake County, and 3) agree to participate. Once the survey closed, responses were analyzed, with spam checks ensuring no fraudulent responses.

[Data tables for all CHOS results](#) are posted on the Live Well Wake website.

CHOS Weighted Analysis

After data cleaning CHOS responses for non-spam, informative, and eligible responses, 1,191 CHOS responses were analyzed. One hundred forty-eight responses (12%) were from postcard recipients (randomly sampled households).

The probability-based sample (households receiving postcards) and non-probability sample (all other survey respondents) were combined with a weighted analysis. Weighting survey responses helps the survey data better reflect Wake County's household data by adjusting for differences in participation across geographic areas and demographics. For this analysis, survey data was weighted based on sample design and the total number of households in each service zone.

Survey results were then stratified and further analyzed based on the subpopulations in Table 1. When selecting subpopulations for stratification, the LWWAT had to be mindful of how many survey responses were in each subpopulation in order to have statistically meaningful groups to compare to each other.

Table 1. CHOS Stratification Categories

Geographic Region	Race & Ethnicity	Annual Household Income	Education
<ul style="list-style-type: none"> • East Central • East • North Central • Northern • South Central • Southern • West Central • West 	<ul style="list-style-type: none"> • Hispanic of any race • Non-Hispanic Black or African American • Non-Hispanic White 	<ul style="list-style-type: none"> • Less than \$50,000 • \$50,000 to \$99,999 • \$100,000 or more 	<ul style="list-style-type: none"> • Less than a bachelor’s degree • Bachelor’s degree • Master’s degree or higher

Where these subpopulations of respondents showed meaningful differences in responses, data tables were generated to compare how subpopulations responded differently. [Appendix 3](#) describes the weighted survey analysis methods in additional detail.

CHOS Limitations

The survey methodology has limitations, as the results only reflect the opinions of those who responded. Since the survey was mostly online, community members with access to a smartphone or computer were more likely to participate. Steering committee members did have access to paper copies of the survey, so respondents could complete those if they did not have access to the internet.

There was some overrepresentation and underrepresentation of demographic groups in the survey compared to the demographics of Wake County as reported by the 2023 American Community Survey (ACS). First, women were overrepresented in the survey, making up 71% of respondents, compared to 51% of the population in Wake County. Second, individuals aged 40-59 were overrepresented in the survey, making up 47% of respondents, compared to 27.5% of the population in Wake County. Lastly, Asian Americans were underrepresented in the survey, making up 2.9% of respondents, compared to 9.4% of the population in Wake County. The weighted analysis helps adjust for the under- and overrepresentation of demographic groups in the final CHOS results; however, underrepresentation of demographic groups limited which stratifications could be meaningfully analyzed.

Also, while the recruitment toolkit was designed to be accessible, it may not have reached all target groups, especially those not familiar with digital tools or social media.

Community Conversations

Community Conversations Methods

In the fall of 2024, the Wake County CHNA process included a series of Community Conversations to gather insights from priority populations. A work group of about 30 members from the steering committee and LWWAT led this effort (see [Appendix 1](#) for the workgroup invitation flyer). The group

started by reviewing the 2022 Wake CHNA Report to identify key health priorities and trends, then selected six priority populations for focused conversations:

- Unhoused/Homeless Individuals,
- Veterans,
- Asian Americans,
- Older Adults,
- African Americans, and
- Hispanics/Latinx.

A Conversation Guide was created to structure these discussions, covering topics like community health, health barriers, changes, and needed resources (see [Appendix 2](#) for the guide). The guide was refined through group sessions to ensure it would gather useful insights.

Wake County leadership worked with community organizations to host the conversations in familiar, accessible locations, scheduling them to maximize participation. Each 90-minute session was facilitated by NCIPH staff or a community partner, with accommodations for language needs, including Spanish-speaking facilitators and interpreters for Mandarin and Karen speakers. Recruitment was a joint effort between partner organizations and a communications workgroup, which created promotional materials. Participants gave consent and completed optional demographic forms. The Community Conversations engaged 69 diverse participants across six sessions, ranging in age from 22 to 94.

Community Conversations Limitations

Community Conversations provide valuable insights into residents' experiences, but they may not reflect the views of the entire population. Some sessions were held during working hours, which limited participation, and factors like group dynamics and time constraints may have affected how fully participants could express their views. Therefore, the findings represent only those who attended. For example, the Veterans group suggested follow-up conversations with the LGBTQ+ community, recognizing an overlap between veterans and LGBTQ+ individuals. Additionally, coordinating Community Conversations can be challenging. Community organizations need advance notice to recruit participants and reserve space for the conversation, which can make it difficult to plan these discussions on a tight timeline.

Secondary Data

Secondary Data Methods

Secondary data refers to information collected from other sources. For this CHNA, secondary data sources included the U.S. Census Bureau, the North Carolina State Center for Health Statistics, the Centers for Disease Control and Prevention, and other key local, state, and federal agencies. Where possible, the team leveraged the following North Carolina-specific secondary data tools to efficiently collect data: [North Carolina Data Portal](#) and [Cape Fear Collective's Community Data Platform](#). Over 85 health-related indicators were selected based on input from the steering committee's Secondary Data Analysis Workgroup. The collected data spans a broad set of topics, including morbidity, mortality, access to care, environmental health, economic stability, and other factors shaping community well-being. The data were used to evaluate the current state of health in Wake County, identify trends in

health outcomes over time, and investigate the underlying social drivers that often contribute to health disparities. Data were also examined in relation to the Healthy North Carolina 2030 goals to assess progress towards statewide public health objectives. [Data tables for all secondary data indicators](#) are posted on the Live Well Wake website. A [downloadable secondary dataset](#) is also available on Google Sheets.

Comparisons were made between Wake County, North Carolina overall, and Mecklenburg County, NC. To facilitate meaningful comparisons over time and across regions, data are often reported as rates, which standardize events within a defined population over a specific period. In cases where health outcomes are strongly influenced by age distribution, age-adjusted rates are often used to ensure more accurate comparisons. Additionally, certain indicators are presented as five-year averages to minimize distortion caused by natural fluctuations, particularly for smaller population subgroups or less frequent events.

Secondary Data Limitations

While secondary data serve as a valuable resource for understanding population health trends, several limitations should be considered. First, there is often a time lag in the availability of data due to the processes involved in data collection, validation, and reporting. As a result, publicly available secondary data may not reflect the most recent trends or challenges. Additionally, secondary data provide estimates rather than precise measurements of health indicators within a population. Variability in data collection methods, sample sizes, and reporting standards across different sources may introduce inconsistencies. For smaller subpopulations, data reliability may be lower due to smaller sample sizes, and in some cases, data may be suppressed to maintain privacy and confidentiality. Given these limitations, NCIPH has worked to identify reputable data sources to ensure the information presented in this CHNA is as accurate and representative as possible.

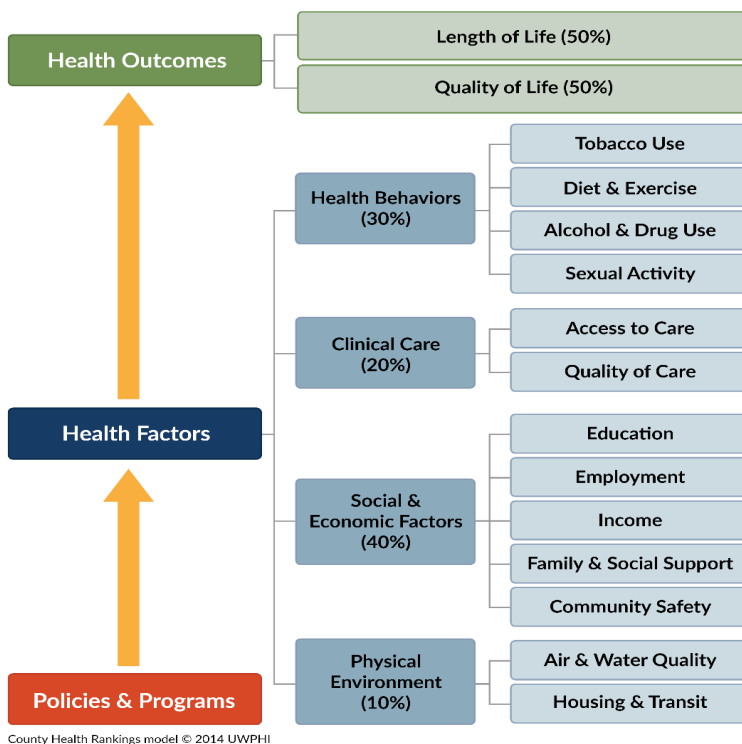
Chapter 4: Assessment Findings

Overview

Data from both primary and secondary sources were analyzed for this assessment and organized into eight data categories, as shown in Figure 6. These categories can make it easier to organize the data, but it's important to remember that health issues are complex and connected. Most secondary data sources include several years of information, and key trends are explained in the findings below. When local data are missing or not strong enough, national trends and health studies are used to provide background and comparisons.



Figure 6. Wake CHNA's Eight Data Categories



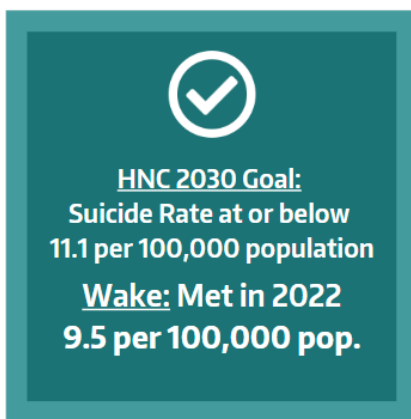
This CHNA process used the County Health Rankings Model, which uses the population health framework, as a foundation for brainstorming and organizing data. Each year, the County Health Rankings and Roadmap program releases its findings on comparative indicators in health factors and health outcomes within each state. This program is a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. The County Health Rankings model uses many measures to understand a community's health outcomes, as well as the health factors and policies and programs that impact present and future health (Figure 7).

Figure 7. 2014 County Health Rankings & Roadmap Model of Health, University of Wisconsin Population Health Institute Model of Health

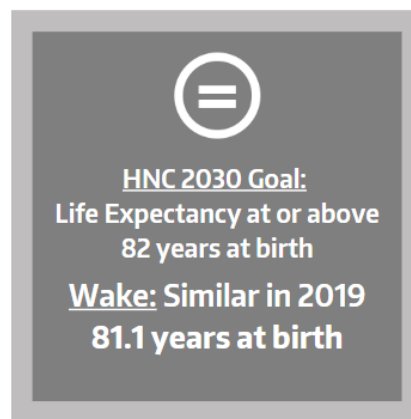
It is important to note that the model was updated in 2025 to emphasize how power and societal rules impact community health. This update fell in the middle of Wake County's CHNA process. While the updates were not explicitly incorporated into this cycle, the updated model provides opportunities for expanded conversations during the upcoming Community Health Improvement Planning process.

Comparisons to Healthy NC 2030

Healthy North Carolina 2030 (HNC 2030) is a statewide population health improvement plan led by the North Carolina Institute of Medicine. It outlines key health indicators and targets to guide local health departments and the North Carolina Division of Public Health in promoting well-being. This assessment references select HNC 2030 goals, with a progress update showing whether Wake County met (teal), came close to (gray), or did not meet (red) each goal based on the latest available data.¹⁸ The figures below are examples of what these progress updates look like.



HNC 2030 Goal:
Suicide Rate at or below
11.1 per 100,000 population
Wake: Met in 2022
9.5 per 100,000 pop.



HNC 2030 Goal:
Life Expectancy at or above
82 years at birth
Wake: Similar in 2019
81.1 years at birth



HNC 2030 Goal:
Food Insecurity at or below
5% of population
Wake: Not met in 2022
11.1% of population

Community Health Opinion Survey Overall Results

The CHOS collects feedback from Wake County residents about their health experiences, challenges, and priorities. The survey aims to identify key health concerns, community strengths, and areas for improvement, helping to shape programs and services that promote a healthier, happier Wake County. The CHOS received 1,149 responses (88% via web surveys and 12% via postcards).

The CHOS revealed many strengths where respondents believe Wake County is doing well. There was more than 50% agreement that the county is doing well in access to health care services, economic opportunity, social support (over 70%), and a clean and safe environment (over 80%). Over 70% of respondents agreed that their community is a good place to raise children.

Healthcare, education, and safety were ranked as the top three most important areas affecting health by CHOS respondents. Additional areas affecting health included transportation (14.0%), poverty (14.0%), environmental quality (10%), discrimination (6.5%), substance use and addiction (6.0%), and physical activity (5.7%).

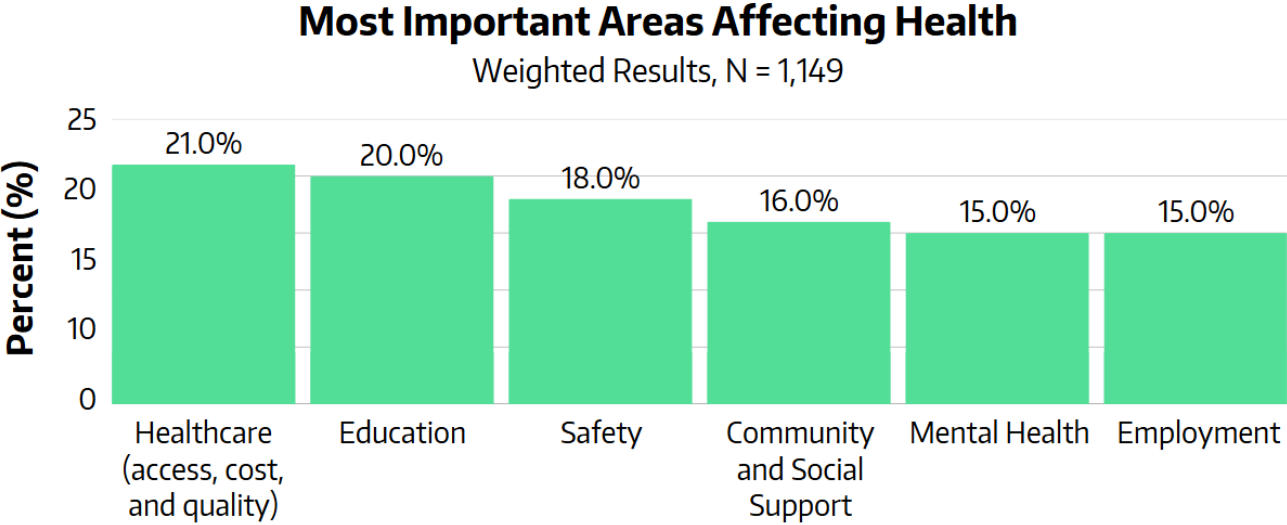


Figure 8. Most Important Areas Affecting Health

There were some notable disparities in respondents' agreement with the strengths of Wake County. Lower-income and lower-educated respondents consistently rated services lower, especially in housing, mental health, and economic opportunities. Similar difference existed for Black respondents (especially in healthcare, housing, and safety) and East Wake respondents (healthcare, economic opportunity, and social cohesion).

Some community weaknesses identified in the CHOS included housing, accessibility, and resource availability. Over 50% of respondents felt the county was doing poorly in providing affordable housing, and only 33% felt their community was accessible for people with disabilities. There was less than 50% agreement among respondents when asked if they could find resources for sexual health, substance abuse, mental health, or youth.

People in poverty, seniors, and youth were top groups where CHOS respondents wanted to see additional resources dedicated in their community, with over a quarter of CHOS respondents selecting these three subpopulations.

Top Five Groups Prioritized for Additional Resources

Weighted Results, N = 1,149

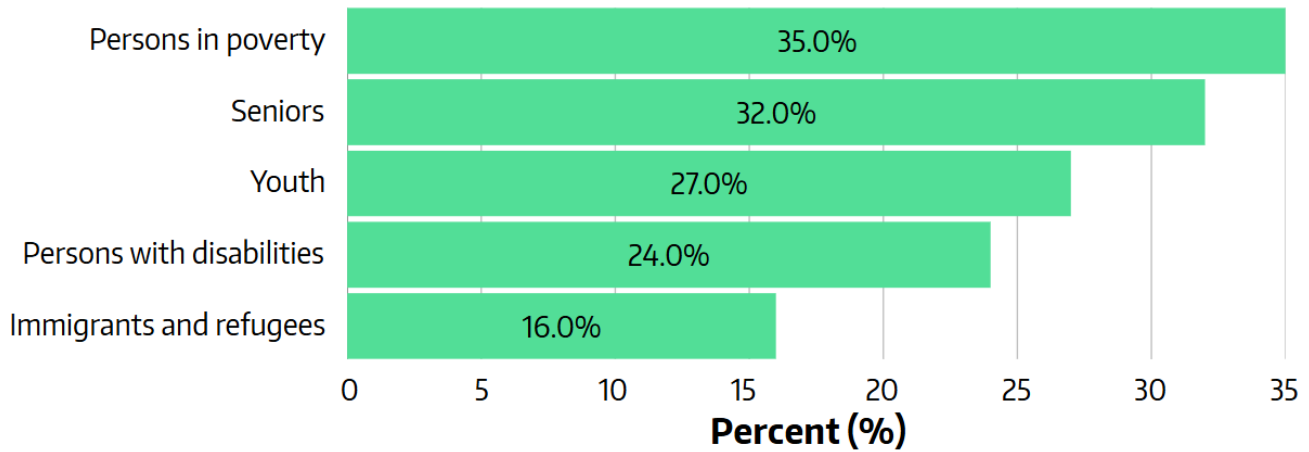


Figure 9. Top Five Groups Prioritized for Additional Resources

Additional CHOS findings are incorporated throughout Chapter 4, and a complete set of [data tables for all CHOS questions, including stratified CHOS results](#) are posted on the Live Well Wake website.

Access to Care


Introduction

Access to healthcare is essential for improving population health outcomes. Many barriers exist, including high costs, lack of health insurance, limited healthcare resources, and transportation challenges, all of which are influenced by social and economic factors discussed in previous sections. A strong healthcare system ensures access to various services, including virtual appointments, community-based clinics, and diverse healthcare providers.

Healthcare access, cost, and quality were ranked as the third biggest factor impacting Wake County's health, according to CHOS participants. When asked, "How well do you think Wake County is doing in Access to Healthcare?" more than half of CHOS respondents rated the county as good or excellent. However, disparities exist—Black respondents and those from the eastern region of the county reported lower agreement.

While only 20% of CHOS respondents overall reported challenges in accessing physical healthcare within the past year, these challenges were more prevalent among lower-income (34%) and lower-educated (30%) respondents. Additionally, although 95% of respondents reported having some type of health insurance, coverage was lower among low-income, lower-educated, Black, and Hispanic respondents. Employer-based insurance was the most common form of coverage, reported by 70% of respondents.

Healthcare Availability and Utilization



HNC 2030 Goal:
Primary Care Clinicians at or below 1:1,500 providers to population

Wake: Met in 2022
1:1,160 providers to pop.

According to CHOS respondents, Wake County residents primarily seek care from their primary care providers for physical health concerns (80%). However, physician availability remains a concern. Many residents report difficulty scheduling timely appointments, even with adequate insurance, leading to reliance on emergency departments for non-urgent conditions. Wake County's hospital system is widespread, with facilities serving various communities. However, community conversation participants noted an increasing trend of physician offices consolidating into larger clinic networks, leading to increased facility fees that impact affordability.

Community Conversation participants highlighted significant barriers to healthcare, including cost, long wait times, and difficulty navigating private and public insurance systems. Non-English speakers face additional challenges due to language barriers. Many residents expressed frustration with delays in accessing healthcare services, which can lead to negative health outcomes. Participants emphasized the need for centralized resources where healthcare providers, health education, and pharmacies are conveniently located together to improve accessibility.


"When we are sick in China, we go to the hospital and get everything done. In America, it is more complicated, because we need to go to a primary care doctor and then get referrals. The system is very complicated. Sometimes, we don't know where we should go."

- Asian American Community Conversation Participant

Affordability and Insurance

Wake County has a lower uninsured rate for individuals under 65 (8.6%) compared to Mecklenburg County (11.3%) and North Carolina overall (11.2%)¹, as shown in Figure 10. Additionally, the county has a smaller proportion of individuals relying solely on Medicaid/means-tested public health insurance (7.7%) compared to Mecklenburg (11.2%) and North Carolina (13.0%).¹⁹

Despite these relatively positive insurance coverage rates, affordability remains a concern. Community conversation participants expressed concerns over high out-of-pocket costs, complex insurance navigation, and the need for greater cost transparency. Some suggested the creation



HNC 2030 Goal:
Uninsured at or below 8.0% of the population

Wake: Similar in 2022
8.6% of population

of multilingual resources and step-by-step guides to help residents understand insurance options and access care more easily.

Uninsured Population Under Age 65 (%), 2018-2022

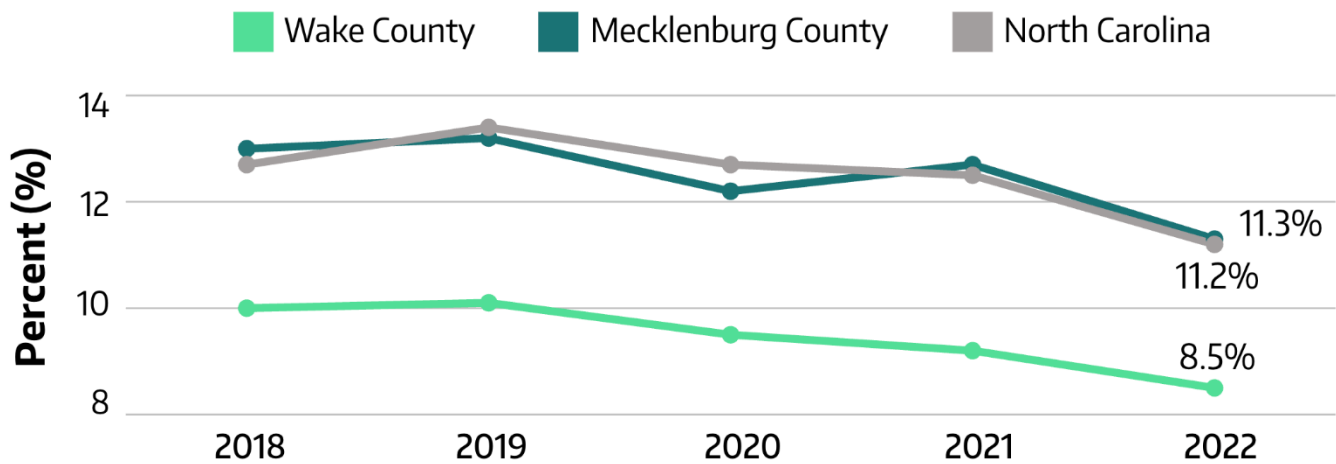


Figure 10. Uninsured Population Under 65 (%), 2018-2022

Specialty Services

Wake County faces gaps in specialty healthcare services. In 2024, the county had fewer licensed mental health facilities (239) and addiction/substance use providers (266) than Mecklenburg County (347 and 423, respectively).²⁰

Conversely, Wake County has a higher rate of dental health providers (64.6 per 100,000 population) compared to Mecklenburg (61.2) and North Carolina overall (53.1).²⁰ Dental health access is critical for preventive care, reducing oral health disparities, and improving overall health outcomes.

Elder Care

With Wake County’s population over 65 expected to grow over the next two decades, access to elder care services is increasingly important. In community conversation discussions, older adults noted improvements in access to care due to increased healthcare resources and providers. However, they also expressed concerns about limited Medicare-only services and social security challenges. As of 2022, 12.2% of Wake County’s population was aged 65+, compared to 11.6% in Mecklenburg and 16.7% in North Carolina overall.⁷ In 2023, 7.8% of householders aged 65+ lived alone in Wake County, consistent with previous years.²¹ Wake County had 32 adult care facilities in 2024, slightly fewer than Mecklenburg’s 37.²² The number of nursing facility beds increased from 2,559 in 2020 to 2,740 in 2024.²³

Among CHOS respondents, 68% agreed or strongly agreed that they felt they could age in their community, though agreement was lower among lower-income individuals. Seniors ranked fourth among population subgroups in need of additional resources. Community Conversations revealed a

demand for more affordable healthcare services, expanded Medicare options, and increased availability of nurse practitioners, who are often more accessible than primary care physicians.

Strengths and Opportunities

Despite existing barriers, Wake County has notable healthcare strengths. Advance Community Health, a local clinic, was highlighted in community conversations as a valuable resource offering accessible, income-independent services. The clinic provides same-day appointments, reducing the need for emergency department visits, and features a convenient on-site pharmacy. Additionally, its “Power Hour” program offers monthly health education initiatives.

Hospitals and healthcare facilities are strategically distributed across the county, improving geographic accessibility. However, continued investment in provider availability, affordability initiatives, and resource awareness will be essential to further improving healthcare access in Wake County.

Community Cohesion

Introduction

Community cohesion plays a vital role in shaping health outcomes. Strong social ties and solidarity among community members can promote healthy behaviors and reduce emotional stress. In contrast, social isolation, especially among older adults, can negatively impact health and increase mortality risks. Key aspects of community cohesion include civic engagement, neighborhood relationships, and perceptions of safety.

In the CHOS survey, over 60% of respondents expressed confidence in aging within their community, and more than 70% reported feeling socially connected and supported. However, only 30% agreed that their community was accessible to individuals with disabilities, and respondents expressed concerns about the lack of affordable community resources for youth. Community Conversation participants highlighted Wake County’s diversity but noted increasing social isolation, particularly among older adults and post-COVID. When asked about factors impacting community health, discrimination ranked lowest among 15 concerns—a substantial shift from 2022, when it ranked sixth.

Agreement with Community Cohesion Statements in Wake County

Community Health Opinion Survey Weighted Results, N = 1,149

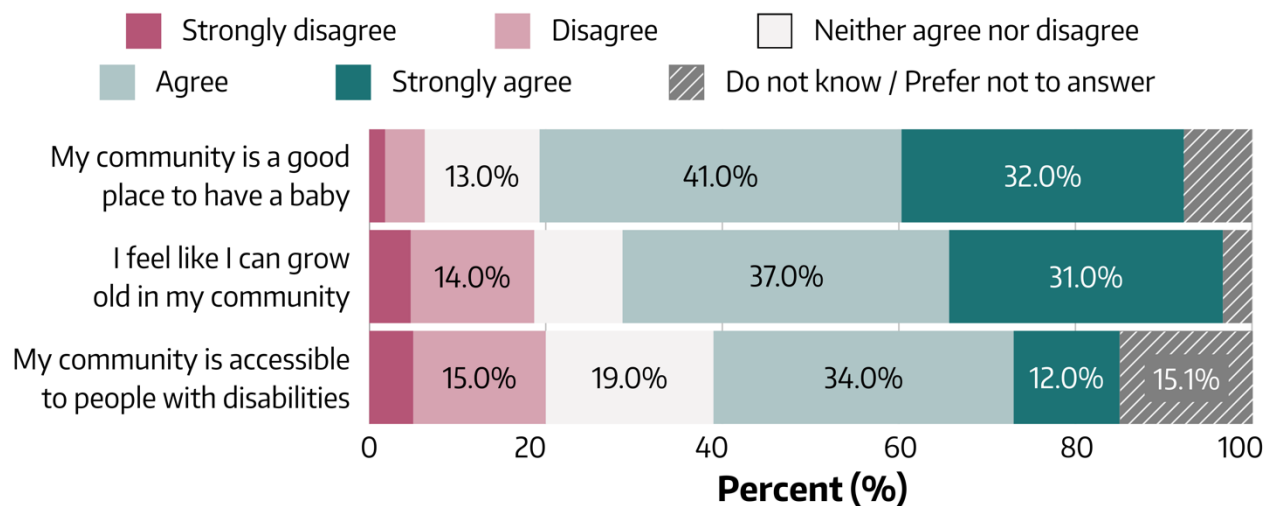


Figure 11. Agreement with Community Cohesion Statements in Wake County

Civic Participation

Civic engagement fosters community cohesion, engagement, and safety. Voter turnout in Wake County tends to exceed that of peer counties in major election years but lags in minor elections. In the 2024 presidential election, Wake County had a voter turnout of 76.19%, down slightly from 79.7% in 2020.²⁴

Demographically, Wake County’s registered voter base generally mirrors North Carolina’s. Of note, the percentage of registered Black or African American voters is lower in Wake County (17.4%) than in

North Carolina (19.4%) or Mecklenburg County (29.7%), suggesting potential systemic barriers affecting Black voter participation²⁵, as shown in Figure 12.

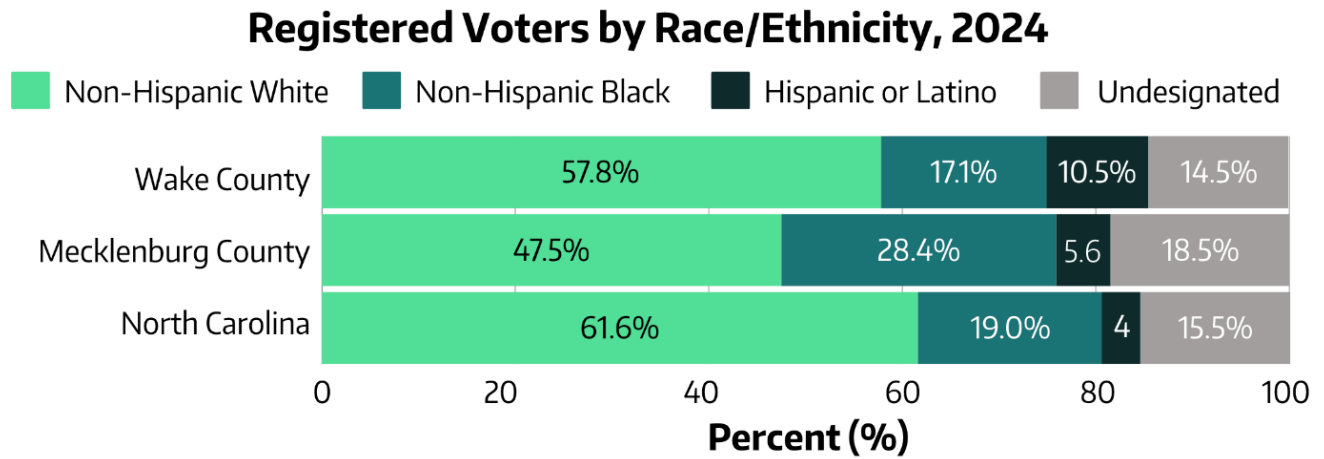


Figure 12. Registered Voters by Race/Ethnicity, 2024

Linguistic Isolation

Linguistic isolation can affect access to essential services and community integration. Wake County has a slightly higher proportion of households speaking Asian and Pacific Island languages, Indo-European languages, and other languages compared to Mecklenburg County and the state overall. In Wake County, 81.6% of households speak only English—higher than Mecklenburg (80.8%) but lower than North Carolina’s statewide average (87.8%).²⁶ Between 2020 and 2022, the percentage of Wake County households not speaking only English grew from 17.6% to 18.4%.²⁶

Discrimination

While CHOS respondents ranked discrimination as the least pressing community health concern, Community Conversation participants reported experiencing racial and cultural exclusion. Some shared that cultural and religious differences contribute to misunderstandings and a lack of neighborly connection. Additionally, gentrification has altered neighborhood demographics, leading to a diminished sense of belonging and reduced communal support.

“How do you [the system] know I’m here and that I need help? The only way they know is if you get into it. You’ve got to get into the system. If you don’t get in the system, how can the system work for you? Just being seen helps, even if you aren’t using services all the time.”

- People Experiencing Homelessness Community Conversation Participant

Community Safety

Perceptions of safety influence community well-being and individual health. Healthy North Carolina 2030 identifies safety as a cross-cutting issue that impacts how people navigate their environment and make health-related decisions. Exposure to crime and violence, whether at home or in the neighborhood, can have lasting health consequences.

In the CHOS survey, over 80% of respondents agreed with the statement, "I feel safe in my community." However, individuals with lower incomes and educational attainment reported feeling significantly less safe.

Between 2018 and 2022, Wake County's firearm mortality rate was 7.8 deaths per 100,000 residents—lower than Mecklenburg County (13.8) and North Carolina overall (15.5).²⁷ Firearm-related deaths were disproportionately higher among males (13.3 per 100,000) compared to females (2.5 per 100,000), and among Black or African American residents (14.7 per 100,000) compared to White residents (7.3 per 100,000).²⁷ Data for other racial/ethnic groups was unavailable for Wake County.

In 2017, Wake County's violent crime rate stood at 382.8 incidents per 100,000 residents, lower than Mecklenburg (618.8) but slightly above the North Carolina average (365.7).²⁸ Community Conversations revealed concerns about increased crime and drug activity, a perceived lack of support for homeless populations, and a sense of heightened police presence. Despite these concerns, some participants noted a prevailing sense of safety and community.

Incarceration

Incarceration has significant health and social consequences, affecting individuals, families, and communities. Families of incarcerated individuals often experience financial hardship, emotional stress, and social stigma. High incarceration rates can also destabilize communities by removing working-age adults and increasing public health risks such as infectious disease transmission.

Wake County has seen a steady decline in incarceration rates over the past decade. As of 2022, the county's incarceration rate stood at 154 per 100,000 residents, approaching the Healthy North Carolina 2030 target of 150 per 100,000.²⁹

Disease, Illness, & Injury

Introduction

Health outcomes, including diseases, illnesses, and injuries, are influenced by the health factors, policies, and programs discussed throughout this assessment. This section examines mortality, chronic conditions, infections, injuries, and disabilities, highlighting their impact on Wake County residents. Understanding which conditions primarily affect communities and identifying disparities within

populations can help guide policy decisions and interventions. The data presented in this section primarily come from secondary sources reporting on health outcomes.

Overall Mortality

The most recent estimates of all-cause age-adjusted mortality in Wake County indicate a rate of 628.1 deaths per 100,000 people (2018-2022), a slight increase from 616.7 per 100,000 (2015-2019).³⁰ Wake County has a lower mortality rate (2018-2022) than both North Carolina overall (849.4 per 100,000) and Mecklenburg County (713.6 per 100,000).³⁰

Despite declines in mortality among African American and White residents, disparities persist. From 2018-2022, non-Hispanic African American residents had a significantly higher mortality rate (819.1 per 100,000) compared to non-Hispanic White residents (609.5 per 100,000).³⁰ Mortality among Hispanic residents increased from 398.5 per 100,000 (2015-2019) to 437.8 per 100,000 (2018-2022), though it remains lower than the statewide Hispanic mortality rate (461.7) and that of Mecklenburg County (511.0).³⁰ From 2018-2022, mortality rates are also higher among male residents (735.5 per 100,000) compared to female residents (542.3 per 100,000).³⁰

5-Year Mortality Rates for Heart Diseases, Cancer, COVID-19, Motor Vehicle Injuries, and Homicide, 2018-2022

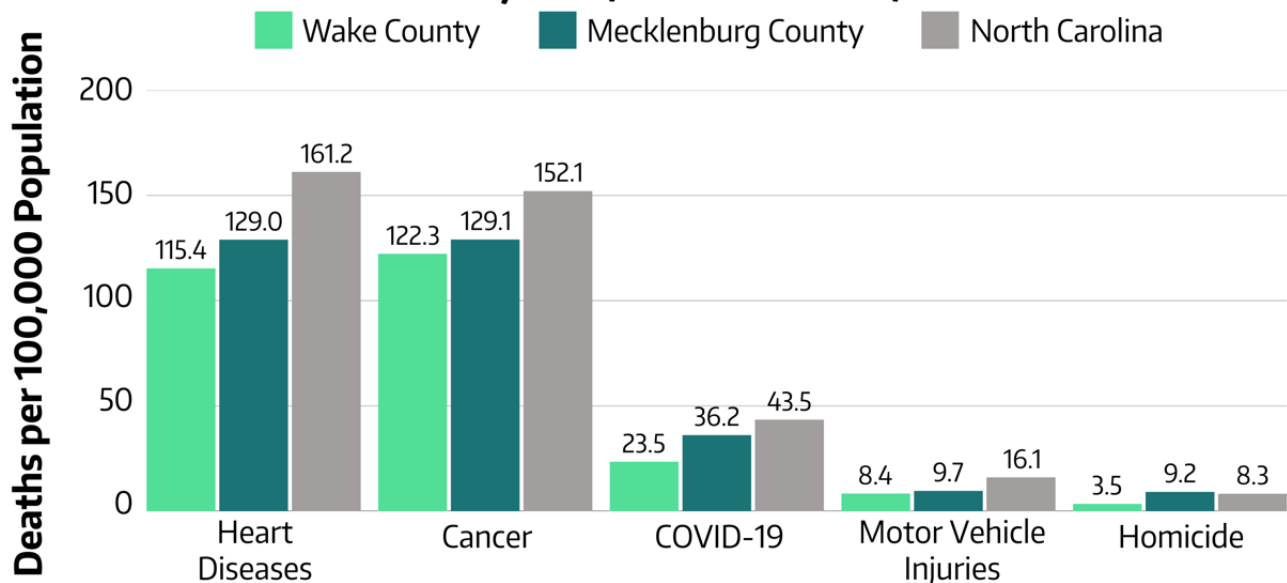


Figure 13. 5-Year Age-Adjusted Mortality Rates for Heart Diseases, Cancer, COVID-19, Motor Vehicle Injuries, and Homicide, 2018- 2022

Leading Causes of Death

From 2018-2022, the top four causes of death in North Carolina were cancer, diseases of the heart, cerebrovascular disease, and other unintentional injuries.³¹ Wake County's crude mortality rates for these conditions, as well as for homicide, were lower than those in Mecklenburg County and North Carolina overall.³¹ The rate of alcohol-related motor vehicle crash deaths in Wake County was 1.9 per 100,000 (2018-2022), lower than both Mecklenburg County and the state (2.9 per 100,000 each).³

Cancer

Cancer is the leading cause of death in Wake County, with an age-adjusted mortality rate of 122.3 per 100,000 (2018-2022).³² This rate is lower than that of North Carolina (152.1) and Mecklenburg County (129.1)³², as shown in Figure 14. The most common cancer-related causes of death in Wake County from 2018-2022 are trachea, bronchus, and lung cancer (25.4 per 100,000), prostate cancer (18.6 per 100,000), and breast cancer (16.3 per 100,000).³²

Cancer mortality rates (2018-2022) are higher among non-Hispanic Black residents (148.6 per 100,000) compared to White residents (121.7 per 100,000).³³ Additionally, male residents have higher 2018-2022 cancer mortality rates (144.6 per 100,000) than female residents (107.5 per 100,000).³³ The overall incidence of cancer in Wake County has declined in recent years, with a rate of 471.3 cases per 100,000 (2017-2021), lower than both Mecklenburg County (477.7) and North Carolina overall (481.5).³⁴

Chronic Conditions

Chronic diseases, defined by the CDC as conditions lasting a year or more that require ongoing medical attention or limit daily activities, remain a concern in Wake County. The percentage of adults with diagnosed diabetes fluctuated between 2016 and 2021, peaking at 8.8% in 2017 before declining to 8.2% in 2021³⁵, as shown in Figure 15. Diagnosed chronic Hepatitis C cases also declined in Wake County, from 66.4 cases per 100,000 (2018) to 52.9 per 100,000 (2022).³⁶

Ten Leading Causes of Death in Wake County, All Ages

1. **Cancer**
2. **Diseases of the Heart**
3. **Cerebrovascular Disease**
4. **Other Unintentional Injuries**
5. **Alzheimer's Disease**
6. **COVID-19**
7. **Chronic Lower Respiratory Diseases**
8. **Diabetes Mellitus**
9. **Nephritis, Nephrotic Syndrome, & Nephrosis**
10. **Suicide**

Figure 14. Ten Leading Causes of Death in Wake County, North Carolina State Center for Health Statistics 2018-2022

Adults with Diagnosed Diabetes (%), 2016-2021

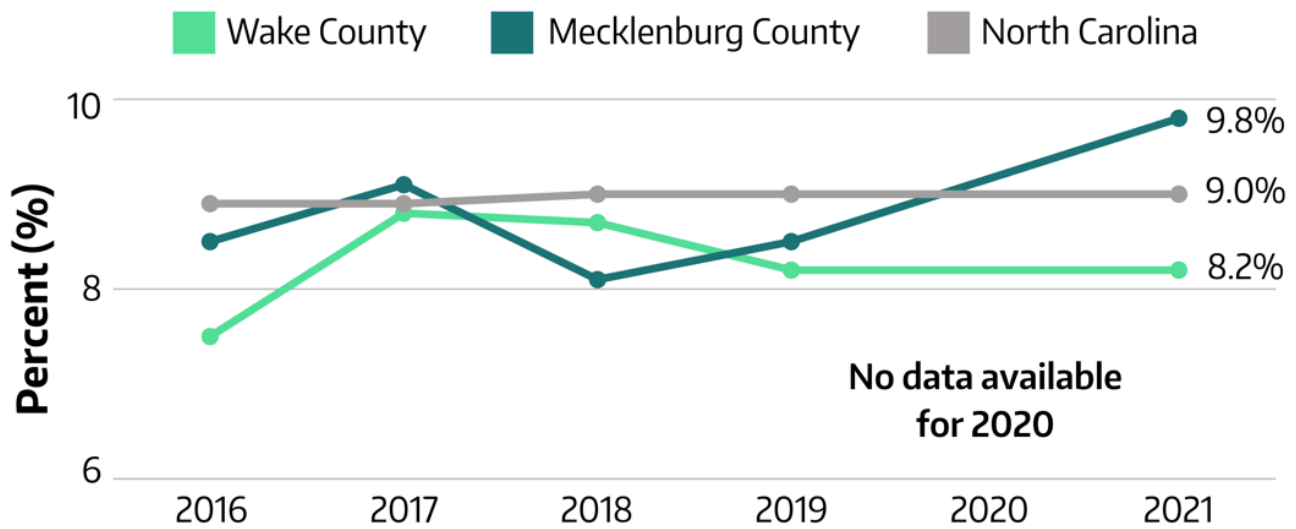



Figure 15. Adult with Diagnosed Diabetes (%), 2016- 2021

Infectious and Communicable Diseases

The tuberculosis rate in Wake County was 2.1 cases per 100,000 (2023), compared to 2.0 in North Carolina overall and 3.2 in Mecklenburg County.³⁷ Since the start of the COVID-19 pandemic, Wake County has recorded 394,227 cases.³⁸ As of May 2023, 1,358 deaths have been attributed to COVID-19. Data from 2020 should be interpreted cautiously due to the impact of the COVID-19 pandemic, which limited access to testing and diagnostic services. Due to reporting changes, North Carolina now tracks COVID-19 through emergency department visits, hospital admissions, death certificates, and wastewater testing. Disparities exist in case distribution: White residents accounted for 69% of cases, Black residents for 22%, and Asian/Pacific Islander residents for 8%.³⁸

Sexually transmitted infections (STIs) also present significant public health concerns. As of 2023, the HIV infection rate in Wake County is 14.1 per 100,000, lower than Mecklenburg County (28.3) and slightly lower than the state (15.5). The rate of newly diagnosed AIDS cases in Wake County is 6.8 per 100,000.³⁹ Rates for other STIs include:

- Chlamydia (2022): 536.9 per 100,000 (Wake) vs. 887.4 (Mecklenburg) and 612.8 (NC)⁴⁰
- Gonorrhea (2022): 210.0 per 100,000 (Wake) vs. 410.1 (Mecklenburg) and 254.6 (NC)⁴⁰
- Early Syphilis (2022): 13.9 per 100,000 (Wake) vs. 31.9 (Mecklenburg) and 15.9 (NC)⁴⁰



HNC 2030 Goal:
HIV Diagnosis Rate at or below 6.0 cases per 100,000 population

Wake: Not met in 2023
14.1 per 100,000 pop.

Environmental Diseases

Environmental diseases, including vector-borne and foodborne illnesses, continue to affect Wake County residents. Lyme disease and malaria cases remain low, affecting fewer than 5 people per 100,000 annually. The leading cause of foodborne illness in Wake County since 2016 is Salmonellosis (22.5 per 100,000 in 2020), followed by Campylobacter infections (13.1 per 100,000). Other foodborne illnesses, including Shigellosis and E. coli infections, affected fewer than 5 residents per 100,000.⁴¹

Disability

Disability is an important factor in public health and accessibility. In 2022, 8.8% of Wake County residents (99,399 individuals) reported having a disability, compared to 8.1% in Mecklenburg County and 13.3% in North Carolina overall.¹⁶ The most common disabilities in Wake County include ambulatory, cognitive, and independent living disabilities.¹⁶

Community feedback indicates that accessibility remains a challenge. While approximately one in three CHOS respondents agreed with the statement, "My community is accessible to people with disabilities," around 20% disagreed or strongly disagreed. Addressing these concerns can help improve quality of life for residents with disabilities.

Economic Opportunity

Introduction

Economic opportunity is associated with health outcomes by affecting ability to make optimal choices regarding housing, food, and medical care. Employment often provides a means to afford health insurance, which has a positive effect on health outcomes and access to healthcare⁴². Additionally, economic opportunities allow individuals to accumulate savings and resources that can help in times of emergency.⁴²

Social and economic factors are closely related and often considered together, recognizing the overlap between economic opportunities and related topics such as environment, housing, community cohesion, and education – all of which influence access to healthcare and health outcomes.

Most CHOS respondents felt satisfied with economic opportunity in Wake County, though low-income, Black, and lower-educated respondents were less satisfied.

Agreement with Economic Opportunity Statements in Wake County

Community Health Opinion Survey Weighted Results, N = 1,149

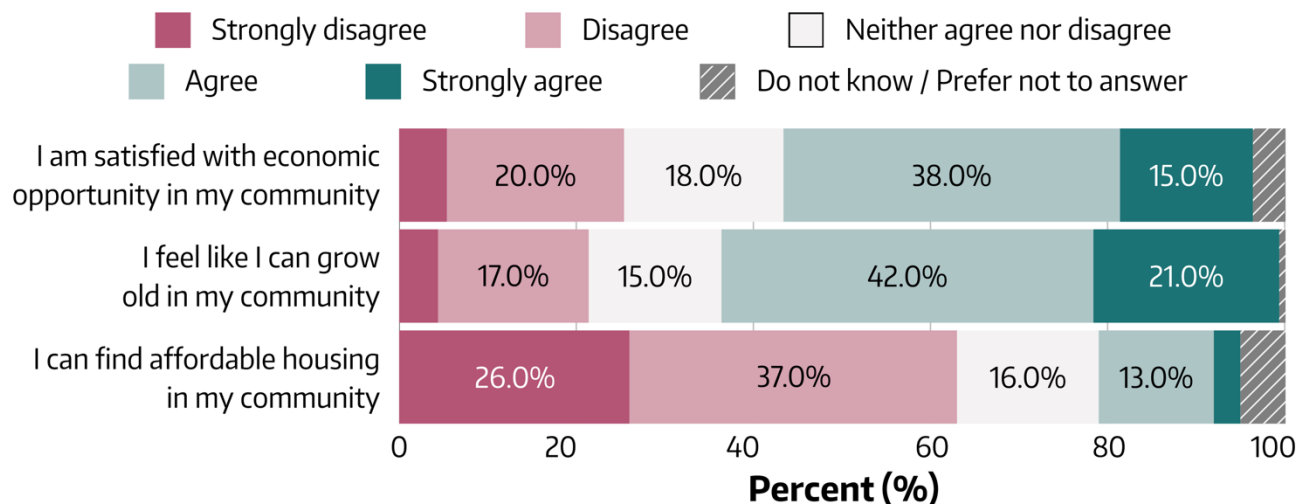


Figure 16. Agreement with Economic Opportunity Statements in Wake County

Economic Context

Wake County is home to a little over 1 million people. This area grows by approximately 51 people per day, adding over 225,000 people over the last decade.¹⁷ About 48% of those moving into Wake County were aged 55 and older.¹⁷ Due to the large presence of university systems, schools, and government employers in the area, the top three major employers were the Wake County Public School System, NC State University, and WakeMed Health & Hospitals.⁴³

Among Wake County residents, there are existing economic disparities across income, gender and racial identities, and region. Insight into these differences can provide a more accurate perspective on job accessibility, workforce training, and barriers to employment.

Income, Poverty, and Employment

From 2019 to 2023, the average annual unemployment rate in Wake County decreased from 3.4% in 2019 to 3.0% in 2023.⁴⁴ Unemployment rates nearly doubled in 2020 (6.3%) but declined to pre-pandemic levels by 2022 (3.1%)⁴⁴, as shown in Figure 17. From 2019 to 2023, unemployment rates in Mecklenburg County and North Carolina have followed similar patterns to Wake County, though Wake County has consistently reported lower unemployment rates compared to Mecklenburg County and the state.⁴⁴

Average Annual Unemployment Rate, 2013-2023

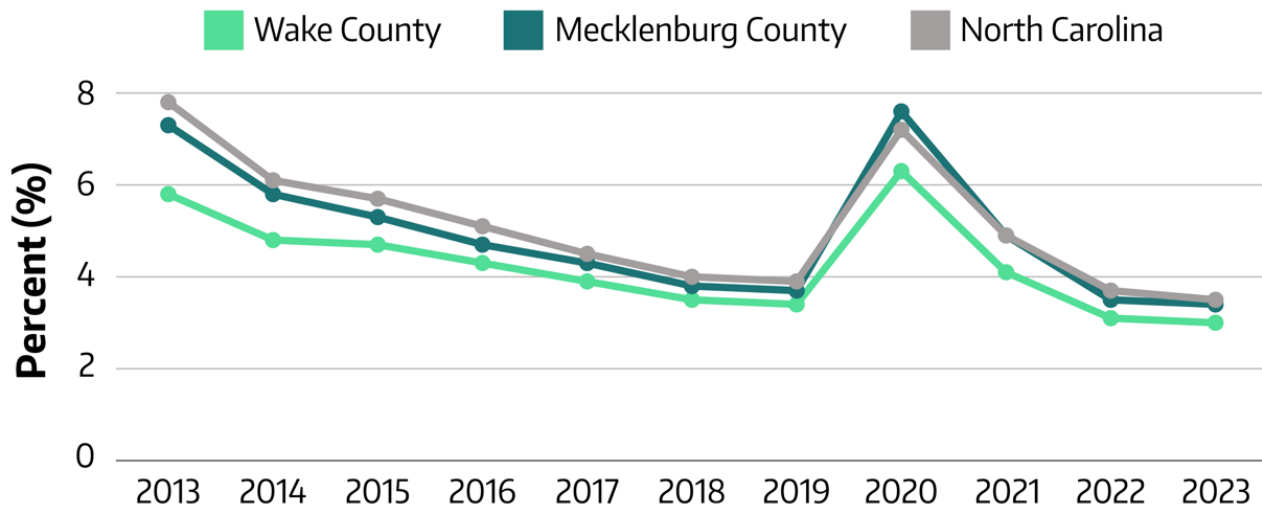
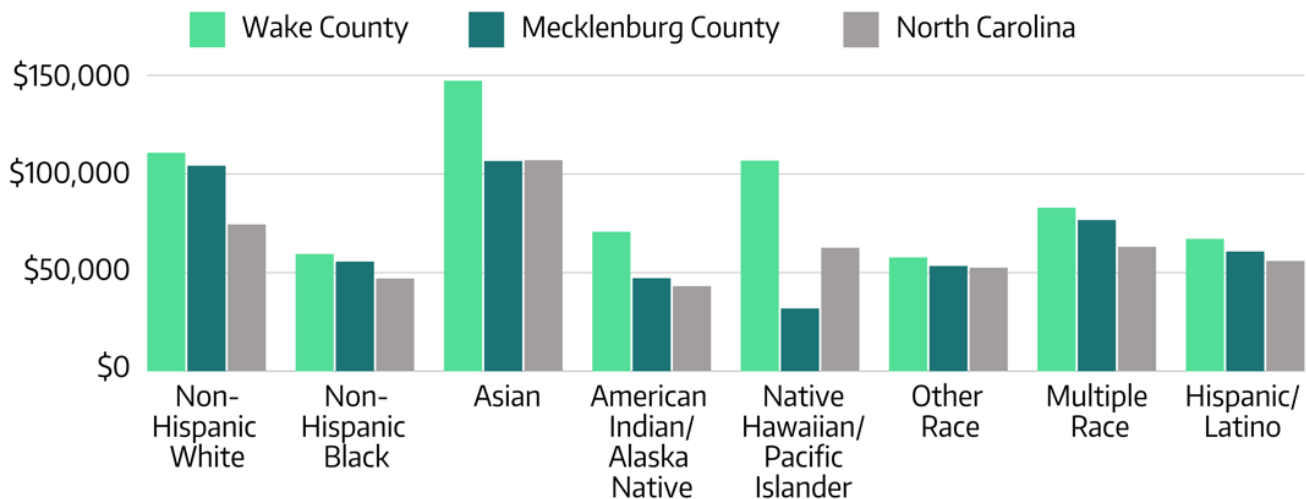


Figure 17. Average Annual Unemployment Rate, 2013- 2023

In Wake County, the median household income was \$121,682 in 2022, which was higher than the median household income in Mecklenburg County (\$100,267) and North Carolina (\$82,890) in 2022.⁴⁵ Median household income was highest among Asian residents (\$147,267) and lowest among Black residents (\$59,518) and residents of other races (\$57,765)⁴⁵, as shown in Figure 18. For full-time employees, regardless of work hours, the median income for males was \$81,557 and \$63,111 for females.⁴⁶

Median Household Income by Race/Ethnicity of Householder, 2022*



* 2018-2022 5-year average

Figure 18. Median Household Income by Race/Ethnicity of Householder, 2022

Community Conversations participants expressed concerns about the rising costs of expenses, stating that financial assistance is needed to keep up with the cost of healthcare, housing, utilities, and groceries, and that more resources are needed for financial literacy and searching for employment.

Participants stated that population growth in Wake County has led to more jobs, but wages and salaries are not proportionately increasing with cost of living, and jobs that pay well require advanced degrees.

*“Life isn’t affordable anymore... the wages aren’t increasing, but rent is!”
- Black/African American Community Conversation Participant*

Food Insecurity

60% of CHOS respondents agreed with the statement that finding healthy and affordable food for themselves and their family was easy, with the strongest agreement in the West and the most disagreement among low-income and lower-educated respondents. However, 11.1% of individuals in Wake County were estimated to experience food insecurity as of 2022, and among Black individuals, the food insecurity rate is 24.0%.⁴⁷ This is lower than Mecklenburg County (14.2%) and North Carolina (15.7%).¹ Community Conversations participants shared that access to affordable, abundant, and nutritious foods differs across the county, as certain neighborhoods have more shopping centers, restaurants, and diverse grocery store options compared to others.




Education and Lifelong Development

Introduction

Education is positively associated with health outcomes and reduced inequalities through increased employment opportunities and income, health literacy, and mental health.⁴⁸ Lifelong learning and development influences health outcomes by improving health and general literacy, which can impact one’s ability to access resources or health services.⁴⁹ Higher parental education is also linked to improved child health outcomes.⁴⁹ In the CHOS, lower-educated respondents and Black and Hispanic respondents ranked education and lifelong development, specifically for youth and seniors, as a top priority to direct more resources towards.

Education

During the 2020-2021 academic year, Wake County had an overall graduation rate of 91%.⁵⁰ When stratified by race and ethnicity, white students had the highest overall graduation rate (96%), followed by Black/African American students (87%), then Hispanic or Latino students (80%).⁵⁰ Overall, Wake County had a higher high school graduation rate compared to Mecklenburg County and North Carolina, but there were slight disparities when stratifying by race and ethnicity.⁵⁰ Specifically, the graduation rate among Hispanic or Latino students in North Carolina was slightly higher (82%) than the graduation rate among Hispanic or Latino students in Wake County (80%)⁵⁰, as shown in Figure 19.



HNC 2030 Goal:
Short Term Suspensions at
or below 0.8 per 10 students

Wake: Similar in 2023
0.836 per 10 students

High School Graduation Rate by Race and Ethnicity, 2020-2021

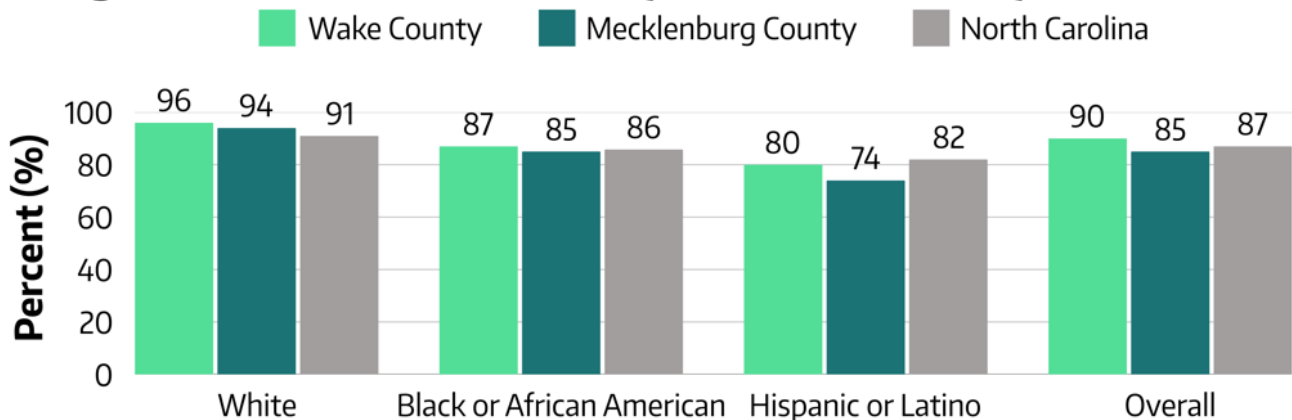


Figure 19. High School Graduation Rate by Race and Ethnicity, 2020- 2021

In the 2022-2023 school year, Wake County had 1.3 dropouts per 100 students, which was lower than 2.5 dropouts per 100 students in Mecklenburg County.⁵¹ Wake County had 83.6 short-term suspensions per 1,000 students in the 2022-2023 school year, compared to 161.8 in Mecklenburg County and 164.6 in North Carolina.⁵² However, the proportion of individuals who faced disciplinary action differed widely by race and ethnicity, with Black and Hispanic students receiving a combined 87% of all short-term suspensions in Wake County,⁵³ as shown in Figure 20.

Short-Term Suspensions by Race and Ethnicity, 2022-2023

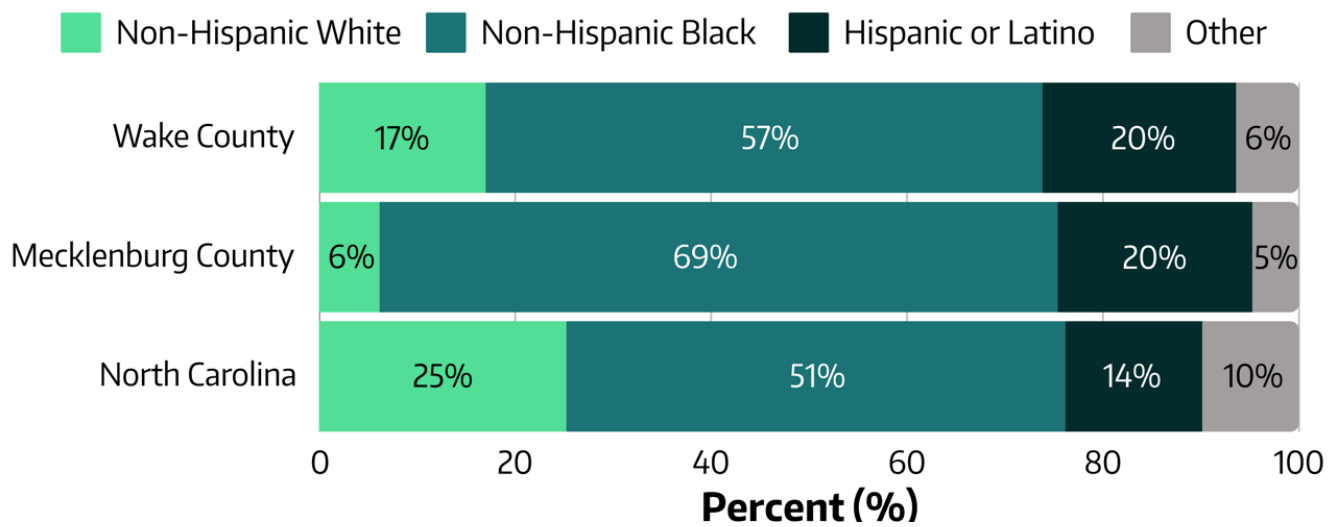


Figure 20. Short-Term Suspensions by Rate and Ethnicity, 2022- 2023

In terms of 4th-grade level math and reading proficiency, 42% of students in Wake County with valid test scores were proficient in math, and 52% of students in Wake County with valid test scores were proficient in reading.⁵⁰

In the CHOS, over 40% of respondents reported attaining a master’s degree or higher, 38% reported earning a bachelor’s degree, and only 6% reported earning a high school degree or lower.

Community Conversations participants expressed concerns about school shootings and general safety concerns. Participants shared that more counselors, mental health and emotional growth support, language support to translate emails to parents, free or affordable after school programs and extracurriculars, and resources for students who would like to seek out post-secondary education or non-traditional, postgraduate career paths are needed.

“Schools are supposed to take care of children.”
- Asian American Community Conversation Participant

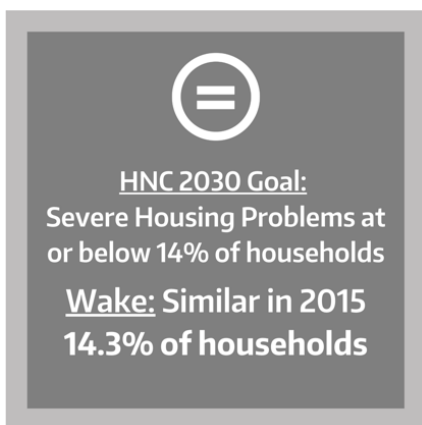
Lifelong Learning

Community Conversations participants shared that language barriers impact access to healthcare and other resources. Waitlists for English as a Second Language (ESL) classes can span months. Even if people have the time or the means to participate in these programs, they are difficult to access. Participants spoke about the need for increasing access to affordable and timely ESL classes as well as other language translation supports to make filling out health insurance, school, employment, and government forms easier.

Housing, Neighborhood, & Physical Environment

Introduction

Housing, neighborhood, and physical environment shape health by influencing who has access to safe living conditions, healthy food, clean air, quality education, and green spaces and who is affected by environmental risks.⁵⁴ High quality and affordable housing, equitable access to neighborhood resources, and community resilience in the face of climate change can improve health outcomes and quality of life.⁵⁴



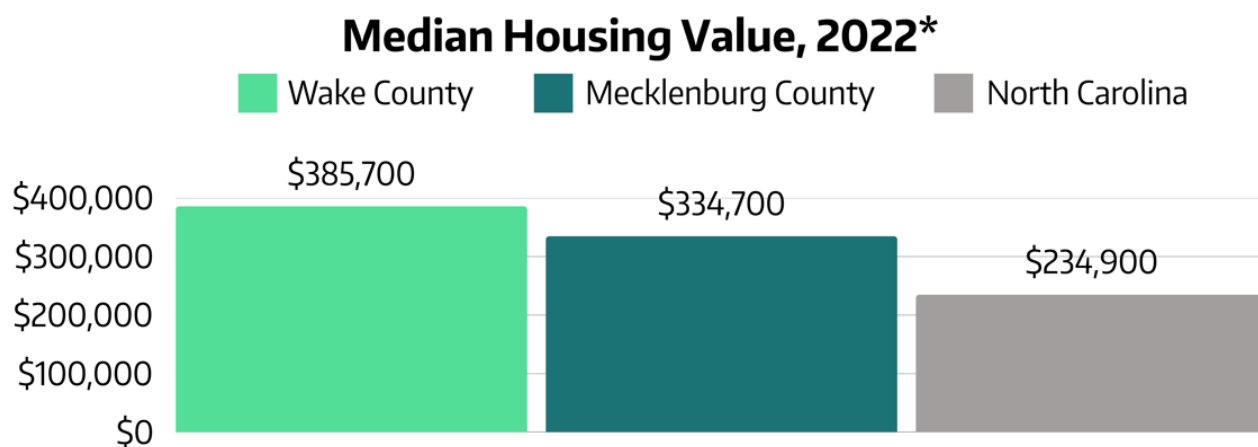
HNC 2030 Goal:
Severe Housing Problems at or below 14% of households

Wake: Similar in 2015
14.3% of households

Housing

In the 2024 CHOS, affordable housing and homelessness received the most votes as the most important problem impacting health in Wake County among respondents. Over half of CHOS respondents indicated that Wake County was doing poorly in terms of addressing the affordable housing and homelessness crisis, with the lowest satisfaction among lower-income, lower-educated, and Black respondents. 60% of CHOS respondents disagreed with the statement that they could find affordable housing in their community.

In 2022, Wake County had a total of 430,497 households, which is slightly less than Mecklenburg County (446,584).²¹ Wake County had 466,760 available housing units in 2022, and 92.2% of these units were occupied.⁵⁵ In 2022, 14.4% of owners with mortgages in Wake County were paying 35% or more of their income in monthly housing costs, which was less than in Mecklenburg County (17.8%) and North Carolina (18%).⁵⁶ The percentage of households with renters paying 35% or more of their income in monthly housing costs was 36.9% in Wake County, which was slightly lower than Mecklenburg County (37.5%) and North Carolina (38.4%).⁵⁶ The median housing value in 2022 was \$385,700 in Wake County, which was higher than Mecklenburg County (\$334,700) and North Carolina (\$234,900)⁵⁶, as shown in Figure 21. Median rent from 2018 to 2022 was \$1,412 in Wake County, about the same as Mecklenburg County (\$1,413) and higher than North Carolina (\$1,093).⁵⁶



* 2018-2022 5-year average

Figure 21. Median Housing Value, 2022

The U.S. Dept. of Housing and Urban Development (HUD) requires Continuum of Care (CoCs) to conduct an annual count of people experiencing homelessness on a single night within the last 10 days of January. This Point-in-Time (PIT) Count gives a general picture of homelessness.² As of the 2022 Wake County PIT Count, an estimated 1,534 individuals were experiencing homelessness (13.1 per 10,000 residents), fewer than in Mecklenburg County (1,761 individuals; 15.4 per 10,000) but higher than the statewide rate in North Carolina (8.8 per 10,000). When disaggregated by race, obvious disparities were evident: Black or African American individuals in Wake County experienced homelessness at a rate of 51.5 per 10,000—significantly higher than White (3.7), Asian & Pacific Islander (2.5), and American Indian or Alaska Native (7.3) individuals.² Community Health Opinion Survey (CHOS) respondents expressed a clear desire for additional resources to support people experiencing homelessness.

Preliminary results from the 2025 PIT Count, released in May 2025 by the Wake County Continuum of Care, show that 1,258 individuals were experiencing homelessness in the county.⁵⁷ Among those individuals, 25% (320 people) were chronically homeless (includes presence of a disabling condition and 12 consecutive months homeless or 4 episodes in the last 3 years, totaling at least 12 months). Of the 1,009 adults counted, 61% identified as men, 37% as women, and 1.5% as transgender, non-binary, or another gender identity.⁵⁷ Racial disparities persist, with Black, African American, or African individuals making up 63% of the homeless population—disproportionately high compared to their share of the overall county population.⁵⁷

Community Conversations participants underscored the need for stronger investments in housing vouchers, tax credits, and affordable housing programs to counteract increasing housing costs.

Transportation

Reliable transportation improves access to employment, food, healthcare, and recreation opportunities. In contrast to the 2022 CHOS, 2024 CHOS respondents did not rank transportation as highly as a priority in terms of its impact on health. However, Community Conversations participants spoke about

the need for improvements in transportation, including additional bus stops in outlying areas, resources on how to utilize existing transit systems, and more frequent public transportation options.

Neighborhood



HNC 2030 Goal:
Access to Exercise
Opportunities at or above
92.0%

Wake: Met in 2022
99.0% of population

Physical activity is vital to achieve optimal health outcomes, and access to recreational facilities and parks can improve quality of life. Roughly 90% of CHOS respondents reported that there are places where they can be physically active in their community, with less agreement among Black respondents. Community Conversations participants shared that Wake County has a wealth of robust parks and recreation opportunities, but many of them require a car to access. Participants stated that more sidewalks are needed in more rural parts of the county to encourage safe mobility. Additionally, participants suggested that free group exercise classes in parks and recreational spaces can facilitate community building and encourage people to stay active.

Access to and engagement with neighborhood resources, along with overall perceived neighborhood safety, can additionally improve quality of life. Community Conversations participants shared that they generally feel safe in their neighborhoods, but there is a need for investment in community or public assistance programs to prevent unsafe situations. Participants shared that churches, libraries, and identity-based community organizations are widely used resources that support residents in accessing food, translating and filling out documents, applying for housing and jobs, and finding out about community events and resources.

Agreement with Neighborhood and Physical Environment Statements in Wake County

Community Health Opinion Survey Weighted Results, N = 1,149

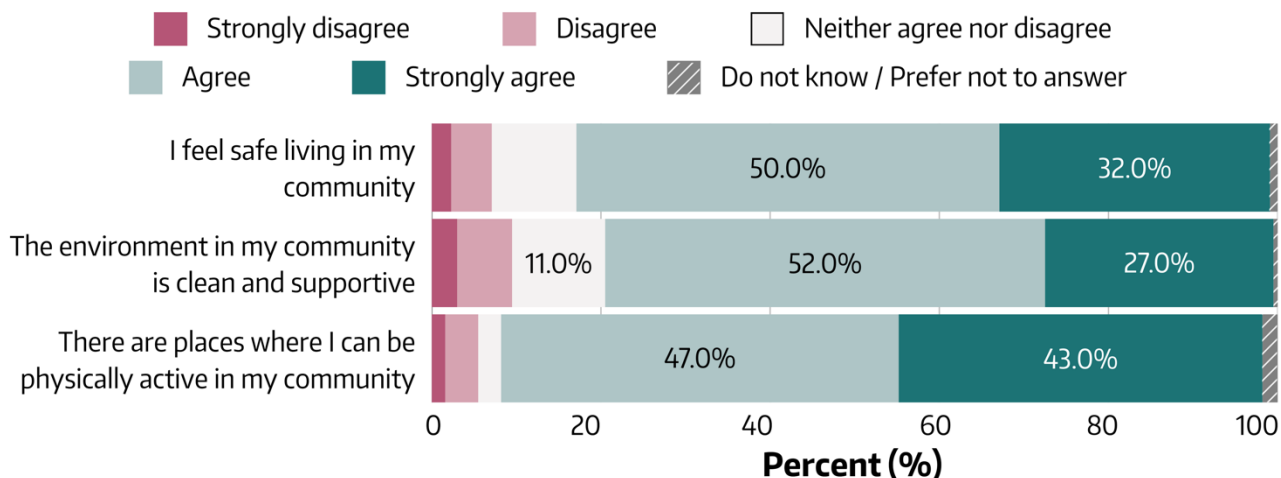


Figure 22. Agreement with Neighborhood and Physical Environment Statements in Wake County

Environmental Health

Environmental health focuses on the relationship between people and the environment they live in. When people are exposed to environmental hazards like air pollution, poor water quality, and extreme weather events, they may develop health conditions like heart diseases, asthma, and cancer.⁵⁸ Previously discussed topics like community cohesion, economic opportunity, education, housing, neighborhood, and physical environment impact the extent to which environmental hazards impact communities. Risks posed by environmental pollutants are not evenly distributed across the community. Hence, it is helpful to look at these datapoints through the lens of environmental justice.

Environmental justice is a social movement built on the idea that all people have the right to be protected from environmental hazards in their homes, places of work, and communities. Moreover, environmental justice affirms the right to access environmental amenities, such as public parks and nature trails. Numerous studies have demonstrated that communities with high proportions of people of color and low-income communities have been disproportionately exposed to environmental hazards and deprived of access to environmental goods. Such disparities have led to inequitable health outcomes.

Environmental Justice Indices (EJIs) were calculated to assess the cumulative impact of environmental, social, and health stressors on Wake County residents. Through this analysis, EJIs were calculated for all census tracts in Wake County and in Mecklenburg County for comparison.⁵⁹ The EJI is based on data from several federal-, state-, and local-level sources to rank the cumulative impact of environmental hazards on health across census tracts. The EJI incorporates measures derived by the CDC for Environmental Burden, Social Vulnerability, and Health Burden.

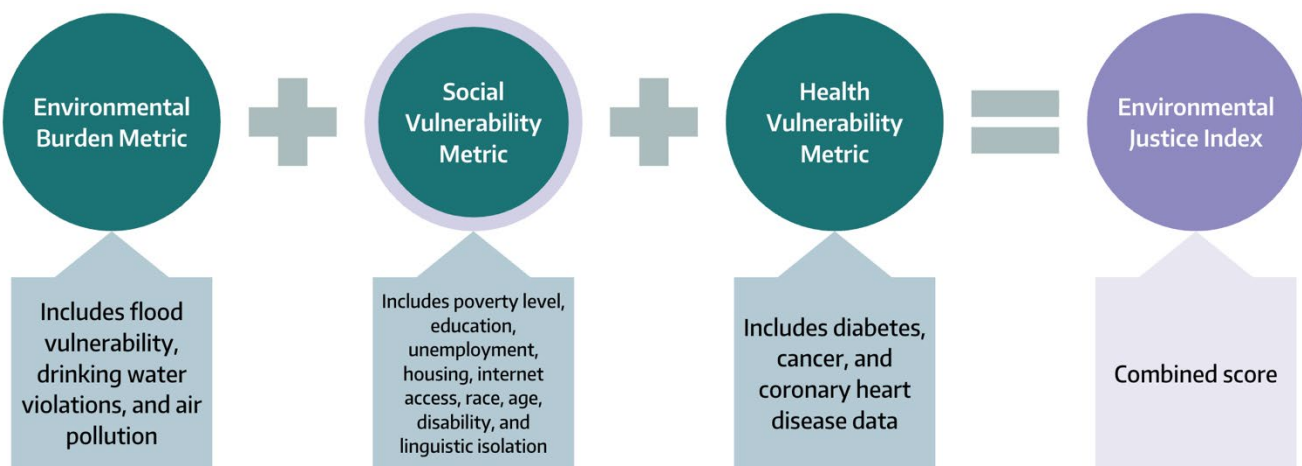


Figure 23. Design of the Environmental Justice Index. Measures listed within each metric are examples.

An overall EJI was calculated for each census tract in Wake County. Separate EJIs were also created for air pollution, flooding, and water pollution using relevant data for each issue. A higher EJI corresponds with a higher vulnerability to environmental hazards.

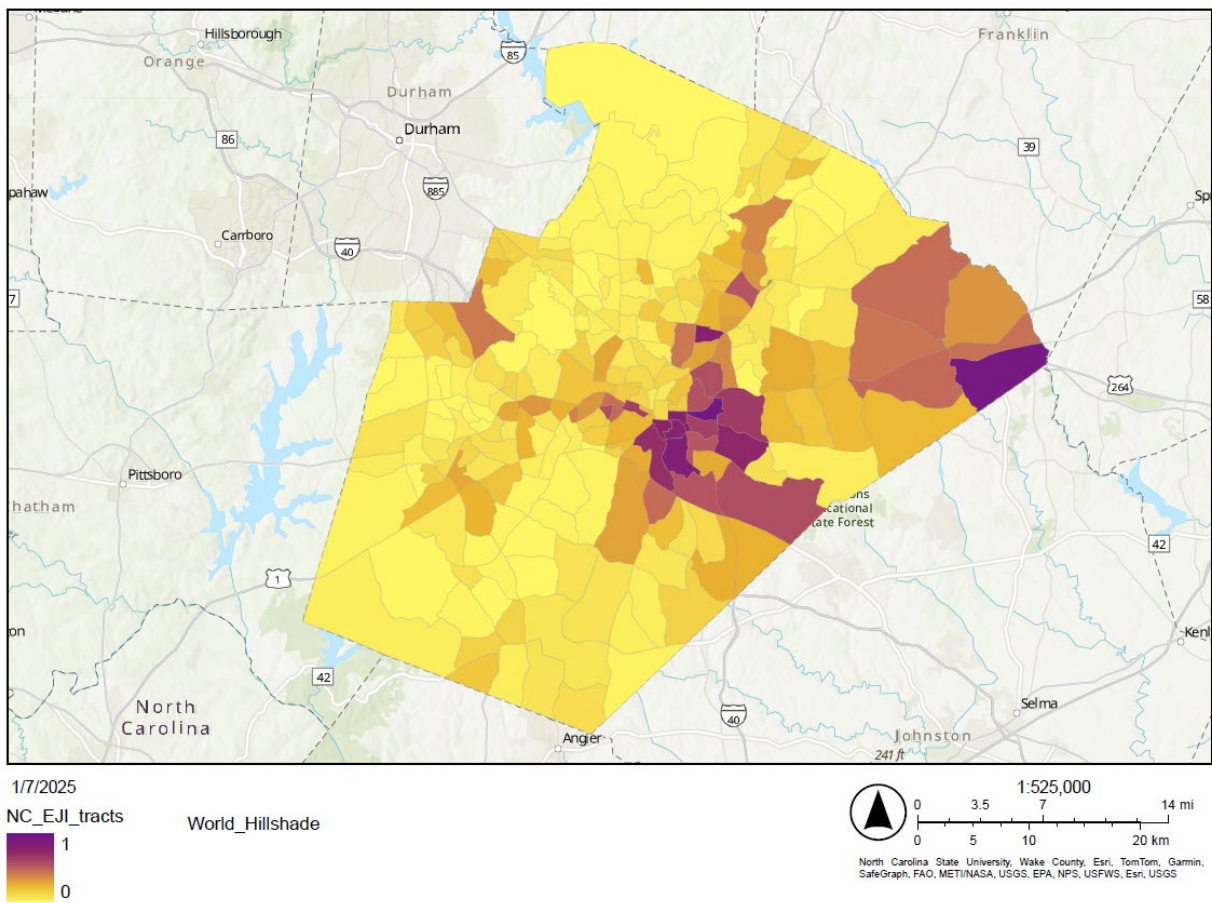


Figure 24. EJ by Census Tract for Wake County

Environmental burden and health vulnerability were generally similar across Wake County, but social vulnerability differed by census tract (Figure 24). Seven census tracts across Southeast and Eastern Raleigh, parts of Garner, and Zebulon had EJIs at or above the 75th percentile for the United States (Table 2).

Table 1. EJ and Metrics for Social Vulnerability, Environmental Burden, and Health Burden (Percentile Nationwide) for the Seven Wake County Census Tracts with EJ Above 75th Percentile

Tract	Location	EJI	SVM	EBM	HBM
520.01	Eastern Raleigh	93.62	95.6	75.39	60
543.06	Zebulon	92.63	99.83	47.07	80
521.01	Southeast Raleigh	83.41	97.07	79.54	20
507.00	East of Downtown Raleigh	78.75	93.92	30.77	60
527.04	Northeast Raleigh	78.46	95.3	28.71	60
508.00	Southeast Raleigh	77.50	94.71	47.01	40
509.00	South Raleigh	75.95	88.45	49.7	40

Two census tracts, in Eastern Raleigh and Southeast Raleigh, had environmental burden metrics in the top 25%. Environmental burden measures in these tracts were most impacted by diesel particulate matter. Measures of flooding, water quality, and National Ambient Air Quality Standards exceedances

were similar across the county, indicating that most environmental health metrics data are limited and cannot accurately report disparities for those measures.

Health burden metrics were generally similar across Wake County, although Zebulon (Table 1) had the highest health vulnerability in the county at the 80th percentile nationwide. Social vulnerability metrics varied greatly across Wake County, and the seven high-EJI census tracts were all in the top 12% of social vulnerability nationwide.

Compared to Mecklenburg County, environmental quality is higher in Wake County, and Wake County's air pollution, water pollution, and flooding EJIs demonstrated less environmental burden. Flooding was comparable between Wake County and Mecklenburg County. These findings imply that the EJI was driven more by social vulnerability than by environmental burden and health vulnerability in Wake County.

Even if the environmental burden metrics are truly constant across Wake County, high social vulnerability means that those communities are less resilient to environmental burdens.

It is possible that environmental metrics such as flooding data are limited and cannot accurately report where flood risk is highest in Wake County. For example, Southeast Raleigh residents have long complained of flooding and poor quality of the Walnut Creek Watershed due to runoff from Downtown Raleigh and North Carolina State University, leading to formation of the community-based organization Partners for Environmental Justice (PEJ). In 2023, PEJ's efforts culminated in designation of the Walnut Creek Watershed as an Urban Waters Federal Partner location, making Walnut Creek eligible for federal investment to make Southeast Raleigh more flood resilient.

Mental Health

Introduction

Mental health is a critical component of protecting and promoting the overall health and wellbeing of communities, as prioritizing mental health helps people cope with stress, maintain productivity at work and school, and enjoy a higher quality of life.⁶⁰ Mental health is often stigmatized in our society, and has been influenced by social, economic, and environmental factors that need to be considered as intersecting with physical health.⁶⁰



HNC 2030 Goal:
Suicide Rate at or below
11.1 per 100,000 population
Wake: Met in 2022
9.5 per 100,000 pop.

Mental Health

In the CHOS, respondents indicated that mental health was a relatively high priority in terms of its impact on health in the community, and that more resources should be allocated towards supporting people with mental illness. 31% of respondents reported seeking care through mental health providers, and use of mental health providers was less commonly reported by lower income respondents, Black and Hispanic respondents,

and lower educated respondents. 21% of all respondents experienced barriers in accessing mental healthcare, and 28% of lowest income respondents experienced barriers in accessing mental healthcare. While 43.7% of CHOS respondents agreed or strongly agreed that they can find mental health resources, 20.6% disagreed or strongly disagreed, as shown in Figure 25. Roughly 1 in 4 respondents reported not seeking mental health care. The main reasons that respondents reported not receiving mental healthcare were lack of health insurance and difficulty in securing an appointment.

Agreement with Resource Availability Statements in Wake County

Community Health Opinion Survey Weighted Results, N = 1,149

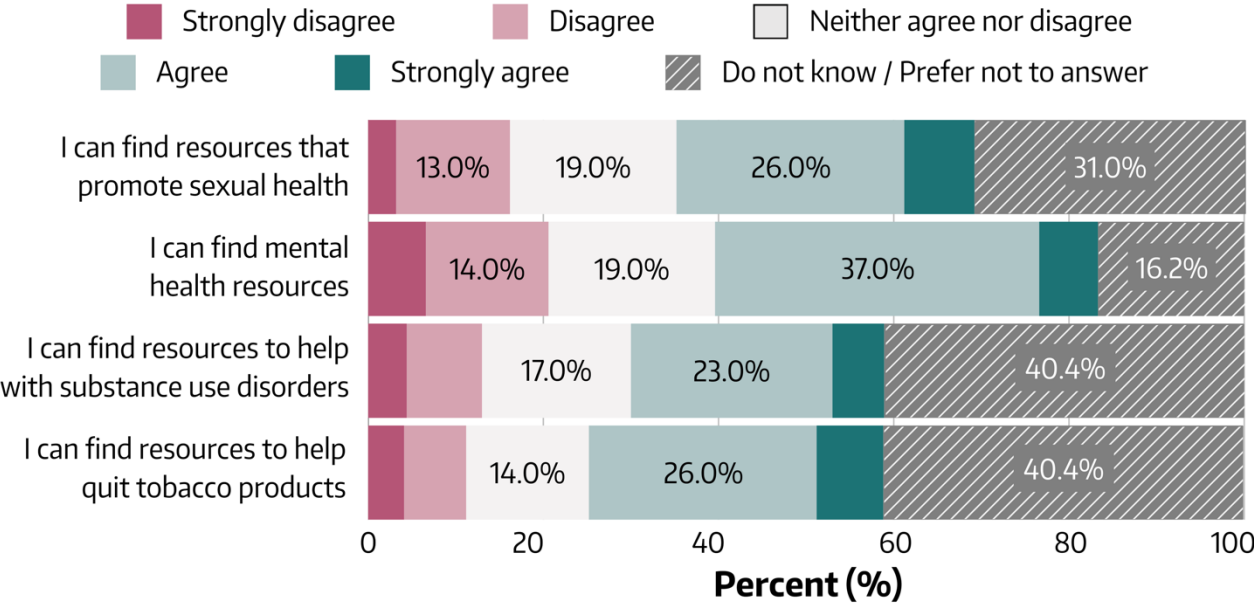
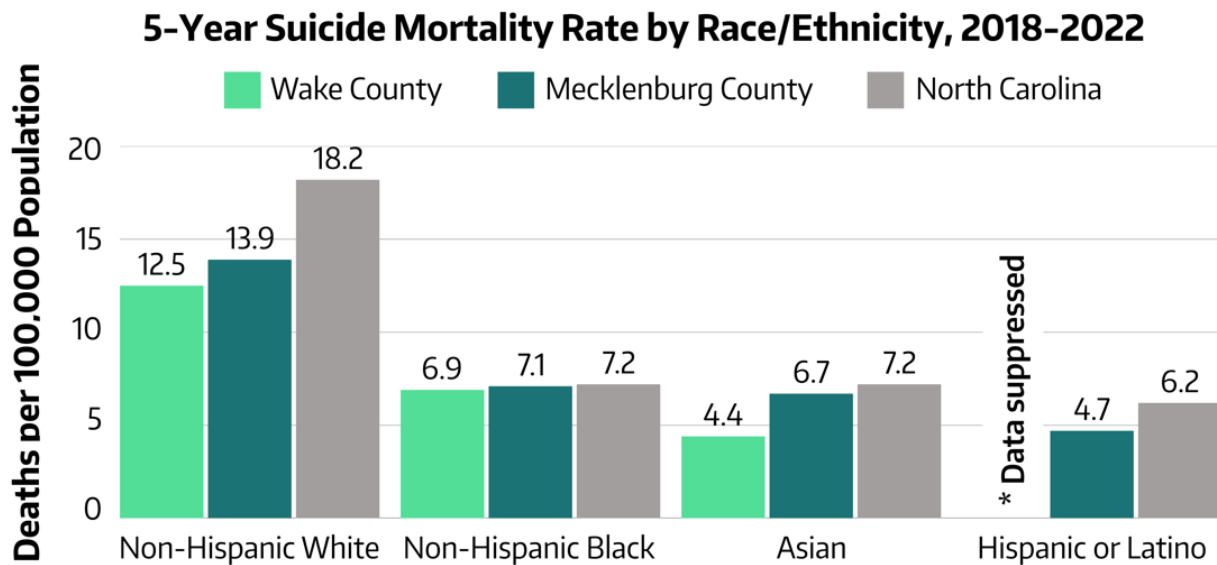


Figure 25. Agreement with Resource Availability Statements in Wake County

As of 2024, Wake County had an estimated 487 mental health facilities and 2,254 mental health providers, or 199.6 mental health providers per 100,000 people.²⁰ This is more than North Carolina (161.9 mental health providers per 100,000 people) but less than Mecklenburg County (204.1).²⁰

From 2018-2022, the overall suicide mortality rate in Wake County was 9.5 deaths per 100,000 people, which was slightly lower than Mecklenburg County (9.8 deaths per 100,000 people) and lower than North Carolina overall (14.0 deaths per 100,000 people).³³ There were disparities when stratifying by gender, as the suicide rate in Wake County was 15.0 deaths per 100,000 men and 4.3 deaths per 100,000 women (2018-2022).³³ There were also disparities when stratifying by race, as the suicide rate in Wake County was 12.5 deaths per 100,000 White people, compared to 6.9 deaths per 100,000 Black or African American people and 4.4 deaths per 100,000 Asian people (2018-2022)²⁷, as shown in Figure 26.



* Note: Rates based on small numbers (fewer than 20 cases) are unstable and not reported.

Figure 26. 5-Year Suicide Mortality Rate by Race/Ethnicity, 2018- 2022

Community Conversations participants reinforced CHOS results and secondary data as they shared that there are many barriers in accessing mental health resources, including lack of and inexperienced staff and providers, outdated resource lists, short-term solutions that do not adequately address chronic mental health issues (i.e. suicide hotlines), language barriers, and expensive out-of-pocket costs.

“Yes, they give you money. But if they aren’t giving you some knowledge or something to do with that money, they are just putting a band aid on a wound that needs stitches. So many people that are out there... veterans who laid their life out on the line... so many people don’t need to be out there. They give you the money, and then you are told to figure it out. Right then, that person you gave the money to, they need a little help, but they can’t get it. If they go to get it, they’ve got to jump through this hoop and that hoop. That’s sad. I see that every day.”

- People Experiencing Homelessness Community Conversation Participant

Participants suggested improvements, including mobile buses that deliver mental healthcare services, crisis intervention training for law enforcement and community partners to ensure compassionate care, comprehensive suicide interventions, specialized support for people experiencing homelessness, multilingual social workers and increased social worker presence in schools, and other services that meet communities where they physically are. In terms of populations disproportionately burdened by mental health issues, Community Conversations participants specifically spoke about a rise in youth mental illness and social isolation among older adults.

Substance Use



HNC 2030 Goal:
Drug Overdose Deaths at or
below 18 per 100,000
population

Wake: Similar in 2022
19.7 per 100,000 pop.



HNC 2030 Goal:
Excessive Drinking at or
below 12% of population

Wake: Not met in 2021
21.5% of adult pop.

Substance use significantly impacts community health, influencing rates of chronic disease, mental health conditions, overdose incidents, and access to treatment resources. In Wake County, substance use concerns span tobacco and vaping, alcohol misuse, opioid and heroin addiction, synthetic narcotics, and emergency department visits due to overdoses. According to the CHOS, individuals with substance use disorders ranked eighth among groups needing additional community resources, while substance use, and addiction ranked 13th among issues most affecting community health. Despite these rankings being lower compared to other pressing health concerns, some Community Conversation participants noted a perceived rise in drug use and addiction in their communities. Just over a quarter of CHOS respondents agreed that they could find resources to help with substance use disorders, with 40.4% not knowing or preferring not to answer (see Figure 25).

In 2021, excessive drinking was reported by 21.5% of adults in Wake County (191,062 individuals), a rate higher than both Mecklenburg County (19.3%) and the North Carolina state average (18.2%).⁶¹ The opioid crisis continues to be a significant concern, with Wake County

recording a mortality rate of 13.6 opioid overdose deaths per 100,000 residents from 2018-2022²⁷, as shown in Figure 27. This is lower than Mecklenburg County's rate of 17.0 per 100,000 and the state average of 25.1 per 100,000 (2018-2022). Mortality rates were notably higher among men (20.4 deaths per 100,000) compared to women (7.1 deaths per 100,000), with white residents experiencing a rate of 15.7 deaths per 100,000 and Black or African American residents at 16.9 per 100,000 (2018-2022).²⁷

5-Year Opioid Overdose Mortality Rate by Race/Ethnicity, 2018-2022

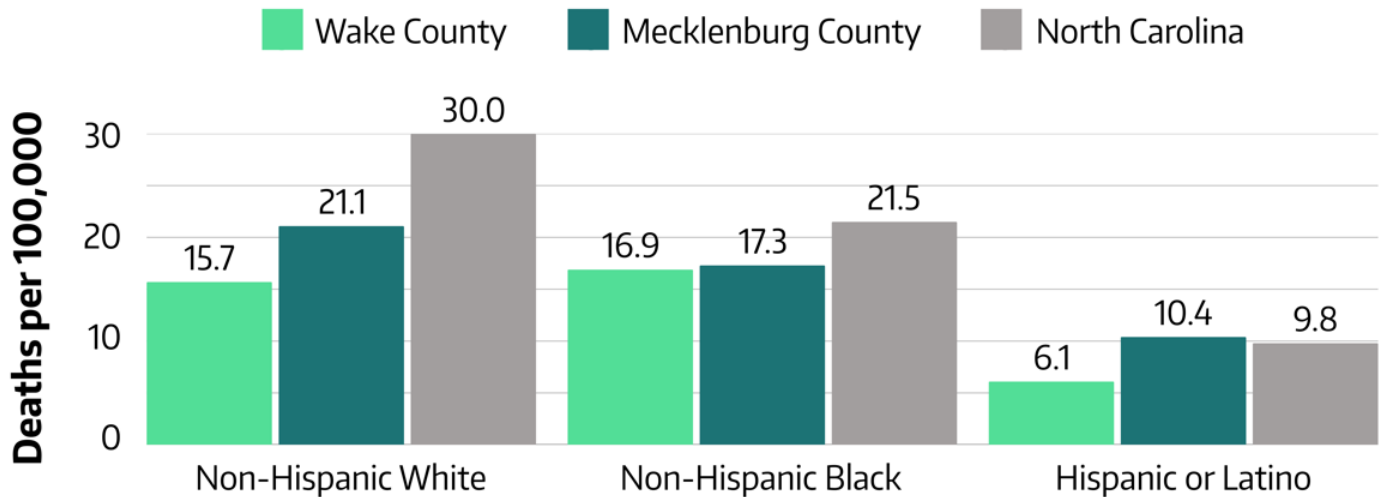


Figure 27. 5-Year Opioid Overdose Mortality Rate by Race/Ethnicity, 2018- 2022

Reproductive and Child Health

In the CHOS, 80% of respondents either agreed or strongly agreed that their community is a good place to raise children, with less agreement among low-income respondents, Black respondents, and lower-educated respondents, and strongest agreement in the West region of Wake County. In 2022, approximately 24.2% of children under 18 in Wake County were living below 200% of the federal poverty line, compared to 36.2% in Mecklenburg County and 41.1% in North Carolina overall.⁶²

Community Conversations attendants spoke about the need for resources that support the “whole child,” or the mental and emotional well-being of children. Additionally, Wake County residents shared ideas regarding improvements in accessible and affordable after-school programming to support parents who work.

Pregnancy and Reproductive Health

There were 13,190 births in Wake County in 2022, 307 (2.3%) of which were births to teen parents.⁶³ The percentage of teen births in Mecklenburg County and North Carolina overall were higher, at 3.6% and 4.1% of total births respectively.⁶³ Of all teen pregnancies in Wake County, 72% were among birth givers between the ages of 18 and 19, followed by 36.7% among birth givers between the ages of 15 and 17



HNC 2030 Goal:
Teen Birth Rate at or below
10 per 1,000 population
Wake: Met in 2022
9.4 per 1,000 pop.

and 1.3% among birth givers under 15⁶³ The teen pregnancy rate among birth givers under 15 is comparable to North Carolina overall (1.3%) and lower than Mecklenburg County (2.8%).⁶³

In the CHOS, roughly 45% respondents either agreed or strongly agreed that they could find support and education on breastfeeding in their community, and many respondents did not know if they could find these resources. 35% of respondents agreed or strongly agreed that they could find resources that promote sexual health in their community.



HNC 2030 Goal:
Early Prenatal Care at or
above 80% of pregnancies
Wake: Not met in 2023
71.1% in 2023

Community Conversations participants reported that it can be difficult to receive prenatal care and get connected with resources and providers, as wait times are long and determining insurance coverage can be challenging. Several attendees specifically noted that delays with Medicaid processing often postpone access to prenatal care, further complicating timely engagement with necessary services and support. As of 2023, 71.1% of births in Wake County received prenatal care in the first trimester, similar to the state average of 72% and below the HNC 2030 goal of 80%.⁶⁴



HNC 2030 Goal:
Infant Mortality Rate at or
below 6 per 1,000 births
Wake: Met in 2022
5.3 per 1,000 births

Infant mortality is often used as a data point that can reflect broader health outcomes and disparities of a community. Between 2018-2022, Wake County and Mecklenburg County had an overall infant mortality rate of 5.3 per 1,000 live births, lower than the state rate of 6.8; however, the infant mortality rate remains highest among Black births at 10.6 and lowest among White births at 3, with a Black/white disparity ratio of 3.53.⁶⁵



HNC 2030 Goal:
Infant Mortality Disparity
Ratio at or below 1.5
Wake: Not met in 2022
3.53 Black/White ratio

Chapter 5: Community Priorities

Introduction

After compiling the data, LWWAT leaders met to identify overlapping concerns across data sources and determine 15 priority voting options. To facilitate the discussion, they referred to the Data Summary Sheets and identified more specific topics as priority options based on the available qualitative and quantitative data. The group finalized 15 priority voting (Table 3) options to guide the prioritization process, ensuring each option was defined with common language and examples for clarity when needed.

Table 3. Final Priority Voting Options

Priority Options	Examples
Affordable Housing & Homelessness	Includes: Housing costs and availability
Access to Healthcare	Includes: Affordability, insurance, specialty services, elder care, provider capacity
Mental Health	Includes: Anxiety, depression, treatment options, and crisis services
Education	Includes: K-12, higher education, reading levels, equitable school resources, disparities in discipline and graduation rates
Access to Healthy Food	Includes: Food security and affordable food options
Employment	Includes: Job market, fair wages, employment rates, and skills
Transportation	Includes: Public transit, road infrastructure, traffic, and options to travel to work
Community Safety	Includes: Gun violence, neighborhood cleanliness, crime rates
Youth Support	Includes: Childcare, support for emotional and social well-being, life skills development, and safe environments to foster growth
Aging Services	Includes: Healthcare access, social support, safety resources, stable housing, financial security
Substance Use	Includes: Tobacco, vaping, opioid, heroin, alcohol, synthetic narcotics, overdose rates, emergency department visits, and treatment resources
Discrimination	Includes: Age, disability, gender, nationality, race, religion, sexual orientation
Chronic Disease	Includes: Cancer, diabetes, heart disease, high blood pressure cognitive, and
Disability	Includes: Awareness of and access to resources for physical, mental, developmental conditions
Social Isolation	Includes: Isolation due to age, language, cultural, or religious differences

Prioritization Process

The prioritization process used three methods: community-wide prioritization voting, a Steering Committee discussion, and a Steering Committee online voting activity using SuperSurvey.

Community Prioritization Survey

The Live Well Wake steering committee promoted the community-wide prioritization survey from January 17 to February 3, 2025, through its partner organizations. Throughout this period, LWWAT worked with NCIPH to track survey responses, ensuring outreach efforts reached underrepresented groups. The prioritization survey was distributed along with copies of the Data Summary Sheets so that community members could make data-informed voting decisions.

The prioritization survey was conducted using Qualtrics, with 624 eligible participants casting votes. Participants selected their top three priorities from the list of 15 options. Prioritization survey demographics, as compared to overall county demographics, are shown in Tables 4 and 5. Women were overrepresented in the prioritization survey, similar to the CHOS. Black respondents participated more in prioritization voting than in the CHOS, aligning more closely with county demographics; however, the Hispanic/Latino community was underrepresented. The prioritization survey attracted a slightly younger group, with fewer participants aged 60-79. These insights highlight possible biases and areas for better outreach to ensure sufficient representation in future surveys. The response rate varied across zip codes in the county, as shown in Figure 28.

Table 4. Prioritization Survey Response Demographics with ACS 2023 Comparison (Gender)

Response	Prioritization (N)	ACS 2023 1yr Estimate
Man	13.3% (83)	49%
Woman	73.3% (459)	51%
Non-binary	0.6% (4)	-
Genderqueer/Gender Fluid	0.3% (2)	-
Transgender	0.2% (1)	-
Total	549	

Table 5. Prioritization Survey Response Demographics with ACS 2023 Comparison (Race and Ethnicity)

Response	Prioritization (N)	ACS 2023 1yr Estimate
American Indian or Alaskan Native	0.3% (2)	0.8%
Asian	2.7% (17)	9.4%
Black or African American	26% (163)	20.6%
Hispanic/Latino (of any race)	5.8% (36)	11.5%
Two or More Years	2.9% (18)	2.9%
White	52.2% (327)	66.3%
Total	626	-



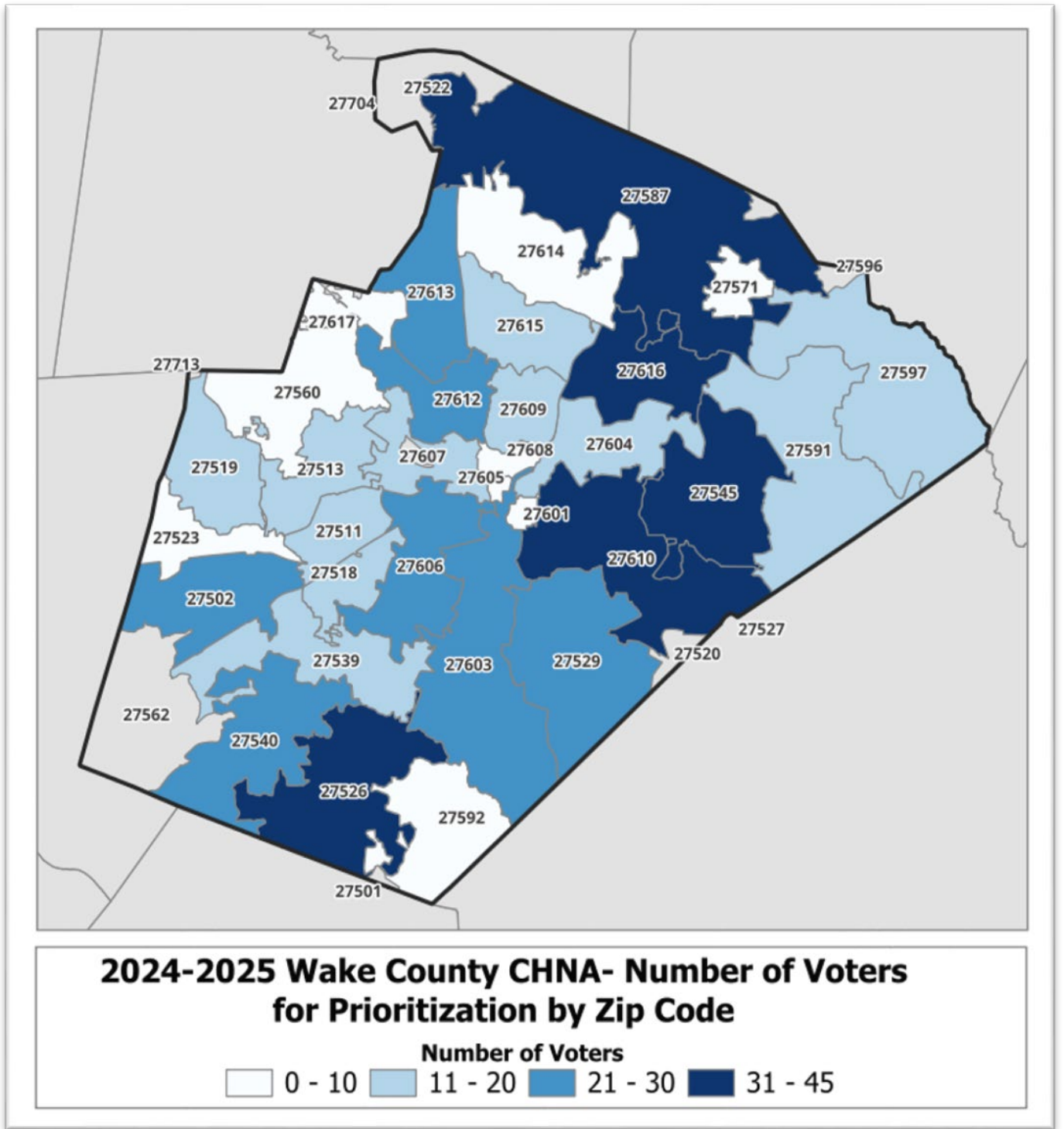


Figure 28. 2024- 2025 Wake County CHNA- Number of Voters for Prioritization by Zip Code

Community Prioritization Survey Results

Among the 624 community voters, the top three priorities were Affordable Housing, Access to Healthcare, and Mental Health—all of which were also key issues in the 2022 CHNA (Figure 29). Some

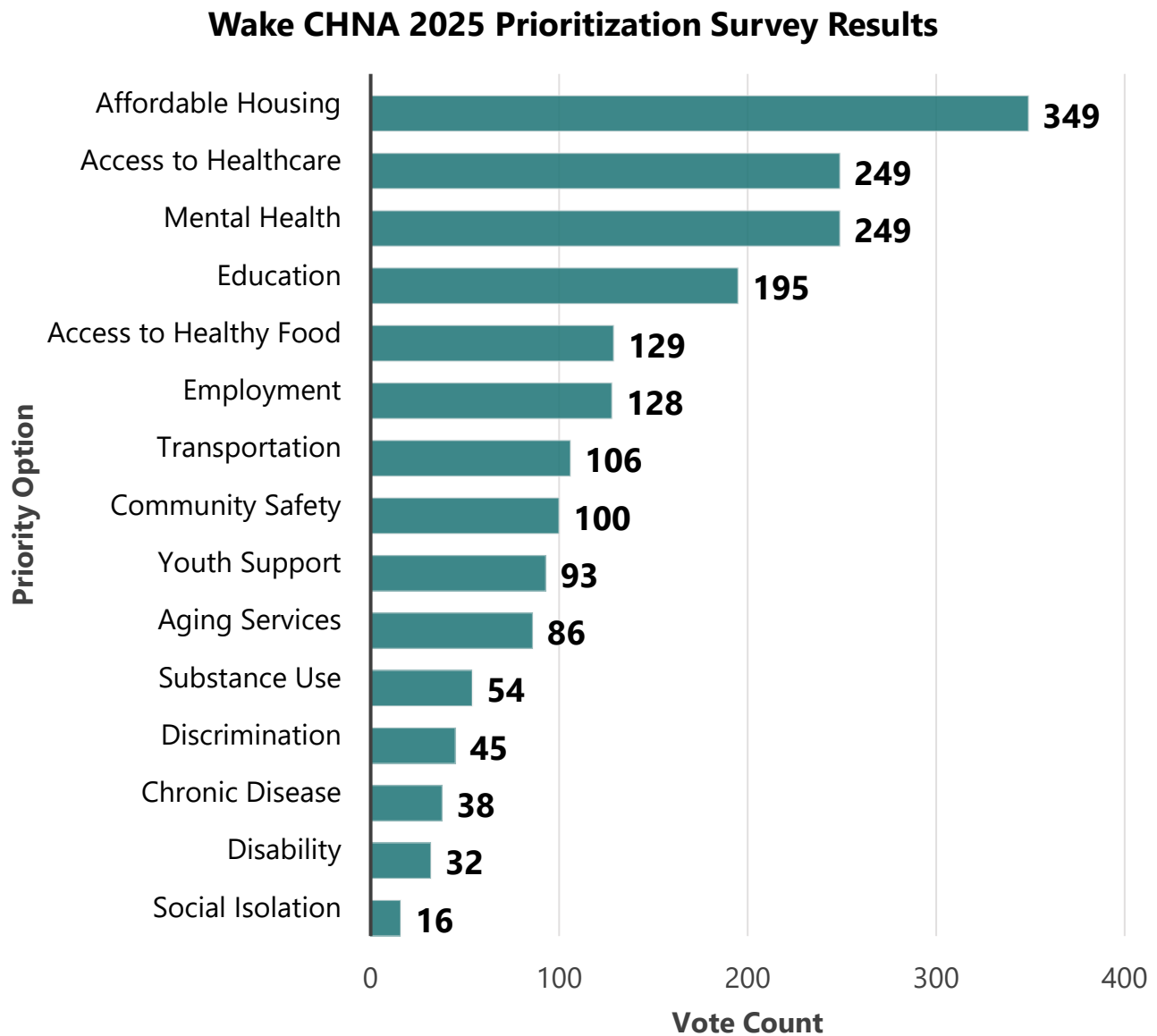


Figure 29. 2024-2025 Wake CHNA Prioritization Survey Results

shifts were observed this year, with employment rising to 6th place. Meanwhile, disability was ranked lower this time.

Steering Committee Prioritization Meeting

On March 12, 2025, the CHNA Steering Committee held a Community Assessment Prioritization Meeting to review the data. NCIPH synthesized results from the prioritization survey alongside primary and secondary assessment findings to inform this meeting, with data summarized by prioritization options as available in [Appendix 4](#).

Meeting participants were asked to assess prioritization options based on importance (relevance, urgency, magnitude of the issues) and impact (feasibility, availability of resources, connection to “upstream” impacts). Following individual evaluations, participants engaged in small-group discussions. They used stickers on flip charts to highlight options of greatest importance and impact and suggest ways Live Well Wake could address these priorities in the Community Health Improvement Plan (CHIP) process. Finally, the group used SuperSurvey for real-time voting as informed by the data and discussions throughout the meeting. Each participant selected up to three priority options, helping to rank the 15 priority areas.

Prioritization Results

Across all prioritization processes, **Affordable Housing and Homelessness, Access to Healthcare, and Mental Health were ranked as the top three priorities.** These are consistent with the three priorities selected in the 2022 Community Health Needs Assessment.

Top Ranked Prioritization Categories



Figure 30. Top Ranked Prioritization Categories

Priority 1: Affordable Housing and Homelessness

Affordable Housing and Homelessness remain a priority in 2025. The availability of high quality, affordable housing can drastically improve health outcomes, quality of life, and financial well-being. However, our CHOS data showed that over half of respondents believed Wake County was doing poorly in addressing housing and homelessness, and most respondents did not feel they could find affordable housing in their community. The median housing value for Wake County in 2022 was higher than Mecklenburg County and North Carolina overall, and over the last three years, the percentage of owners and renters paying 35% or more of household income in monthly housing costs has increased.

Community Conversations participants echoed these metrics, as they shared that housing costs are increasing, yet wages have stayed stagnant.

Data has demonstrated that additional resources must be dedicated to supporting people experiencing homelessness, as survey respondents and Community Conversations participants both shared similar sentiments regarding where support should be directed. Specifically, there was interest in housing vouchers and tax credits to support housing purchases, as well as increased financial support, employment assistance, and affordable housing for people experiencing homelessness. While additional resources must be developed to address the growing burden of housing cost and availability, there are many existing resources to address affordable housing and homelessness as a priority area:

County Resources: Homeless & Emergency Shelters
AME Men's Shelter
HADIT Home for Veterans
Interact of Wake County
South Wilmington Street Center
The Helen Wright Center for Women
PLM Families Together
Wrenn House (Haven House)

The Wake County Continuum of Care is a group of more than thirty entities – local agencies, advocates, and community leaders – who meet monthly and work to make the experience of homelessness in the county rare, brief, and non-recurring.

The Raleigh/Wake Partnership to End Homelessness helps connect people experiencing homelessness with shelters, street outreach, financial and employment assistance programs, and other resources, as well as supports the continuum of care among people transitioning between housing. Wake County has also several homeless and emergency shelters, many of which are highlighted here. Additional resources for housing and homelessness can be found in [Appendix 5](#).

Priority 2: Access to Healthcare

Access to Healthcare also remains a priority in 2025. Access to Healthcare includes all aspects that might influence whether someone is able to seek quality and timely healthcare in their community, including affordability, insurance, specialty services, elder care, and provider capacity. Though over half of the survey respondents agreed that Wake County was doing good or excellent in addressing this priority area, the steering committee and our data indicate that there is still significant work that needs to be done. In terms of provider availability, Wake County has fewer licensed mental health facilities and addiction/substance use providers compared to Mecklenburg County in 2024, indicating potential room for improvement in terms of availability of specialty care.

Affordability was a central topic to the access to healthcare conversations, with Community Conversations participants and CHOS respondents highlighting insurance and out-of-pocket costs as barriers. Wake County has a lower proportion of uninsured individuals under 65 compared to Mecklenburg County and North Carolina overall, as well as a lower proportion of individuals with public health coverage than Mecklenburg County and North Carolina. However, many Community

Conversations participants shared healthcare is increasingly burdensome and out-of-pocket costs are expensive.

Along with affordability, many group discussions acknowledged the structural impact of language barriers in accessing timely and affordable healthcare services. Wake County Community Conversation participants shared that language barriers prevent them from independently filling out forms to apply

County Resources: Healthcare Options for People Without Insurance
Advance Community Health
Alliance Medical Ministry
Eastern Regional Center
Horizon Healthcare for the Homeless
Mariam Clinic
NeighborHealth Center
NCIAP People's Medical Center
Northern Regional Center
Oberlin Outreach Center
Project Access of Wake County
Shepard's Care Medical Clinic
Southern Regional Center
SouthLight Healthcare
The Salvation Army
Urban Ministries
Wake County Health and Human Services Centers

for public or private insurance, understanding the out-of-pocket costs associated with receiving certain healthcare services, and connecting with healthcare providers and resources or understanding diagnoses. Thus, more resources are needed to support non-English speakers and English language learners in accessing healthcare.

Some of the resources available for people who may need support accessing healthcare due to financial barriers, language barriers, and availability are included in the table to the left, and a more complete list of community resources can be found in [Appendix 5](#).

Additionally, the major hospitals in the area, including Duke Health, UNC Health, and WakeMed Health & Hospitals, all have financial assistance for people experiencing poverty and seeking healthcare.

Priority 3: Mental Health

Like Affordable Housing and Homelessness and Access to Healthcare, Mental Health is once again a priority for Wake County. Mental health is a critical component of protecting and promoting overall health, as prioritizing mental health helps people cope with stress, enjoy a higher quality of life, and maintain productivity. There are significant barriers to accessing mental health support, including cost, stigma, and lack of diverse providers. One-fifth of CHOS respondents reported barriers to accessing mental healthcare, and lower-income and minority respondents were more likely to report barriers. Community Conversations participants elaborated on barriers, specifying that a lack of/inexperienced staff, outdated resource lists, short-term crisis services that do not address chronic mental health issues, and expensive out-of-pocket costs for therapy prevent Wake County residents from accessing comprehensive mental healthcare.

People experiencing mental health issues were ranked second in terms of subgroups that survey respondents would like to see additional resources dedicated to, with the first subgroup being people experiencing homelessness. This sentiment is supported by the data, as suicide rates in Wake County

Wake County Community Health Needs Assessment 2025

increased from 2021 to 2022 and were much higher among men compared to women. However, compared to Mecklenburg County and North Carolina, Wake County had lower suicide rates, demonstrating that existing resources in the county may be supporting populations experiencing mental health issues.

Wake County Community Conversations participants suggested the following improvements: diversifying mental health services to include mobile clinics, ensuring that law enforcement is adequately prepared to compassionately respond to mental health crises through crisis intervention trainings, building on existing short-term suicide intervention services to support people with chronic mental illnesses, and increasing the availability of multilingual mental health providers, providers who specialize in working with people experiencing homelessness, and school social workers.

Though there is a measurable need for improvement, Wake County has a range of existing services to address mental health throughout the county. Some of them are listed below, and more can be found in [Appendix 5](#).

Monarch NC provides a wealth of outpatient mental health and substance use treatment, including same-day, walk-in services. Monarch operates five locations in Wake County, each with a different array of services. Monarch accepts many health insurance plans, both public and private.

Advance Community Health is one of 43 Community Health Centers in North Carolina and provides behavioral and mental health services and resources for Wake County residents. They serve patients from different backgrounds and income levels, and provide services like stress management, depression and anxiety screening, and grief and loss therapy.

The Lucy Daniels Center offers a range of therapeutic and educational programs specifically to support young children (under the age of 5) either in their home or in preschool settings. Some therapy services through this center are provided at no cost to eligible families through the support of Wake Smart Start.

Conclusion

The Community Health Needs Assessment process is an opportunity to reference a broad spectrum of data to identify the top areas where action is needed to support residents' health and well-being. The Live Well Wake collaborative of hospitals, non-profits, and community leaders offers Wake County a unique structure for community leaders to identify challenges in the county and work together towards innovative solutions. As discussed previously, affordable housing and homelessness, access to healthcare, and mental health were identified as the top priorities for Wake County. Next, the work continues with the Community Health Improvement Process (CHIP).

Next Steps

The final step in the CHNA process is the development of community health improvement strategies and action plans. This process will begin in the Summer of 2025 and continue through the Spring of 2026. Representatives of the Live Well Wake Collaborative will be reaching out to invite members of the community and community organizations to action planning meetings to discuss the best ways to address the three selected priorities. Once the group of community partners is established, they will work with Live Well Wake to address the priorities through quantifiable strategies that allow for progress to be measured. The Community Health Improvement Process is most successful when community representatives come together to develop collaborative, cross-sector strategies with buy-in from those who can help support the work.

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Appendices

Appendix 1: Steering Committee Materials

Steering Committee Invitation

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A community-led initiative to find innovative solutions for our county's biggest challenges.

June 3, 2024

Dear Community Leader,

The Live Well Wake Advisory Team (LWWAT) is excited to announce the launch of Wake County's 2025 Community Health Needs Assessment (CHNA) process. We invite you to join the CHNA Steering Committee to lend your expertise in support of this effort. The CHNA provides a current snapshot of community needs and resources as perceived by residents, organizations, businesses, municipalities, and other stakeholders. The CHNA is a collaborative effort between Advance Community Health, Delta Dental of North Carolina, Duke Raleigh Hospital, Neighbor Health, RightCare, UNC-Rex Healthcare, Wake County Health and Human Services, and WakeMed Health and Hospitals. The CHNA will include community surveys, focus groups, and secondary data collection. At the culmination of this process, the Steering Committee will participate in a strategic planning session to create a joint Community Health Improvement Plan.

During the CHNA process, the role of the Steering Committee is to:

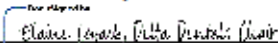
- Represent a broad spectrum of health and community needs
- Provide feedback on the proposed process and methodology
- Identify resources and people to be a part of the surveys and focus groups
- Serve as a supportive champion to help market the process
- Offer feedback on the final report
- Along with staff, present the final report to local stakeholder groups
- Participate in the selection of priorities and development of action plans

The first Steering Committee meeting will be held on **June 12th, 2024, from 9:00 am to 11:00 am** at WakeMed Cary Hospital on 1900 Kildaire Farm Rd, Cary, North Carolina, 27518. The meeting will take place in the hospital's Cary Conference Center: Rooms A, B, C, and D. Three additional Steering Committee meetings will follow to align with key CHNA benchmarks.

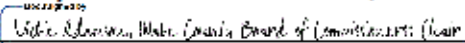
We value your ongoing contributions to Wake County and look forward to continued efforts to make Wake the best place to live, grow, work, and play for all residents.

Cordially Steering Committe Chair(s),

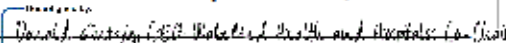
Elaine Loyack, Delta Dental: Co-Chair,

Signature: 

Vickie Adamson, Wake County Board of Commissioners: Co-Chair,

Signature: 

Donald Gintzig, CEO WakeMed Health and Hospitals: Co-Chair,

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Vickie Adamson
County Commissioner,
LWWAT Co-Chair
Wake County Board of Commissioners

info@livewellwake.org

Steering Committee Meeting Agendas

June 12, 2024



Community Health Needs Assessment Steering Committee

Meeting Agenda

Wednesday June 12, 2024

9 am – 11 am

WakeMed Cary Conference Center

Cary, NC

I. Welcome	9:00 – 9:10 am
<ul style="list-style-type: none">• Donald Gintzig, CEO, WakeMed Health and Hospitals <i>Steering Committee Co-Chair</i>	
II. Live Well Wake Overview & CHNA Purpose	9:10 – 9:25 am
<ul style="list-style-type: none">• Vickie Adamson, Wake County Commissioner <i>Steering Committee Co-Chair</i>• Elaine Loyack, Vice President, Community Engagement and Government Relations Delta Dental of North Carolina <i>Steering Committee Co-Chair</i>	
III. Introduction of NCIPH	9:25 – 9:30 am
<ul style="list-style-type: none">• Marcellos Allison, Live Well Wake Program Manager	
IV. NCIPH: CHNA Timeline, Expectations, & Group Activity	9:30 – 10:40 am
<ul style="list-style-type: none">• North Carolina Institute for Public Health	
V. Q & A	10:40 – 10:55 am
VI. Next Steps & Closing	10:55 – 11:00 am
<ul style="list-style-type: none">• Marcellos Allison, Live Well Wake Program Manager• Donald Gintzig, CEO, WakeMed Health and Hospitals <i>Steering Committee Co-Chair</i>	



**Community Health Needs Assessment Steering Committee
Meeting Agenda**

Thursday, September 5th, 2024

9 am – 11 am

WakeMed Andrews Conference Center
Raleigh, NC

I. Welcome & Opening Remarks 9:00 – 9:20 am

Donald Gintzig, CEO, WakeMed Health and Hospitals
Steering Committee Co-Chair

II. NCIPH: Survey Rollout, Outreach Plan, Indicator Themes 9:20 – 10:40 am

North Carolina Institute for Public Health

III. Q & A 10:40 – 10:55 am

IV. Next Steps & Closing 10:55 – 11:00 am

Elaine Loyack, Vice President, Community Engagement and Government Relations
Delta Dental of North Carolina
Steering Committee Co-Chair

Vickie Adamson, County Commissioner, Wake County Board of Commissioners
Steering Committee Co-Chair

November 13, 2024



Community Health Needs Assessment Steering Committee

Meeting Agenda

Wednesday, November 13th, 2024

9 am – 11 am

WakeMed Andrews Conference Center

Raleigh, NC

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- | | |
|--|------------------|
| I. Welcome & Opening Remarks
Donald Gintzig, CEO, WakeMed Health and Hospitals
<i>Steering Committee Co-Chair</i> | 9:00 – 9:10 am |
| II. Introductions
Marcellos Allison, Live Well Wake Program Manager, Wake County Health & Human Services | 9:10 – 9:20 am |
| III. Timeline & Survey Results
North Carolina Institute for Public Health | 9:20 – 9:35 am |
| IV. Cake!! & Community Conversations Group Discussion
North Carolina Institute for Public Health | 9:35 – 10:05 am |
| V. Report Brainstorming
North Carolina Institute for Public Health | 10:05 – 10:45 am |
| VI. Prioritization Process
North Carolina Institute for Public Health | 10:45 – 10:50 am |
| VII. Next Steps & Closing
Elaine Loyack, Vice President, Community Engagement and Government Relations
Delta Dental of North Carolina
<i>Steering Committee Co-Chair</i> | 10:50 – 11:00 am |

March 12, 2025



Community Health Needs Assessment Steering Committee

Meeting Agenda

Wednesday, March 12th, 2025

9 am – 11 am

WakeMed Andrews Conference Center

Raleigh, NC

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- | | |
|---|------------------|
| I. Welcome & Opening Remarks
Donald Gintzig, CEO, WakeMed Health and Hospitals
<i>Steering Committee Co-Chair</i> | 9:00 – 9:10 am |
| II. Introductions
Marcellos Allison, Live Well Wake Program Manager, Wake County Health & Human Services | 9:10 – 9:20 am |
| III. Where are We in the CHNA Process?
North Carolina Institute for Public Health | 9:20 – 9:35 am |
| IV. Survey Data Overview & Demographics
North Carolina Institute for Public Health | 9:35 – 10:05 am |
| V. Prioritization (Survey Results, Data Review Activity, Voting)
North Carolina Institute for Public Health | 10:05 – 10:50 am |
| VI. Next Steps & Closing
Vickie Adamson, County Commissioner, Wake Board of Commissioners
<i>Steering Committee Co-Chair</i> | 10:50 – 11:00 am |

2025

Wake County Community Health Needs Assessment Survey

Encuesta sobre necesidades comunitarias de salud en el Condado Wake



Let your voice be heard!
¡Deje que se escuche su voz!

Share your opinions and help us decide what health priorities will be in Wake County in 2025-2028.

Compartir su opinión y ayudarnos a decidir cuáles serán las prioridades del salud en el Condado Wake en 2025-2028.

Take this 15-20 minute survey by Oct. 31 to play a role in our community's future!

¡Dedique 15-20 minutos para responder esta encuesta antes del 31 de octubre. y sea parte del futuro de nuestra comunidad!



go.unc.edu/wake2024



Live Well Wake will work with the community to address the top priorities identified from this survey over the next three years to make Wake County a healthier place to live, work and play.

Durante los próximos tres años, Live Well Wake trabajará con la comunidad para abordar las prioridades que resulten de esta encuesta, para hacer del Condado Wake un lugar más saludable para vivir, trabajar y jugar.



Let your voice be heard!
¡Deje que se escuche su voz!

2025

Wake County Community Health Needs Assessment

Encuesta sobre necesidades comunitarias de salud en el Condado Wake

If you received this postcard, you've been specially selected to participate in our Wake Community Health Opinion Survey!

Si usted recibió una postal, ¡ha sido especialmente seleccionado para participar en nuestra Encuesta de Opinión sobre la Salud de la Comunidad de Wake!



No postcard? No problem!
We'd still love to hear from you!

¿No recibió la postal? ¡No hay problema!
¡Nos encantaría saber su opinión!



LiveWellWake.org/survey

2025



Wake County Community Health Needs Assessment Survey

Encuesta sobre necesidades comunitarias
de salud en 2025 en el Condado Wake



LiveWellWake.org 

2025 Wake CHNA Steering Committee Interest Form

Thanks for your interest in serving on the 2025 Wake County Community Health Needs Assessment (CHNA) steering committee and workgroups.

This assessment will be a collaborative process involving working groups on **Secondary Data Analysis, Community Health Opinion Survey (CHOS), Community Conversations, and Communications** in addition to the 2025 Wake CHNA **Steering Committee**.

01



Steering Committee

Meets Quarterly, 2-hours, In-Person

Steering Committee members will provide strategic direction and governance, share insights and input, troubleshoot challenges, and disseminate CHNA updates and products to organization and communities.

02



Secondary Data Analysis Workgroup

Meets Twice, 1-Hour, Virtual, Likely July and September

Assist in identifying a list of key existing data regarding Wake County's demographics, socioeconomic, education, environmental, and health outcomes, as well as identifying gaps in data.

03



Community Health Opinion Survey (CHOS) Workgroup

Meets Twice, 1-Hour, Virtual, Likely July and August

Provide insight into the development of the web-based survey to be administered to Wake County residents.

04



Community Conversations Workgroup

Meets Twice, 1-Hour, Virtual, Likely September and October

Provide insight into selecting discussion questions for community conversations and plan logistics for in-person conversation.

05



Communications Workgroup

Meets Twice, 1-Hour, Virtual, Likely August and October

Provide insight into the development of communications materials for survey, community conversations, and prioritization outreach.



Appendix 2: Primary Data Collection Instruments

Community Health Opinion Survey Instrument

1. Did you receive a postcard inviting you to participate in the Wake County Community Health Needs Assessment Survey? Below is a picture of the postcard. *We are still interested in hearing from you even if you did not receive a postcard.*

- Yes
- No
- Do not know



2. Please enter the number that follows "Current Resident" on the postcard you received. *You can find the number that follows "Current Resident" in the address field of your postcard. Below you will find an image of the postcard. If you do not know the number, select "Don't know the number"*

- Number: _____
- Don't know the number



North Carolina Institute
for Public Health
CB 8165
Chapel Hill, NC 27599

2025

Wake County Community Health Needs Assessment Survey

Encuesta sobre
necesidades comunitarias
de salud en 2025 en
el Condado Wake

**Our Community.
Our Well-Being.**

3. Are you 18 years old or older?

- Yes
- No

4. Do you live in Wake County?

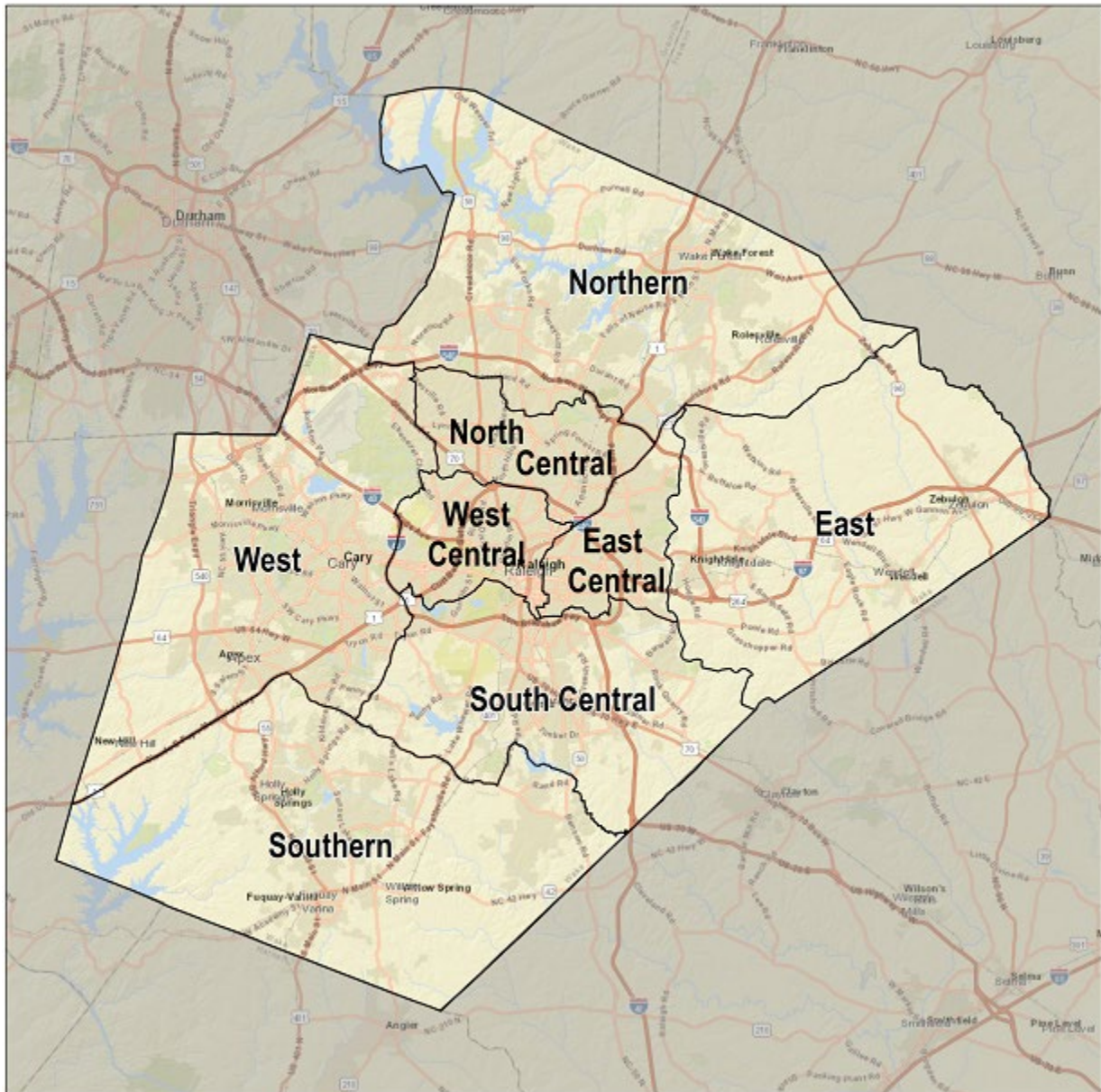
- Yes
- No

5. Would you like to participate in this survey?

- Yes
- No

6. What is the **5-digit** ZIP code of your residence? Enter 99999 if you don't know or prefer not to respond. _____

7. Wake County is divided into eight service zones.



Based on the map provided above, in which area would you say you primarily live? If you are not sure, please make your best guess or enter your home address. This information will be kept confidential and will only be used to help identify your service zone.

- East Central
- East
- North Central
- Northern
- South Central
- Southern
- West Central

- West
- Unsure: I'd like to enter my home address which will be used to identify my service zone.
- Prefer not to answer

7a. Please enter your home address below. Providing your address is an alternative to selecting your region. The address provided will only be used to align with one of the regions above.

8. Wake County completed a Community Health Needs Assessment in 2022. The 2022 assessment resulted in the following three priority areas: 1) Access to Healthcare, 2) Affordable Housing and Homelessness, and 3) Mental Health. How well do you think Wake County is doing in these areas? For each priority area, please select one option.

- **Access to Healthcare** refers to how and why people use and do not use healthcare, how many people have health insurance, how much healthcare is available in the community, and how much information there is about healthcare.
- **Affordable Housing and Homelessness** focuses on cost of housing, housing choices, and persons experiencing homelessness.
- **Mental Health** refers to a person's condition with regard to their psychological and emotional well-being.

	Very Poor	Poor	Fair/Average	Good	Excellent	Don't know/Unsure	Prefer not to answer
Access to Healthcare	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Affordable Housing and Homelessness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mental Health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The following questions will gauge how you see certain parts of Wake County life while also asking about community problems, issues, and services that are important to you. This data is helpful in gaining insight of your experience living in Wake County and helps inform county leadership on ways to improve in various areas, programming needs, and funding gaps.

9. Please tell us whether you "strongly disagree", "disagree", "neither agree nor disagree", "agree" or "strongly agree" with each of the following statements for the community in which you live:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree	Do not know	Prefer not to answer
My community is a good place to have a baby.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can find support and education on breastfeeding in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My community is a good place to raise children.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like I can grow old in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My community is accessible to people with disabilities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

10. Please tell us whether you "strongly disagree", "disagree", "neither agree nor disagree", "agree" or "strongly agree" with each of the following statements for the community in which you live:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree	Do not know	Prefer not to answer
I am satisfied with the economic opportunity in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am connected and socially supported by others in my community (family, friends, neighbors, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel safe living in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The environment in my community is clean and supportive.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are places where I can be physically active in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



I can easily find healthy and affordable food for me and my family.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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11. Please tell us whether you "strongly disagree", "disagree", "neither agree nor disagree", "agree" or "strongly agree" with each of the following statements for the community in which you live:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree	Do not know	Prefer not to answer
I can find affordable housing in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can find resources that promote sexual health in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can find mental health resources in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can find resources to help with substance use disorders (including opioids) in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can find resources to help quit tobacco products in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

There are adequate affordable resources in my community to support youth.	○	○	○	○	○	○	○
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12. From the list provided, which areas most impact the health of your community? Please select UP TO THREE (3) options. *(If there is an area that you consider to have the most impact and it is not on this list, please select "Other" and write it in.)*

- Access to healthy and affordable food
- Community and social support
- Discrimination
- Education
- Employment
- Environmental Quality (air, water, radon exposure, mold exposure, etc.)
- Healthcare (access, cost, quality)
- Affordable housing and homelessness
- Mental Health
- Physical activity
- Physical environment (streets, buildings, parks, infrastructure, etc.)
- Poverty
- Safety
- Substance use and addiction (including tobacco)
- Transportation options
- Other (please specify): _____
- None
- Do not know
- Prefer not to answer

13. Where would you like to see additional resources dedicated in your community? Please select UP TO THREE (3) options. *(If there is a population sub-group that needs additional resources and it is not on this list, please select "Other" and write it in.)*

- Persons with disabilities
- Youth
- Seniors
- Homeless population

- Pregnant people
- Persons in poverty
- Persons with mental illness
- Persons with substance use disorders
- LGBTQ+ communities
- Immigrants and refugees
- Other (please specify): _____
- None
- Do not know
- Prefer not to answer

14. The next section of questions will focus on your physical health. All the opinions you share with us will be completely confidential.

14a. From the list provided, where would you or a loved one go to for help with quitting tobacco usage?

- Doctor, nurse, or healthcare provider
- Church pastor or leader
- Teacher or school counselor
- Health department
- Wellness facility or center
- Workplace program
- Pharmacist
- Dentist or hygienist
- Free Quitline: 1-800-784-8669 (QUIT-NOW)
- Counselor or therapist
- Coach or sports leader
- Quitline website: www.quitlinenc.com
- I don't know (
- Other (please specify) _____
- Prefer not to answer

14b. From the list provided, where do you go most often to seek medical attention for concerns related to your physical health?

- Alternative medicine provider (acupuncture, chiropractic treatments, natural products, medicinal herbs)
- Urgent care or Emergency department
- Health department/Clinic

- Primary care provider (doctor, nurse, etc.)
- Telehealth/Televisit (electronic visit via web or phone app)
- Social media/Internet
- I do not seek care
- Other (please specify): _____
- Prefer not to answer

15. Was there a time in the past 12 months you needed medical care for your physical health but could not or did not get it?

- Yes
- No
- Prefer not to answer

15a. What was the main reason you did not get medical care?

- No health insurance/too expensive
- Language barriers/Could not find a provider who speaks my language
- Lack of adequate transportation
- Cultural/religious beliefs
- Lack of access to telehealth services
- Mistrust of medical professionals
- Cannot get an appointment
- Concerns about COVID-19 safety
- Do not want to find out that I am sick
- Other (please specify): _____
- Prefer not to answer

16. The next section of questions will focus on your mental health. All the opinions you share with us will be completely confidential.

16a. From the list provided, where do you go most often to seek medical attention for concerns related to your mental health?

- Alternative medicine provider (acupuncture, chiropractic treatments, natural products, medicinal herbs)
- Urgent care or Emergency department
- Health department/Clinic
- Mental health provider (therapist, psychologist, psychiatrist, counselor)
- Primary care provider (doctor, nurse, etc.)
- Telehealth/Televisit (electronic visit via web or phone app)

- Social media/Internet
- I do not seek care
- Other (please specify): _____
- Prefer not to answer

17. Was there a time in the past 12 months you needed medical care for your mental health but could not or did not get it?

- Yes
- No
- Prefer not to answer

17a. What was the main reason you did not get medical care for your mental health?

- No health insurance/too expensive
- Language barriers/Could not find a provider who speaks my language
- Lack of adequate transportation
- Cultural/religious beliefs
- Lack of access to telehealth services
- Mistrust of medical professionals
- Cannot get an appointment
- Concerns about COVID-19 safety
- Stigma around mental health
- Do not want to find out I am sick
- Other (please specify): _____
- Prefer not to answer

18. We are almost finished! We just need to know a little more about who you are. Just to remind you, all the information you give us will be completely confidential.

18a. Which of the following best describes your gender? Please select all that apply.

- Man
- Woman
- Non-binary
- Genderqueer/Gender Fluid
- Cisgender
- Transgender
- Self-Identify: _____
- Prefer not to answer

19. What is your age in years?

- Age: _____
- Prefer not to answer

20. What is the highest level of education you have completed?

- Did not complete high school
- High school graduate (includes GED)
- Some college, no degree
- Associate's degree
- Bachelor's degree
- Master's degree
- Doctorate
- Other (please specify): _____
- Prefer not to answer

21. What is your ethnicity? Please select all that apply.

- Hispanic/Latino
- Non-Hispanic/Latino
- Other (please specify): _____
- Prefer not to answer

22. What is your race? Please select all that apply.

- American Indian or Alaskan Native
- Asian
- Black or African American
- Multiracial
- Native Hawaiian or Other Pacific Islander
- White
- Other (please specify): _____
- Prefer not to answer

23. Do you currently have health insurance or some type of health plan that helps you pay medical expenses? *Examples are Medicare, Medicaid, employer-based coverage, or private insurance.*

- Yes
- No
- Do not know
- Prefer not to answer

23a. What is your current primary source of health insurance?

- Medicare
- Medicaid or Health Choice
- Health insurance through my employer or my spouse's employer
- Privately purchased insurance (including through Healthcare Marketplace)
- Military, Tricare, CHAMPUS, or Veterans' Administration benefits
- Covered by parent's insurance
- University or college insurance plan
- I have insurance, but do not know the source
- Other (please specify): _____
- Prefer not to answer

24. What language(s) do you speak at home? Please select all that apply.

- English
- Spanish
- Arabic
- Swahili
- French
- Other (please specify): _____
- Prefer not to answer

25. What is your employment status?

- Employed full-time
- Employed part-time
- Retired
- Student
- Unemployed short-term (less than 27 weeks)
- Unemployed long-term (27 weeks or longer)
- Person with disabilities unable to work
- Homemaker
- More than one job
- Prefer not to answer

26. Including yourself, how many people of all ages live in your household more than half the year? *A household includes all persons who are current residents of a house, apartment, or mobile home.*

- Number of Individuals: _____

- Do not know
- Prefer not to answer

27. What is your annual household income in the past 12 months?

- Less than \$10,000
- \$10,000 to \$14,999
- \$15,000 to \$24,999
- \$25,000 to \$34,999
- \$35,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- \$100,000 to \$149,999
- \$150,000 to \$199,999
- \$200,000 or more
- Do not know
- Prefer not to answer

28. Thank you for participating in the Wake Community Health Needs Assessment Survey. Are you interested in being contacted at a later date to help select health priorities?

- Yes
- No

Wake Contact Prioritization

Thank you for participating in the Wake Community Health Needs Assessment Survey. Are you interested in helping select health priorities?

- Yes
- No

Are you interested in entering the raffle?

- Yes
- No

Please enter your contact information.

Name: _____

Email: _____

That's the end! Thank you very much for completing the Community Health Survey.

Community Conversations Guide

[Name of Group, Date of Group]

Facilitators thank people for joining and introducing themselves.

NOTE-TAKER: Overview of Community Health Assessment: This Community Conversation is part of the larger Community Health Assessment being conducted by Wake County. They'll be gathering information from surveys, community conversations, and data from programs to identify the health needs and priorities in the county. All of this will be put together in a report that is used to plan programs and policies for the health districts, hospitals, and other community groups.

LEAD: Overview of community conversations: We use community conversations to hear from particular groups of people about their experiences and ideas in their own words. You've been invited to participate in this conversation because you have important insights into the strengths and challenges in the [XYZ] community. Those experiences, insights, and ideas are an important part of the Community Health Assessment.

- The community conversation today will last about an hour and a half.
- Participation in the discussion is voluntary. If you decide not to participate, it will not affect your benefits or care from county or hospital services. You can also choose not to answer any questions you feel uncomfortable discussing.
- We will be recording today's discussion using an Owl webcam, which will allow for a 360-degree recording. We will then be transcribing the recordings using Zoom's transcription service. The recordings are just for us so we can remember what people said. The recording and any notes about the groups will only be accessible to a small team of people at the North Carolina Institute for Public Health helping with the community health assessment. Once we've finished the report, we'll delete the recording. Your names will not be included in the report. If you don't want to be recorded, you can decide not to participate in the focus group.

NOTE-TAKER: Confidentiality: We won't be asking anyone to reveal anything about their own health or personal struggles, but we will be discussing some topics that can be sensitive. To have the most open and honest discussion we can, we need to feel confident we can trust each other to keep this discussion confidential. We will confirm whether you agree to not share anything that others say today with anyone outside of the group.

LEAD: Does anyone have any questions? About the group today or the community health assessment in general?

[Confirmation of participation and confidentiality]:

- If the group is small, facilitators will walk around the room to confirm with each participant if: 1. They want to participate, 2. They will keep the discussion confidential. 3. They're a county resident.
- If the group is large, this will be done by asking people to raise their hand if they 1. DON'T want to participate (and then excuse them from the room), 2. If they CAN'T keep the discussion confidential, 3. If they are NOT a Wake County resident.

LEAD Ground rules: Great! Now that everyone has consented and agreed to keep confidentiality, we'll review a couple of ground rules:

1. Disagreement is OK - It's OK to disagree! In fact, we welcome differences of opinion. We just ask that you do it in a respectful way.
 2. We ask that you not interrupt anyone when they're speaking. If you notice that you've been speaking a lot, maybe take a breath and let others step up so we can hear from everyone.
- [**START RECORDING**]**

Community Conversation Script

Introductions: Let's go around the room and introduce ourselves. Please share what part of the county you live in according to this service zone map [show a map of the service zone] and share your favorite thing about living in Wake County.

Healthy Community: Before we get to talking, I want to encourage everyone to think broadly about "health" during our discussion today. Think about physical health as well as mental health; think about the things in our lives that influence our health. Doctors and hospitals are one piece, but also our ability to access healthy food and safe recreation, our housing, our jobs, transportation, discrimination—all of these play a part in our overall health: mind, body, and community.

When you hear the words "healthy community," what comes to mind?

1. Now that we're thinking broadly about health, I'll turn it over to you all: When you hear the words "healthy community," what comes to mind? What would an ideal healthy community include/look like to you? When you answer the question, if you are talking about a specific community versus overall, please try to specify which part of your community you are speaking about, whether that be an identity-based community you identify with (i.e. the Black community), a geographic community (i.e. downtown Cary), or something else.
 - a. Prompt: Healthy food, recreation, housing, employment, faith, healthcare, mental health, safety...
 - b. If people stray towards discussing barriers and challenges, reassure that we'll discuss barriers next; try to flip problem statement ("in an ideal healthy community, people would... [opposite of problem]")

Share personal examples of a healthy community.

2. Think about moments where you've seen examples of this ideal healthy community - where you've seen joy, health, connection, and safety [any other summaries from above] in your community. What are some images or stories that come to mind?
 - a. In these stories, what is helping people be healthy in Wake County?
 - b. When do you feel most safe in your community? What resources or services help you feel this way?
 - i. How do people in your community find out about the services that exist?

Barriers: Now that we've taken a moment to dream and see where we have strengths in your community, we want to shift and think about what is holding us back.

What are the barriers to a healthy community in Wake County?

3. Think about the ideals we were just brainstorming about, what is getting in the way of everyone living out those ideals?
 - a. Sometimes even when a service exists to help, it doesn't mean everyone is getting it. Which services do you find that you or others are struggling to access? What are some of the barriers that prevent people from accessing these services? Is this a county-wide issue, or do you feel that this issue is more specific to your identity-based community, geographic community, etc.? [Reference specific, if mentioned]
 - b. If it hasn't yet come up, probe about mental health, food insecurity, access to healthcare, and systems/structures
4. How would you like to see these barriers addressed?
 - a. Who would need to be a part of addressing barriers?
 - b. To what extent do you feel you can influence solutions to these challenges?

Community Change: What are the changes that have affected your life in recent years?

5. There has been a lot of change in Wake County in recent years. Thinking back over, let's say, 5 years – what changes have had the biggest impact on your life?
 - a. What changes have brought excitement and hope?
 - b. What changes have brought you concern?
 - c. What was once a priority that is not anymore? In other words, what changes have brought about solutions to previous problems?
 - d. How have these changes impacted on your health or the health of your community?
 - e. How have you seen your neighborhood change?
 - f. How have these changes impacted on how you relate to your community?
 - g. What are your continued concerns moving forward?
 - i. Which of these concerns will be a top priority in the future?

Closing

6. If you had a magic wand that could bring a resource to or change or strengthen something in your community, what would you bring, change, strengthen?
7. Out of everything we talked about today, what are the most important issues for your community to address?

LEAD: We really appreciate you all taking the time to come together today to help bring about positive changes in your community. We heard about [summary statements] and these are the kinds of things that decision-makers in Wake County need to hear. Thank you so much for coming and have a great evening/afternoon/day/weekend!

Addendum for Election/politics-related Digressions

1. *Acknowledge what people are bringing up*
 - a. The election is on people's mind
 - b. I hear people expressing [XYZ] about how they think the political climate will affect health in Wake County
2. *Focus in on the interface with the CHNA*
 - a. What do you think organizations in Wake County should keep in mind after this election?
3. *If political conversations with opposing views get heated or derail conversation*
 - a. I'm going to jump in here. It sounds like we have differing views on this issue, which is fine, and I'm glad people feel comfortable disagreeing. Perhaps you could share your viewpoint on [redirect to question] and we'll make note of these differing opinions.

Appendix 3: CHOS Sampling & Analysis Methods

Probability-Based Sampling Methods

The CHNA Coordinating Team agreed to sample according to eight service zones across Wake County. These zones were sampled using a stratified random sampling method. This allowed residential addresses to be randomly selected in proportion to the population and household distribution.

Health Zone	2024 Population	Occupied Households	Total Addresses Selected
East	88,247	31,787	583
East Central	75,044	27,360	583
North Central	116,129	51,158	250
Northern	178,840	66,200	250
South Central	130,386	48,119	584
Southern	152,973	52,102	250
West	290,015	111,189	250
West Central	100,469	42,582	250
Total	1,132,103	430,497	3,000

Oversampling was used in zones that historically returned lower response rates from specific populations, usually underserved and underreached demographics. The Wake County residential parcel data were used to frame this sampling method.

In the 2024-2025 cycle, oversampling was done in both the East, East Central, and South Central service zones.

Health Zone	2024 Population	Occupied Households	Total Addresses Selected	% of Households Sampled
East	88,247	31,787	583	1.83
East Central	75,044	27,360	583	2.13
South Central	130,386	48,119	584	1.21

Postcards were dropped off for mailing in three rounds on the following dates: 8/29/24, 9/17/24, and a final date that was approved on 10/8/24 with instructions to be delivered by mid-October. There was no system in place to track undeliverable postcards that were returned to NCIPH as undelivered.

Weighted Survey Analysis Methods

Eligibility was based on age, Wake County residency, and agreement to participate. Respondents who were unsure about their service zone were geocoded into their appropriate zone based on zip code responses. Only non-spam, informative, and eligible responses were included in the final analysis. After data cleaning, 1,191 CHOS responses were analyzed. 148 responses (12%) were from postcard

recipients (randomly sampled households). This represents a 5% postcard response rate from the 3,000 households that were randomly selected, compared to a 4% response rate from the 2022 CHNA cycle.

The probability-based sample (households receiving postcards) and non-probability sample (all other survey respondents) were combined with a weighted analysis. Weighting was based on service zones, income levels, race, and education. The two samples each received their own weighting scheme as summarized below, and then a scaling factor was used to combine the two samples in a way that represented the total number of Wake County households.

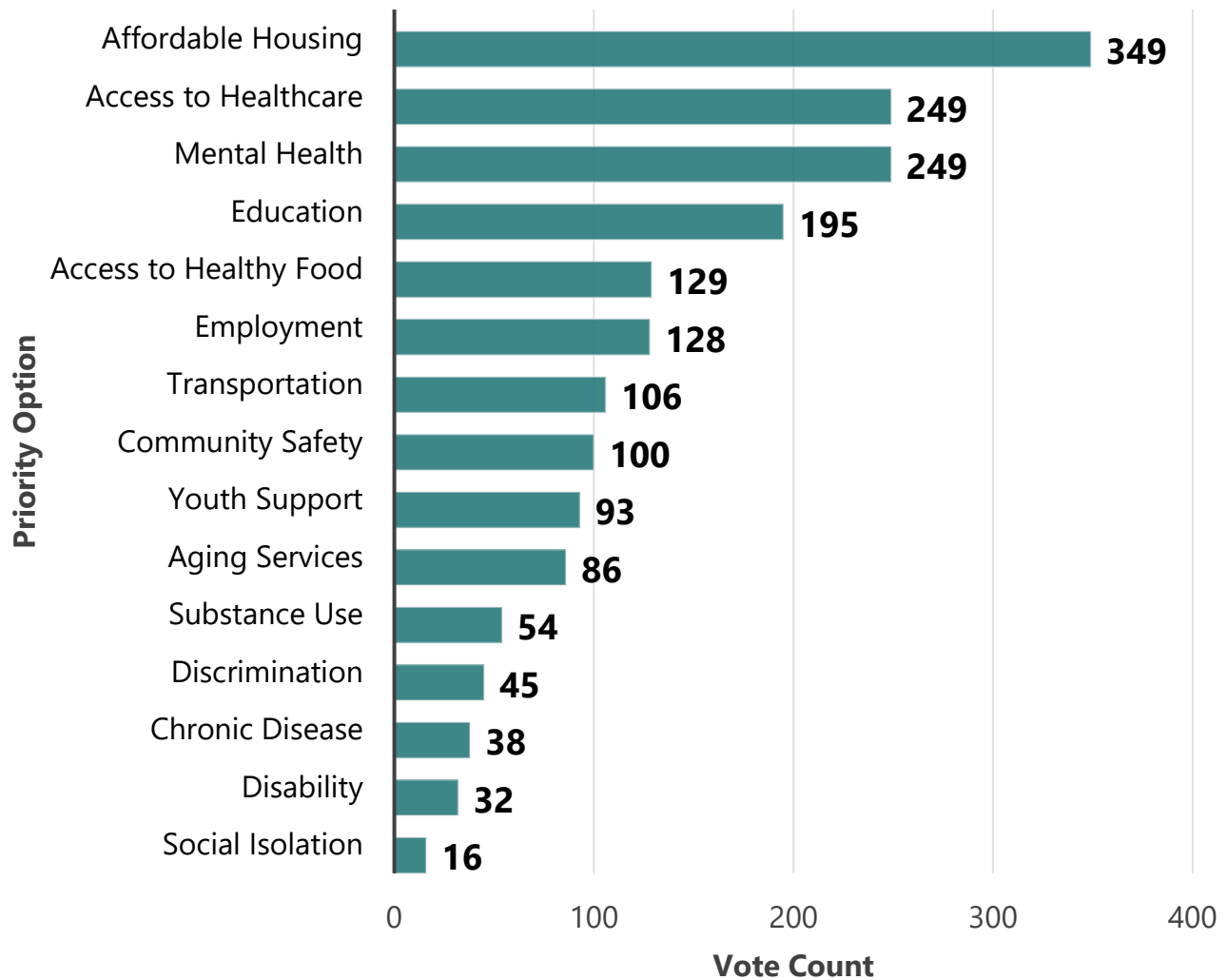
	Probability-Based Sample	Non-Probability Sample
Base Weight represents the probability of selection	Calculated based on the population within each service zone of Wake County	All responses were assigned a base weight of 1 as there was no estimable probability of selection
Coverage Weight represents an adjustment for non-response	Calculated as the inverse of the response rate for selected households	Calculated as the inverse of the response rate using stratum-specific population estimates
Post-stratification adjustment	None recommended	None recommended

The survey results were then stratified separately based on geographic region, race and ethnicity, annual household income, and educational attainment. Stratifications were selected by the LWWAT considering where there were enough CHOS respondents to meaningfully analyze a subpopulation, while also considering subpopulations that would be meaningful and actionable to analyze. For example, Hispanic of any race was included as a stratification as it is meaningful and actionable to analyze data from this demographic group; however, Hispanic respondents represented about 9% of CHOS respondents (unweighted), which made it harder to determine statistical differences between this group and the other race and ethnicity categories. Rather than basing the income and education stratifications based on tertile cutoffs, the categories were more intentionally selected to balance both statistical power and actionable subpopulations.

Appendix 4: Prioritization Survey

Prioritization Survey Results

Wake CHNA 2025 Prioritization Survey Results



Prioritization Survey Respondent Demographics

Information regarding the demographics of respondents to the prioritization survey, as compared to actual county demographics:

Race and Ethnicity			
Response	CHOS (N)*	Prioritization (N)	ACS 2023 1yr Estimate
American Indian or Alaskan Native	0.3% (1)	0.3% (2)	0.8%
Asian	2.9% (22)	2.7% (17)	9.4%
Black or African American	19.0% (173)	26% (163)	20.6%
Hispanic/Latino (of any race)	12.0% (81)	5.8% (36)	11.5%
Two or More Races	3.0% (29)	2.9% (18)	2.9%
White	62% (631)	52.2% (327)	66.3%

Total	937	626	-
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Note: CHOS data are weighted

Age			
Response	CHOS (N)*	Prioritization (N)	ACS 2023 1yr Estimate
20-29 years	9.0% (72)	8.3% (52)	13.1%
30-39 years	20% (182)	16.9% (106)	15.2%
40-49 years	23% (226)	23.5% (147)	14.6%
50-59 years	24% (218)	23.6% (148)	12.9%
60-69 years	16% (141)	13.6% (85)	10.3%
70-79 years	6.7% (56)	2.2% (14)	5.9%
>80 years	1.3% (15)	0.2% (1)	2.8%
Total	910	553	-

Note: CHOS data are weighed. <20 category was omitted from the CHOS to have accurate comparison to the Prioritization ranking data.

Gender			
Response	CHOS (N)*	Prioritization (N)	ACS 2023 1yr Estimate
Man	15% (155)	13.3% (83)	49%
Woman	71% (812)	73.3% (459)	51%
Non-binary	0.5% (8)	0.6% (4)	-
Genderqueer/ Gender Fluid	0.3% (5)	0.3% (2)	-
Transgender	0.3% (4)	0.2% (1)	-
Total	984	549	-

Note: CHOS data are weighed. Cisgender categories and self-identified categories were omitted for accurate/consistence with CHOS comparisons. Federal data may have omitted other category reports.

Prioritization Summary Sheets

The summary sheets below offer an overview of the health status in Wake County across nine key categories. They present data gathered from Wake community members through community conversations and the Community Health Opinions Survey, along with information from existing secondary data sources.

Overview of Community Health Needs Assessment Data Summary Sheets

The **Wake County Community Health Needs Assessment (CHNA)** is a comprehensive process used to evaluate and identify the key health needs and issues within Wake County, North Carolina. This assessment will help **guide health planning efforts and resource allocation to improve community well-being**. These summary sheets are intended to provide insight into the state of health in Wake County through nine key categories:

Demographics	Education	Access to Care
Community Cohesion	Economic Opportunity	Housing, Neighborhood, & Environment
Disease, Illness, and Injury	Mental Health & Substance Abuse	Reproductive and Child Health

These summary sheets include data collected directly from Wake community members through community conversations and the Community Health Opinions Survey, as well as from existing secondary data sources.

Multiple existing data sources were utilized for these summary sheets, including:

- North Carolina Department of Health and Human Services
- Centers for Disease Control and Prevention National Vital Statistics System
- U.S. Census Bureau American Community Survey.

The data points in this summary sheet are subject to collection, reporting, and classification limitations inherent to each source. Time lags exist for some datasets, and figures may not reflect the most current conditions. Data presented are standalone and should not be interpreted as directly connected trends. Data are cited on a data sources page.

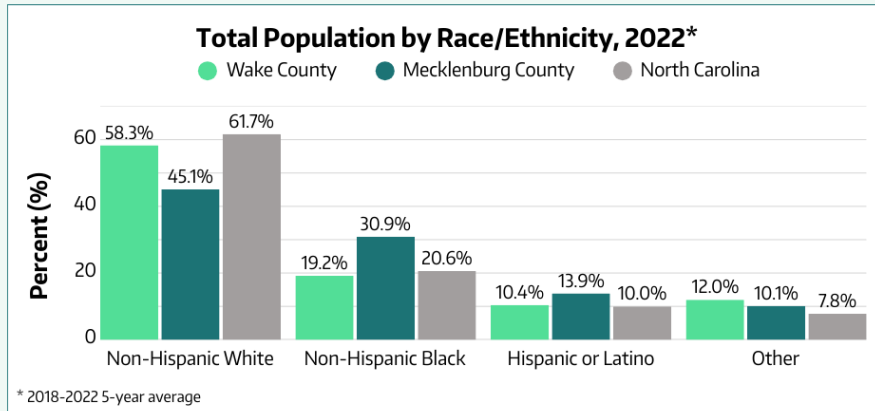
Findings from Community Conversations

Community Conversations are a valuable resource for **gaining insights into the stories and experiences of Wake County residents**. Six priority populations were selected for these conversations and engaged in 90-minute discussions about their experiences and ideas. Priority populations included: **veterans, older adults, people experiencing homelessness, African Americans, Asian Americans, and Hispanics**.

The **Community Health Opinion Survey** gathered insights into respondents' perceptions of health challenges and resources within their community. This opinion data provides a fuller understanding of community dynamics.

Demographics

The demographics of a county, such as age distribution, income levels, education attainment, and racial/ethnic composition, can provide critical insights into the health of its residents by highlighting potential disparities, social determinants of health, and access to resources that influence health outcomes.

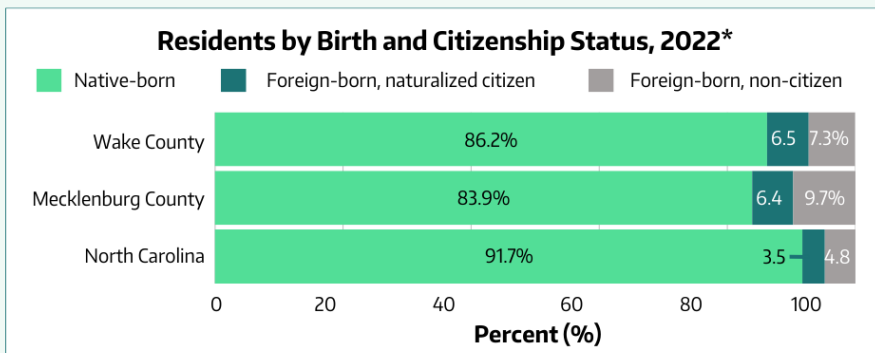


Wake County has a **more racially and ethnically diverse population** than the state average, reflecting demographic differences that may influence local community needs and resources. The U.S. Census Bureau does not collect estimates on undocumented residents and this population is not represented in this data.

In 2022, 8.8% of the population of Wake County had a disability.* By age group, only 3.5% of Wake County residents under 18 had a disability, compared to 7.1% among those 18–64 and 28.6% ages 65 or older.

* The American Community Survey defines disability based on six types of functional limitations or difficulties, including hearing, vision, cognitive, ambulatory, self-care, and independent living disabilities (U.S. Census Bureau, 2023).

A larger percentage of Wake County residents are foreign-born (13.8%) than North Carolina overall (8.3%), though less than Mecklenburg County (16.1%).



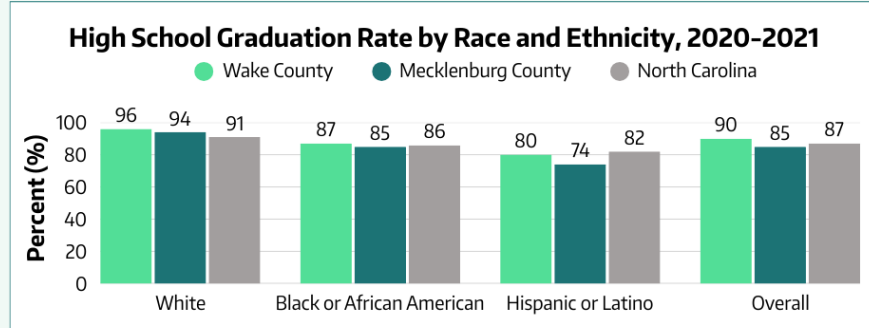
The birth rate in Wake County was lower than Mecklenburg County and North Carolina in 2022, at 11.23 live births per 1,000 population compared to 13.14 and 11.36, respectively. Birth rates were highest among Asian (13.09 births per 1,000) and Black (12.61) residents.

Findings from Community Conversations

Wake community conversation participants commented on rapid growth in the area due to people moving into the region, which has led to increased traffic, more jobs, and increased cost of living. Participants find their communities diverse in terms of race/ethnicity and age, but commented that resources offered within the county need to reflect the changing demographics of the area.

Education

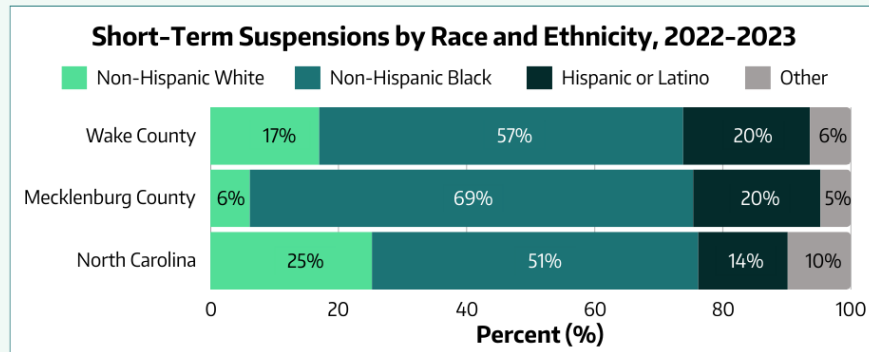
Education data provides insight into the state of education and school discipline in Wake County. Education improves health by enhancing health literacy, access to better jobs, and income, leading to healthier living conditions and care access.



Wake County outperforms Mecklenburg and North Carolina overall for high school graduation rate, although there are disparities when stratified by race and ethnicity.

While Wake County had an **overall graduation rate of 90%**, the rate was **96%** for white students, **87%** for Black or African American students, and **80%** for Hispanic or Latino students.

Wake County has a consistently low school drop out rate. From 2019-2023, Wake County had 1.33 drop outs per 100 students, compared to 2.53 drop outs per 100 students in Mecklenburg County.



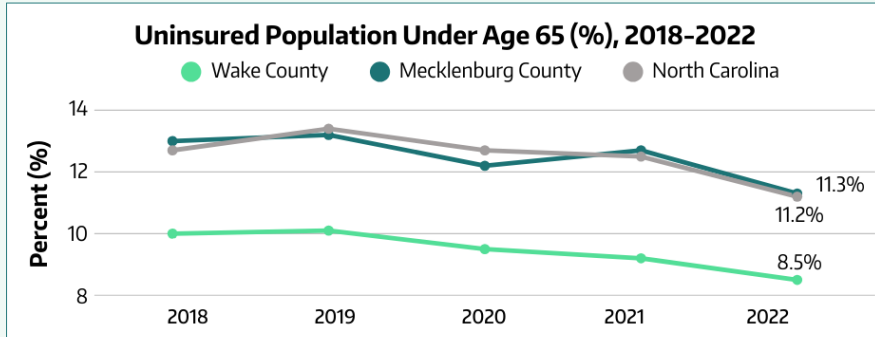
While Wake County has **lower rates of both short and long-term suspensions** than Mecklenburg County or North Carolina overall, there are evident racial and ethnic disparities in disciplinary action. Wake County had a total of **13,193 short-term suspensions** in 2023, compared to **22,721** in Mecklenburg in the same year.

Findings from Community Conversations

Community conversation participants shared that parents and guardians should be able to choose which schools their kids attend. Additionally, participants commented on the need for accessible ESL programs, school counselors and emotional/mental health services that support the "whole child", resources for post-secondary education and non-traditional career paths, translation of school emails and materials for non-English speakers, accessible after-school programs to support working parents, and reduced school-based violence and threats.

Access to Care

Access to care data provides insight into a county's health by highlighting disparities in healthcare availability, which can influence disease outcomes, preventive care utilization, and overall community well-being.

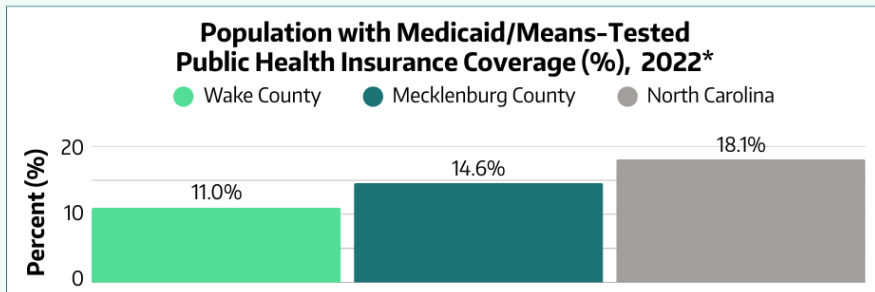


Wake County has a **lower proportion of uninsured individuals under age 65** compared to Mecklenburg County and North Carolina overall.

In 2024, Wake County had a **higher rate of dental health providers (64.5 per 100,000 population)** compared to Mecklenburg (61.2) and North Carolina (53.1). Dental health providers are essential to improving access to preventive care and treatment, reducing oral health disparities, and promoting overall health outcomes.

Wake County had **fewer licensed mental health facilities (239 vs. 347)** compared to Mecklenburg County in 2024, indicating gaps in access to mental health care.

Wake County has a smaller proportion of the population with Medicaid/means-tested public health insurance coverage alone than Mecklenburg and the state.



* 2018-2022 5-year average

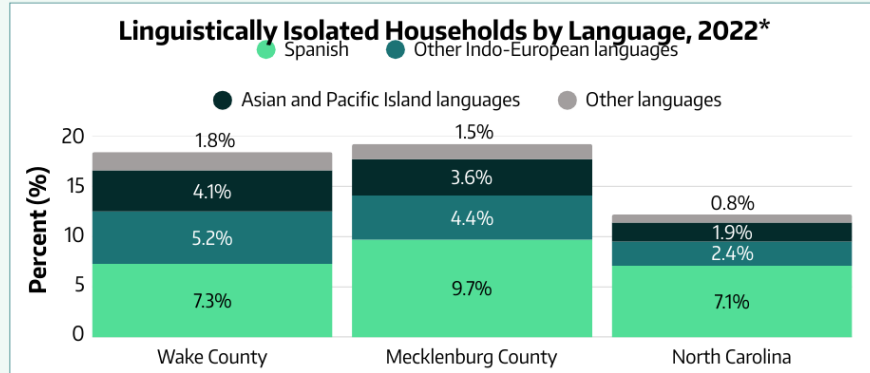
Access to care was ranked as a top three area most impacting community health by respondents in the Community Health Opinion Survey. **More than half of respondents felt that the county is doing good or excellent** in addressing access to healthcare, although approximately 21% of respondents reported **challenges to physical health access** within the past 12 months.

Findings from Community Conversations

Community conversation participants shared that accessing healthcare is difficult, burdensome, and expensive, and language barriers among non-English speakers make access more difficult. Delays are common, and private and public insurance is difficult to navigate. Participants find community organizations and health centers where all resources are in one place (i.e. healthcare providers, health education, pharmacy) to be most useful in accessing adequate healthcare.

Community Cohesion

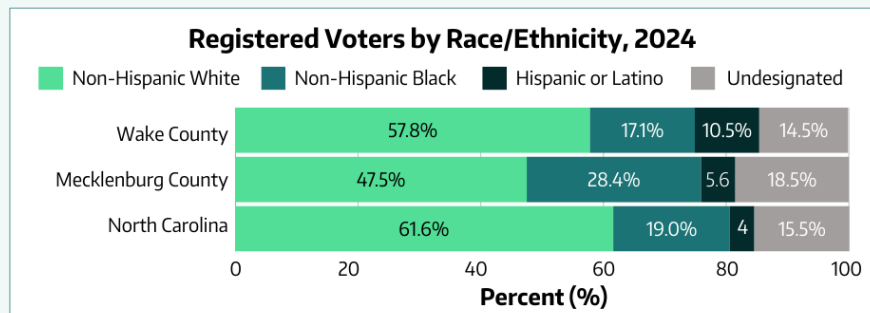
Community cohesion data offers insight into the health of a county by reflecting social stability, engagement, and the presence of structural barriers that can impact mental health, access to resources, and overall community resilience.



* 2018-2022 5-year average

In Wake County, **81.6%** of households speak only English. Wake County has a **slightly higher proportion of linguistically isolated households** speaking languages other than Spanish compared to both Mecklenburg and North Carolina.

Wake County had a higher rate of grocery stores and supermarkets (19.9 per 100,000 population) compared to Mecklenburg (18.9) and North Carolina overall (18.8) in 2022. However, 25% of the total population and 35% of children in Wake County live 1 mile or more from a grocery store, which is an indicator of low food access.



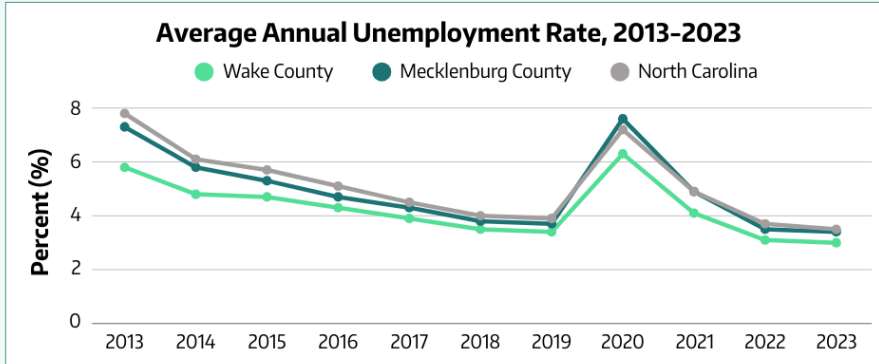
Wake County has a significantly higher percentage of Hispanic voters compared to Mecklenburg County and North Carolina. In the Community Health Opinion Survey, **more than 60% of respondents felt they can grow old in their community** and **over 70% felt connected and socially supported** in their community. Exactly **20%** felt their community was inaccessible to people with disabilities, and **there is a need for more affordable community resources for youth.**

Findings from Community Conversations

Community Conversation participants commented on experiences of social isolation and disconnectedness because of cultural or religious differences. Additionally, certain groups experienced social isolation as a result of the COVID-19 pandemic. Community members shared that Wake County is resource rich, and common places to access resources include churches, libraries, TV, networking, and doctor's offices. Participants shared that information about community resources is not cohesive.

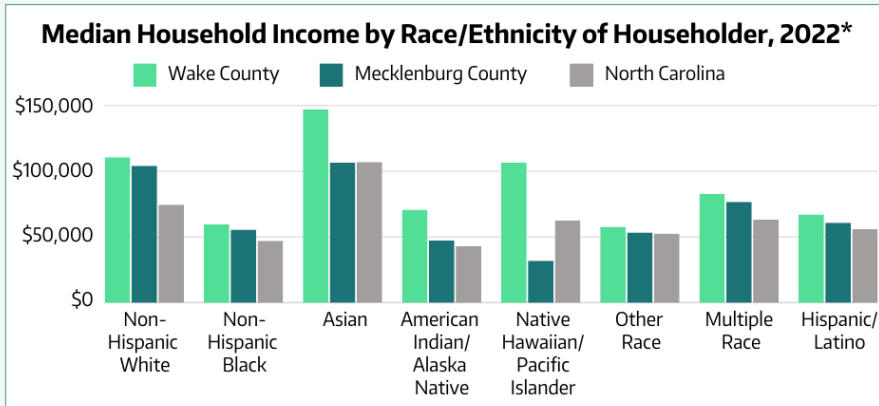
Economic Opportunity

Economic opportunity is a critical indicator of health, as access to stable income and employment directly influences residents' ability to afford healthcare, nutritious food, and safe housing. Counties with greater economic opportunities often experience better outcomes, including lower rates of chronic disease and higher life expectancy.



Wake County outperforms Mecklenburg County and North Carolina by several measures of economic opportunity. Wake County had a lower average annual unemployment rate over the last ten years, and a higher median household income across all racial/ethnic groups.

Wake County has had a **lower percentage of the population with income below 200% of the federal poverty level (FPL)**, with only 20% compared to 26.1% in Mecklenburg County and 31.6% in North Carolina overall in 2022.



* 2018-2022 5-year average

The **median household income in 2022 for Wake County was \$121,682**, compared to \$100,267 in Mecklenburg County and \$82,890 in North Carolina in the same year. This was highest among Asian householders with a median household income of \$147,267.

In the Community Health Opinion Survey, **over 60% of respondents reported that finding healthy and affordable food for themselves and their family was easy.**

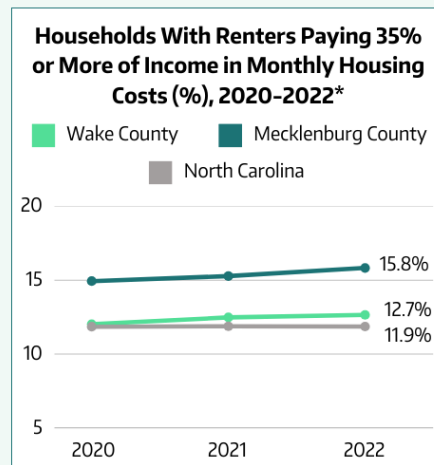
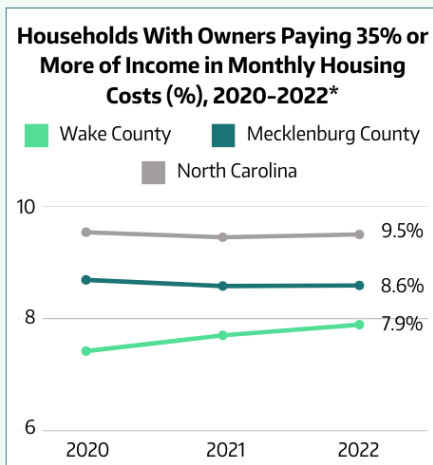
Findings from Community Conversations
Community conversation participants commented that cost is a major barrier to accessing healthcare, housing, and nutritious food, and more financial support (i.e. social security) is necessary to keep up with the rising costs of expenses. In Wake County, there are more jobs due to growth in the area, but these jobs are not necessarily well-paying.

Housing, Neighborhood, and Physical Environment



Housing, neighborhood, and physical environment shape health by influencing access to safe living conditions, healthy food, clean air, and green spaces, as well as environmental risks. High quality housing and equitable access to neighborhood resources can reduce health disparities and improve opportunities for healthy living.

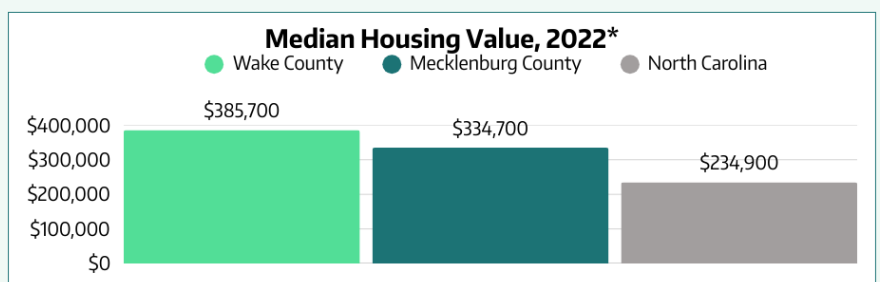
Affordable housing and homelessness was a priority in the previous CHA and rated as the **most important health concern** among Wake residents this year. In 2022, **Wake County had a total of 430,497 households**. Wake County also had 466,760 available housing units in 2022; 92.2% of housing units were occupied and 7.8% were vacant. Wake County had an estimated **1,534 individuals experiencing homelessness** at a given point in 2022.



* 2016-2020, 2017-2021, and 2018-2022 5-year averages

* 2016-2020, 2017-2021, and 2018-2022 5-year averages

The percent of households paying 35% or more of household income in monthly housing costs has **increased in Wake County over the last three years among both owners and renters**. Over 60% of Wake residents were unable to find affordable housing in their community, especially among lower income and Black respondents.



* 2018-2022 5-year average

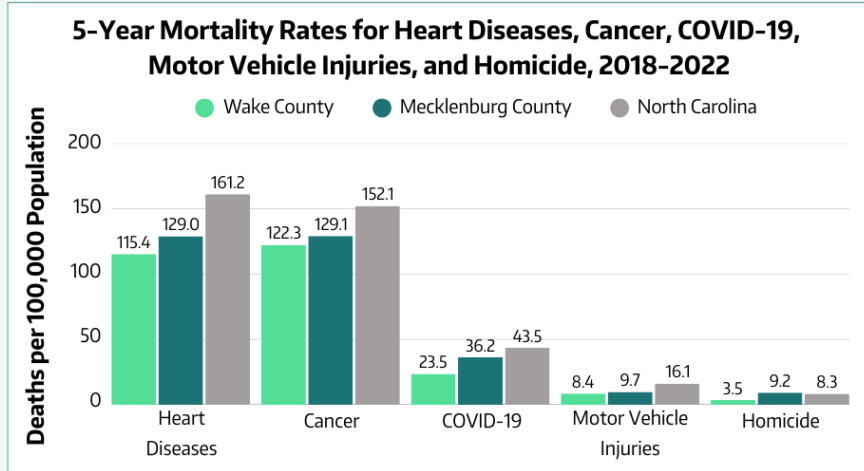
Wake County had a **higher median housing value** than Mecklenburg County (approximately \$51,000 greater) and North Carolina (\$150,800 greater) in 2022.

Findings from Community Conversations

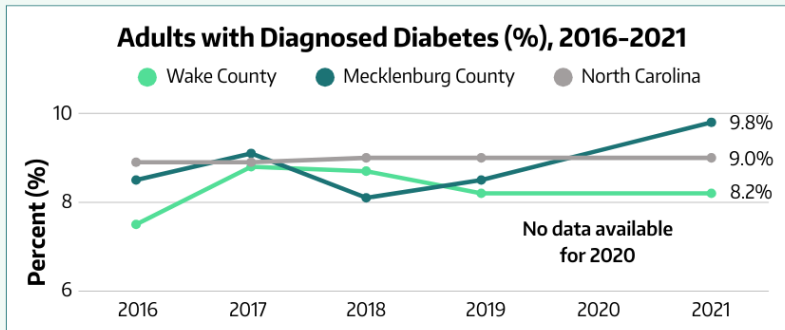
Community conversation participants shared that housing costs have increased over the past few years, and affordable housing is hard to find. There is also a perceived increase in crime, although participants generally feel safe. Additionally, participants commented on the need for better sidewalks, improvements in public transportation, accessible parks, greenways, and recreational resources.

Disease, Illness, and Injury

Disease, illness, and injury are vital indicators of a community's health, as they highlight the burden of chronic and acute conditions and the effectiveness of prevention and care systems. These metrics provide insights into healthcare needs, resource allocation, and the well-being and safety of the population.



From 2018-2022, the top four leading causes of death in North Carolina were heart disease, cancer, accidents, and COVID-19. **Mortality rates in Wake County were lower across all four leading causes and homicide** compared to Mecklenburg County and North Carolina overall. The rate of alcohol-related motor vehicle crash deaths was lower in Wake County, with only 1.9 deaths per 100,000 population compared to Mecklenburg County (2.9) and North Carolina overall (2.9).



In the Community Health Opinion Survey, **safety** was ranked as the **6th** most important to overall community health, but was **2nd** among Hispanic respondents, **4th** among Black respondents and **5th** among the lowest income respondents.

From 2018-2022, Wake County had a lower firearm mortality rate with 7.8 deaths per 100,000 population, compared to 13.8 deaths per 100,000 in Mecklenburg County and 15.5 in North Carolina overall.

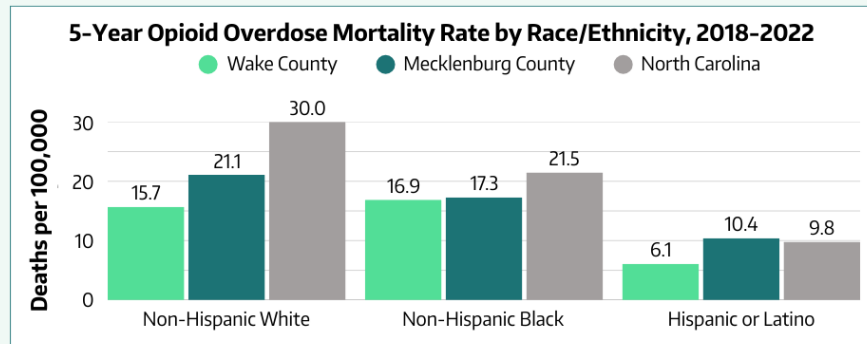
Findings from Community Conversations
 Community conversation participants shared that health issues have become more prevalent, and more prevention services are needed to counter the rise in chronic diseases, mental illness, and addiction.

Mental Health and Substance Use

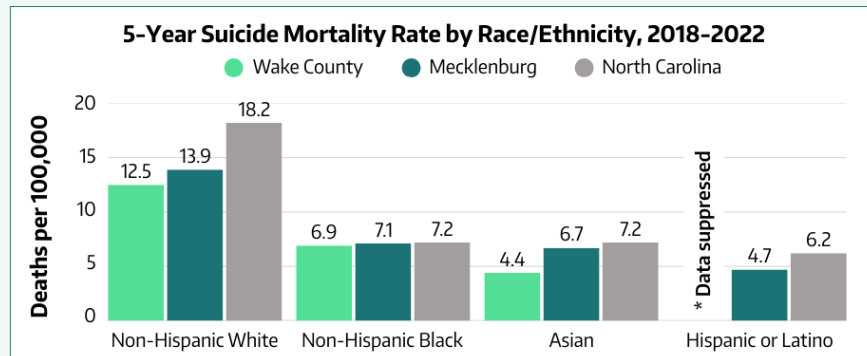
Mental health and substance use are critical indicators of a county's overall health, as they may reflect the prevalence of behavioral health challenges and the county's capacity to address them. These factors influence outcomes such as healthcare utilization, economic productivity, social cohesion, and public safety.

As of 2024, Wake County had an estimated 487 mental health facilities and 2,254 providers. There were 199.57 mental health providers per 100,000 people. **Mental health was a priority in the previous CHA.** In the Community Health Opinion Survey:

- Most Wake respondents rated progress on this issue as fair or average. This was lower among low income, less educated, and Black or African American respondents.
- Wake respondents reported they would like to direct resources towards persons with mental illness. Only 31% reported seeking care from mental health care providers.



Wake County has a **lower rate of opioid overdose mortality** than Mecklenburg County and North Carolina overall. The rate is slightly lower among Black or African American residents and much lower among white and Hispanic or Latino residents.



* Note: Rates based on small numbers (fewer than 20 cases) are unstable and not reported.

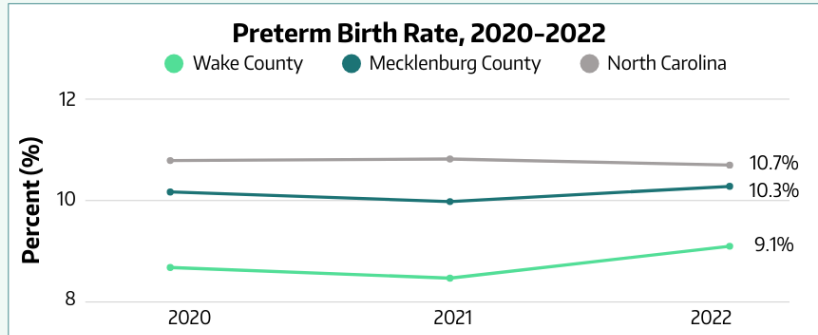
In 2022, Wake County had a slightly lower suicide rate with 9.5 deaths per 100,000 total population compared to Mecklenburg County (9.8) and North Carolina (14.0). When stratified by gender, the suicide rate in Wake County was 15.0 deaths per 100,000 for men and 4.3 for women.

Findings from Community Conversations

Community conversation participants spoke about the rise in youth mental illness, social isolation among older adults, and the need for crisis intervention trainings to ensure that police, social workers, and other professionals who may interact with people experiencing mental health crises are trained in compassionate care. Participants discussed barriers to accessing mental healthcare, such as long wait times, costs, language barriers, lack of or inexperienced providers, inadequate suicide prevention hotlines, inadequate insurance, and outdated resource lists.

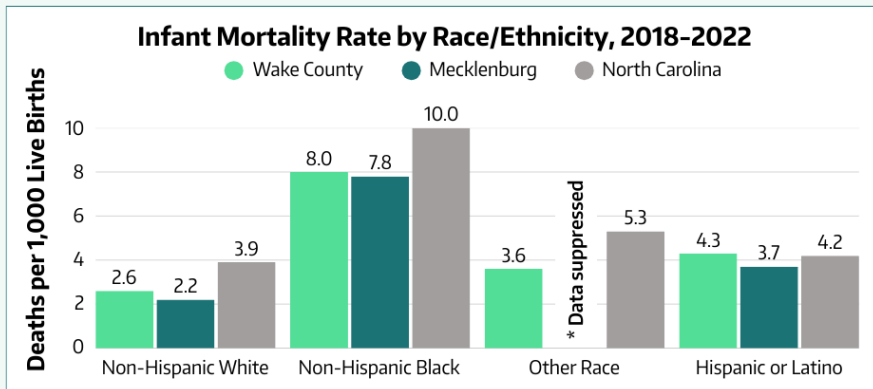
Reproductive and Child Health

Reproductive and child health directly influence a community's health by shaping maternal and infant outcomes, future population health, and economic productivity. Healthy pregnancies and children set the foundation for long-term well-being, reducing healthcare costs and promoting social stability.



Wake County has a **lower preterm birth rate** than Mecklenburg County or North Carolina overall, but it has been trending upwards over the last three years. Wake County had **slightly higher rates of infant mortality** than Mecklenburg County across multiple racial/ethnic groups. **About 2.3% of births in Wake County were to teen parents**, lower than Mecklenburg County (3.6%) and North Carolina (4.1%).

In 2022, approximately 24.2% of children under 18 in Wake County were living below 200% of the FPL, compared to 36.2% in Mecklenburg County and 41.1% in North Carolina overall.



In the Community Health Opinion Survey, **over 70% of Wake residents agreed their community is a good place to have a baby** and **over 80% agreed that their community is a good place to raise children**, although there was lower agreement among lower income and Black or African American respondents. Wake respondents reported a **need for more affordable opportunities for youth**, particularly among lower income and Black or African American respondents.

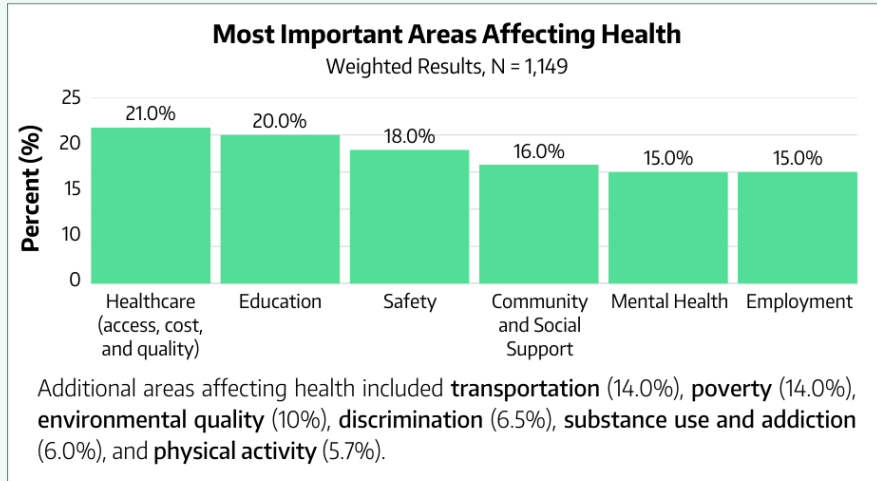
Findings from Community Conversations

Community conversation participants reported that receiving prenatal care and getting connected with resources and providers can be difficult, and sometimes, it takes weeks to months to access regular reproductive care..

Community Health Opinion Survey



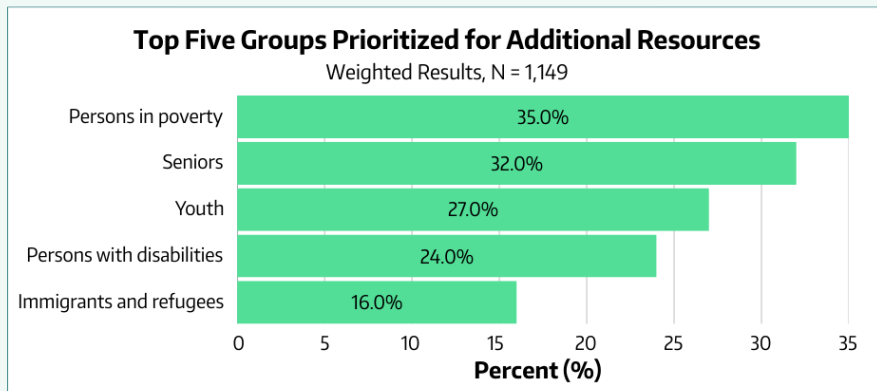
The Community Health Opinion Survey collects feedback from Wake County residents about their health experiences, challenges, and priorities. The survey aims to identify key health concerns, community strengths, and areas for improvement, helping to shape programs and services that promote a healthier, happier Wake County. The CHOS received 1,149 responses (88% via web surveys and 12% via postcards).



The CHOS revealed many strengths where respondents believe Wake County is doing well. There was more than 50% agreement that the county is doing well in **access to health care services, economic opportunity, social support** (over 70%), and a **clean and safe environment** (over 80%). Over 70% of respondents agreed that their community is a good place to raise children.

There were some notable disparities in respondents' agreement with the strengths of Wake County. Lower-income and lower-educated respondents **consistently rated services lower**, especially in housing, mental health, and economic opportunities. **Disparities existed for Black respondents** (especially in healthcare, housing, and safety) and **East Wake respondents** (healthcare, economic opportunity, and social cohesion).

Some community weaknesses identified in the CHOS included housing, accessibility, and the resource availability. **Over 50%** of respondents felt the county was doing **poorly in providing affordable housing**, and **only 33%** felt their community was accessible for **people with disabilities**. There was less than 50% agreement among respondents asked if they could find resources for sexual health, substance abuse, mental health, or youth.



Data Sources



Indicator	Source	Years
Access to Care		
Uninsured Population Under Age 65	US Census Bureau, Small Area Health Insurance Estimates.	2018-2022
Population Receiving Medicaid/Means-Tested Public Coverage Alone	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table S2704.	2018-2022
Licensed Mental Health Facilities	North Carolina Division of Health Service Regulation. Accessed October 2024.	2024
Addiction/Substance Use Providers	Centers for Medicare and Medicaid Services, CMS - National Plan and Provider Enumeration System (NPPES). Accessed September 2024.	2024
Dental Health Providers	Centers for Medicare and Medicaid Services, CMS - National Plan and Provider Enumeration System (NPPES). Accessed September 2024.	2024
Community Cohesion		
Linguistically Isolated Households by Language	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table C16002.	2018-2022
Grocery Stores and Supermarkets	US Census Bureau, County Business Patterns. Additional data analysis by CARES.	2022
Low-Income and Low Access to a Grocery Store	U.S. Department of Agriculture. Food Access Research Atlas Data Download 2019. Last Updated 4/27/2019.	2019
Registered Voters by Race/Ethnicity	North Carolina State Board of Elections. Voter Registration Data: Current Registered Voter Stats and Historical Voter History Stats. 2024. Accessed October 2024.	2024
Demographics		
Total Population by Combined Race and Ethnicity	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table DP05.	2018-2022
Population with Any Disability	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table S1810	2018-2022
Residents by Birth and Citizenship Status	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table B05002.	2018-2022
Live Birth Rate	NC Department of Health and Human Services, North Carolina State Center for Health Statistics. 2024 - County Health Data Book.	2020-2022
Disease, Illness, & Injury		
Heart Disease Mortality Rate	NC Department of Health and Human Services, North Carolina State Center for Health Statistics. 2024 - County Health Data Book.	2018-2022
Cancer Mortality Rate	NC Department of Health and Human Services, North Carolina State Center for Health Statistics. 2024 - County Health Data Book.	2018-2022
COVID-19 Mortality Rate	NC Department of Health and Human Services, North Carolina State Center for Health Statistics. 2024 - County Health Data Book.	2018-2022
Unintentional Motor Vehicle Injuries Mortality Rate	NC Department of Health and Human Services, North Carolina State Center for Health Statistics. 2024 - County Health Data Book.	2018-2022
Homicide Mortality Rate	NC Department of Health and Human Services, North Carolina State Center for Health Statistics. 2024 - County Health Data Book.	2018-2022
Adults with Diagnosed Diabetes	Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion.	2016-2021
Firearm Mortality Rate	Centers for Disease Control and Prevention, CDC - National Vital Statistics System. Accessed via CDC WONDER.	2018-2022
Economic Opportunity		
Average Annual Unemployment Rate	US Department of Labor, Bureau of Labor Statistics. 2024 - July.	2013-2023
Population Below 200% FPL	US Census Bureau, American Community Survey, 5-Year Estimates: Table S1701.	2018-2022
Median Household Income	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table S1903.	2018-2022
Education		
High School Graduation Rate	US Department of Education, EDData. Additional data analysis by CARES.	2020-2021
Dropout Rate	NC Department of Public Instruction. Table D11.	2019-2023
Short-Term Suspensions	NC Department of Public Instruction. Table S11.	2022-2023
Housing, Neighborhood, & Physical Environment		
Total Households	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table S1101.	2018-2022
Total Housing Units	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table DP04.	2018-2022
Occupied housing units	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table DP04.	2018-2022
Vacant housing units	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table DP04.	2018-2022
Households With Owners Paying 35% or More of Income in Monthly Housing Costs	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table DP04.	2016-2020, 2017-2021, 2018-2022
Households with Renters Paying 35% or More of Income in Monthly Housing Costs	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table DP04.	2016-2020, 2017-2021, 2018-2022
Individuals Experiencing Homelessness	NC Coalition to End Homelessness. Point-in-Time (PIT) Count Data.	2022
Median Housing Value	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table DP04.	2018-2022
Mental Health & Substance Use		
Opioid Overdose Mortality Rate by Race/Ethnicity	Centers for Disease Control and Prevention, CDC - National Vital Statistics System. Accessed via CDC WONDER.	2018-2022
Suicide Mortality Rate by Race/Ethnicity	Centers for Disease Control and Prevention, CDC - National Vital Statistics System. Accessed via CDC WONDER.	2018-2022
Suicide Mortality Rate by Gender	Centers for Disease Control and Prevention, CDC - National Vital Statistics System. Accessed via CDC WONDER.	2018-2022
Mental Health Facilities	Centers for Medicare and Medicaid Services, CMS - National Plan and Provider Enumeration System (NPPES).	2024
Mental Health Providers	Centers for Medicare and Medicaid Services, CMS - National Plan and Provider Enumeration System (NPPES).	2024
Reproductive & Child Health		
Preterm Birth Rate	NC Department of Health and Human Services, North Carolina State Center for Health Statistics, North Carolina Health Data Query System, Birth Data.	2020-2022
Infant Mortality Rate	NC Department of Health and Human Services, North Carolina State Center for Health Statistics. 2024 - County Health Data Book.	2018-2022
Children Below 200% FPL	U.S. Census Bureau. American Community Survey, 5-Year Estimates: Table S1702.	2018-2022

Appendix 5: Health Resources Inventory

Health Care Facilities

Acute Care Hospitals	City	Website	Phone Number
Duke Raleigh Hospital	Raleigh	https://www.dukehealth.org/hospitals/duke-raleigh-hospital	919-954-3000
UNC Rex Hospital	Raleigh	https://www.rexhealth.com/rh/	919-784-3100
WakeMed Raleigh	Raleigh	https://www.wakemed.org/location/raleigh-campus	919-350-8000
WakeMed Cary	Cary	https://www.wakemed.org/location/cary-hospital	919-350-8000

Source: DHHS Licensed Facilities as of May 14, 2021

Ambulatory Surgery/ GI Endoscopy Centers	City	Website	Phone Number
Blue Ridge Surgery Center	Raleigh	https://blueridgesurgerycenter.com/	919-781-4311
Capital City Surgery Center	Raleigh	https://www.capitalcitysurgery.com/	919-322-4800
Center for Digestive Diseases & Cary Endoscopy CTR, PC	Cary	https://centerfordigestivediseases.com/	919-854-0041
Duke GI at Brier Creek	Raleigh	https://www.dukehealth.org/locations/duke-gastroenterology-clinic-brier-creek	919-405-2341
Gastrointestinal Healthcare, PA	Raleigh	https://www.giraleigh.com/	919-870-1311
Holly Springs Surgery Center, LLC	Holly Springs	https://hssurgery.com/	919-762-4030
Kurt Vernon, MD PA	Fuquay -Varina	https://giguy.net/	919-577-0085
RAC Surgery Center, LLC	Raleigh	No website found	919-747-7820
Raleigh Endoscopy Center	Raleigh	https://raleighendoscopy.com/locations/	919-249-5246
Raleigh Endoscopy Center – Cary	Cary	https://raleighendoscopy.com/locations/	919-249-5087

Raleigh Endoscopy Center – North	Raleigh	https://raleighendoscopy.com/locations/	919-249-5902
Raleigh Orthopaedic Surgery Center	Raleigh	https://www.raleighortho.com/locations/surgery-center/	919-719-3070
Raleigh Orthopaedic Surgery Center – West Cary	Cary	https://www.raleighortho.com/locations/pant-her-creek-surgery-center/	919-582-3050
Raleigh Plastic Surgery Center, Inc.	Raleigh	https://raleighplasticsurgery.com/	919-872-2616
REX Surgery Center of Cary, LLC	Cary	https://www.rexhealth.com/rh/hospitals-locations/profile/rex-surgery-center-of-cary/	919-415-1360
REX Surgery Center of Wakefield	Raleigh	https://www.rexhealth.com/rh/hospitals-locations/profile/rex-surgery-center-of-wakefield/	919-570-7500
Surgical Center for Dental Professionals of Raleigh	Raleigh	https://www.dentalsurgicalcenter.com/	919-526-1000
Triangle Gastroenterology	Raleigh	http://www.trianglegi.com/home.php	919-881-9999
Triangle Orthopedics Surgery Center, LLC	Raleigh	http://www.triangleorthosurgerycenter.com/	919-596-8524
W.F. Endoscopy Center, LLC	Wake Forest	https://wfendo.com/	919-439-3393
Wake Endoscopy Center, LLC	Raleigh	https://wakeendoscopy.com/	919-783-4888

Source: DHHS Licensed Facilities as of May 14, 2021

Nursing Facilities	City	Website	Phone Number
BellaRose Nursing and Rehab	Garner	http://www.bellarosehealth.com/	919-985-8400
Brittany Place	Cary	No website found	919-234-0318
Capital Nursing and Rehabilitation Center	Raleigh	https://libertyhealthcareandrehab.com/capitalnursing/	919-231-6045
Cary Health and Rehabilitation Center	Cary	https://centers.consulatehealthcare.com/II/US/NC/Cary/6590-Tryon-Rd	919-851-8000
Dan E & Mary Louise Stewart Health Center	Raleigh	No website found	919-848-7154
Glenaire	Cary	https://www.glenaire.org/	800-225-9573

Hillcrest Raleigh at Crabtree Valley	Raleigh	https://hillcrestnc.com/raleigh-nc/	919-781-4900
Hillside Nursing Center of Wake Forest	Wake Forest	http://hillsidenursingcenter.com/	919-556-4082
Litchford Falls Healthcare and Rehabilitation Center	Raleigh	https://www.choice-health.net/rehabilitation/inpatient	919-878-7772
Pruitt Health-Raleigh	Raleigh	https://www.pruitthealth.com/microsite/facilityid420	919-755-0226
Raleigh Rehabilitation Center	Raleigh	https://www.raleighrehabhc.com/	919-828-6251
Sunnybrook Rehabilitation Center	Raleigh	https://www.sunnybrookrehab.com/	919-231-6150
Swift Creek Health Center	Cary	https://www.thetempletonofcary.com/swift-creek-health-center	984-200-3688
The Cardinal at North Hills	Raleigh	https://lifeatthecardinal.com/	984-204-8444
The Laurels of Forest Glenn	Garner	https://www.laurelsofforestglenn.com/	919-772-8888
The Oaks at Whitaker Glen-Mayview	Raleigh	https://www.pruitthealth.com/microsite/facilityid524	919-828-2348
The Rosewood Health Center	Raleigh	https://thecypressofraleigh.com/health-care/rosewood-health-center/	919-870-9007
Tower Nursing and Rehabilitation Center	Raleigh	http://www.townernursing.com/	919-231-8113
UNC REX Rehabilitation and Nursing Care Center of Apex	Apex	https://www.rexhealth.com/rh/hospital-s-locations/profile/unc-rex-rehabilitation-and-nursing-care-center-of-apex/	919-363-6011
UNC REX Rehabilitation and Nursing Care Center of Raleigh	Raleigh	https://www.rexhealth.com/rh/hospital-s-locations/profile/unc-rex-rehabilitation-and-nursing-care-center-of-raleigh/	919-784-6600
Universal Health Care/Fuquay-Varina	Fuquay-Varina	https://www.choice-health.net/rehabilitation/inpatient	919-577-0421
Universal Health Care/North Raleigh	Raleigh	https://www.choice-health.net/rehabilitation/inpatient	919-872-7033

Wellington Rehabilitation and Healthcare	Knightdale	https://centers.consulatehealthcare.com/II/US/NC/Knightdale/1000-Tandall-PI	919-266-7744
Windsor Point Continuing Care Retirement Community	Fuquay-Varina	https://windsorpoint.com/	919-552-4580
Zebulon Rehabilitation Center	Zebulon	https://www.zebulonrehab.com/	919-269-9621

Source: DHHS Licensed Facilities as of June 14, 2021

Hospice Facilities	City	Website	Phone Number
Amedisys Hospice	Garner	https://locations.amedisys.com/nc/garner/amedisys-hospice-care.html	919-773-4865
Community Home Care & Hospice	Cary	https://communityhch.com/locations/community-home-care-hospice-cary/	919-233-1100
Continuum Home Care and Hospice of Wake County	Raleigh	No website found	252-975-1636
Duke Homecare and Hospice	Durham	https://www.dukehealth.org/treatments/home-care-and-hospice	919-620-3853
Heartland Home Health Care and Hospice	Raleigh	https://www.heartlandhospice.com/find-an-agency/heartland-hospice-services-of-raleigh/	919-877-9959
Liberty Home Care and Hospice	Wendell	https://libertyhomecare.com/	919-850-4303
Transitions LifeCare	Raleigh	https://www.transitionslifecare.org/	919-828-0890

Source: DHHS Licensed Facilities as of May 14, 2021

Adult Care Homes	City	Website	Phone Number
Brighton Gardens of Raleigh	Raleigh	https://www.sunriseseniorliving.com/communities/brighton-gardens-of-raleigh/about.aspx	919-439-4698
Brookdale Cary	Cary	https://www.brookdale.com/en/communities/brookdale-cary.html	919-346-4097

Brookdale MacArthur Park	Cary	https://www.brookdale.com/en/communities/brookdale-macarthur-park.html	919-246-4523
Brookdale Wake Forest	Wake Forest	https://www.brookdale.com/en/communities/brookdale-wake-forest.html	919-562-8400
Brookridge Assisted Living	Apex	No website found	919-362-6266
Cadence Garner	Garner	https://cadencenorthcarolina.com/our-locations/cadence-garner/	919-773-1550
Cadence North Raleigh	Raleigh	https://cadencenorthcarolina.com/our-locations/cadence-north-raleigh/	919-876-6316
Cadence at Wake Forest	Wake Forest	https://cadencenorthcarolina.com/our-locations/cadence-at-wake-forest/	919-569-2101
Carillon Assisted Living of Fuquay-Varina	Fuquay-Varina	https://www.carillonassistedliving.com/	919-852-4000
Carillon Assisted Living of Garner	Garner	https://www.carillonassistedliving.com/	919-773-1550
Carillon Assisted Living of Knightdale	Knightdale	https://www.carillonassistedliving.com/	919-8522-4000
Carillon Assisted Living of North Raleigh	Raleigh	https://www.carillonassistedliving.com/	919-8522-4000
Carillon Assisted Living of Wake Forest	Wake Forest	https://www.carillonassistedliving.com/	919-8522-4000
Chatham Commons	Cary	https://wakecountyseniors.com/	919-469-9309
Coventry House of Zebulon	Zebulon	https://zebulonseniorliving.com/	919-375-4504
Elmcroft of Northridge	Raleigh	https://www.elmcroft.com/community/elmcroft-of-northridge-north-carolina/	919-848-4906
Falls River Court Memory Care Community	Raleigh	https://www.seniorlifestyle.com/property/north-carolina/falls-river-court/	919-844-2499
Falls River Village Assisted Living Community	Raleigh	https://www.seniorlifestyle.com/property/north-carolina/falls-river-village/	919-844-9747
HeartFields at Cary	Cary	https://www.fivestarseniorliving.com/communities/nc/cary/heartfields-at-cary	919-852-5757

Lawndale Manor	Garner	http://www.lawndalemanorassistedliving.com/	919-662-0099
Magnolia Glenn	Raleigh	https://www.kiscoseniorliving.com/senior-living/nc/raleigh/magnolia-glen/	919-841-4747
Morningside of Raleigh	Raleigh		919-828-5557
North Pointe Assisted Living of Garner	Garner	No website found	919-779-4560
Oliver House	Wendell	https://wendellseniors.com/	919-366-9737
Phoenix Assisted Care	Cary	No website found	919-460-8644
Spring Arbor of Apex	Apex	https://www.springarborliving.com/nc/apex/spring-arbor-of-apex/	919-303-9990
Spring Arbor of Cary	Cary	https://www.springarborliving.com/nc/cary/spring-arbor-of-cary/	919-388-9635
Spring Arbor of Raleigh	Raleigh	https://www.springarborliving.com/nc/raleigh/spring-arbor-of-raleigh/	919-250-0255
Sunrise at North Hills	Raleigh	https://www.sunriseseniorliving.com/communities/sunrise-at-north-hills/about.aspx	919-981-6100
Sunrise of Cary	Cary	https://www.sunriseseniorliving.com/communities/sunrise-of-cary/about.aspx	919-462-9147
Sunrise of Raleigh	Raleigh	https://www.sunriseseniorliving.com/communities/sunrise-of-raleigh/about.aspx	919-787-0777
The Addison of Fuquay-Varina	Fuquay-Varina	https://www.seniorlifestyle.com/property/north-carolina/the-addison-of-fuquay-varina/	919-577-8102
The Addison of Knightdale	Knightdale	https://www.seniorlifestyle.com/property/north-carolina/the-addison-of-knightdale/	919-266-6676
The Covington	Raleigh	https://thecovingtonseniors.com/	919-791-1981
The Reserve at Mills Farm	Apex	https://reserve-millsfarm.com/	919-629-0296
Wake Assisted Living	Raleigh	https://wakememorycare.com/	919-213-7575
Waltonwood Cary Parkway	Cary	https://www.waltonwood.com/senior-living/nc/cary/waltonwood-cary-pkwy/	919-460-7330

Waltonwood Lake Boone	Raleigh	https://www.waltonwood.com/senior-living/nc/raleigh/waltonwood-lake-boone/	984-232-0528
Woodland Terrace	Cary	https://www.kiscoseniorkiving.com/senior-living/nc/cary/woodland-terrace/	919-465-0356
Zebulon House	Zebulon	No website found	919-269-6061

Source: DHHS Licensed Facilities as of June 14, 2021

Family Care Homes	City	Website	Phone Number
A Good Life Family Care Home	Raleigh	No website found	919-834-3966
Adorable Family Care Home	Raleigh	No website found	919-754-0529
Agape Family Care Home #1	Raleigh	No website found	919-234-0016
Agape House – Stonehollow	Cary	No website found	919-234-6556
Allcare Assisted Living	Garner	No website found	919-661-0289
Ann’s Family Care #4	Raleigh	No website found	919-803-6580
Ann’s Family Care #6	Raleigh	No website found	919-615-1466
Ann’s Family Care #7	Raleigh	No website found	919-231-1626
Ann’s New Day	Raleigh	No website found	919-790-7663
Ann’s Sunrise II	Raleigh	No website found	919-720-4011
Avendelle Assisted Living on Maynard	Cary	https://avendelle.com/avendelle-locations/avendelle-on-maynard/	919-650-1676
Avendelle Assisted Living at Carlton Pointe	Rolesville	https://avendelle.com/avendelle-locations/avendelle-at-carlton-pointe/	919-435-4459
Avendelle Assisted Living at Fuquay	Fuquay-Varina	https://avendelle.com/avendelle-locations/avendelle-at-fuquay/	857-413-7599
Avendelle Assisted Living at Heritage	Rolesville	https://avendelle.com/avendelle-locations/avendelle-at-heritage/	919-435-6145
Avendelle Assisted Living at Rolesville	Rolesville	https://avendelle.com/avendelle-locations/avendelle-at-rolesville/	919-263-8119
Avendelle Assisted Living at Shepherds Vineyard	Apex	https://avendelle.com/avendelle-locations/avendelle-at-shepherds-vineyard/	919-446-6222

Avendelle Assisted Living at Southern Oaks	Fuquay-Varina	https://avendelle.com/avendelle-locations/avendelle-at-southern-oaks/	919-762-7219
Avendelle Assisted Living at Waterford Landing	Raleigh	https://avendelle.com/avendelle-locations/avendelle-at-waterford-landing/	919-255-6890
Avendelle Assisted Living at Wyckford	Raleigh	https://avendelle.com/avendelle-locations/avendelle-at-wyckford/	919-231-7008
Avendelle Assisted Living on Lazy River	Raleigh	https://avendelle.com/avendelle-locations/avendelle-at-lazy-river/	919-888-0008
Avendelle Assisted Living on Tryon	Cary	https://avendelle.com/avendelle-locations/avendelle-on-tryon/	984-242-0180
Bright Horizon	Raleigh	https://brighthorizoncare.com/	919-720-4884
Bright Horizon at Lake Boone	Raleigh	https://brighthorizoncare.com/	919-977-9574
Bright Horizon at North Hills	Raleigh	https://brighthorizoncare.com/	919-852-3918
Brightside Homes 2	Raleigh	No website found	919-986-8800
Brightside Homes III	Raleigh	No website found	919-986-8800
Brown's Family Care Home	New Hill	No website found	919-362-6686
Care Innovations of North Carolina	Knightdale	No website found	919-749-7677
Cary Family Care	Cary	http://caryfamilycare.com/	919-323-9443
Chantilly Care Home at Riverstone	Wake Forest	https://chantillycarehome.com/	919-726-8999
Compassionate Place Home	Raleigh	No website found	919-325-0722
Cottage Care at Traditions	Wake Forest	No website found	984-235-1425
Dedove Homes Inc at Riverknoll	Raleigh	No website found	919-771-7157
Elsie's Place	Raleigh	No website found	919-847-9495
Fairfax Hills Senior Living	Raleigh	No website found	919-744-8125
Gracie Sturdivant @ North Raleigh	Raleigh	No website found	919-846-2389
Gracie Sturdivant Care Home	Knightdale	No website found	919-217-8984

Heart to Live	Cary	https://hearttolive.com/	919-694-5294
Jackson Family Care Home	Zebulon	No website found	919-404-0628
Kelley's Family Care Home	Raleigh	https://www.kelleysfamilycare.com/	919-896-4195
Kelley's Family at Drayton Reserve	Wake Forest	https://www.kelleysfamilycare.com/	919-266-8167
Lakepark Family Care Home	Raleigh	http://www.lakeparkfamilycarehome.com/	919-977-3364
LiveWell Cary	Cary	https://www.livewellassistedliving.com/investinlivewell/	919-719-9127
LiveWell Raleigh on Brassfield Road	Raleigh	https://www.livewellassistedliving.com/overview/livewell-cary/	919-719-9127
Lynn's Home at Riverside	Raleigh	https://welcome.lynnscarevillage.com/lynns-care-home-at-riverside	919-621-9670
Lynn's Care Home at Sandy Forks	Raleigh	https://welcome.lynnscarevillage.com/lynns-care-home-at-sandy-forks	919-621-9670
Lyra Family Care	Cary	No website found	919-665-8984
M & D Anchorage Alternative Living	Fuquay-Varina	https://www.mdanchorage.net/	919-332-2032
Mercy Manor at Saybrooke	Raleigh	No website found	919-878-1912
Mims Family Care Home	Holly Springs	No website found	919-552-6455
North Carolina Assisted Living No 2	Raleigh	No website found	919-345-4425
North Hills Senior Living	Raleigh	https://www.northhillsseniorliving.com/	919-571-2556
Novelty Healthcare III	Rolesville	No website found	919-395-4425
Novelty Healthcare Services	Raleigh	No website found	919-395-4425
Novelty Healthcare Services II	Willow Springs	No website found	919-395-4425
Nurturing Nest Family Care Home	Wake Forest	https://www.nurturingnestnc.com/	919-802-3777
Parentcare Assisted Living	Raleigh	No website found	919-802-7686

Parentcare Assisted Living	Fuquay-Varina	No website found	919-628-0989
Peace Healthcare 2	Raleigh	No website found	919-272-7691
Poole Road Family Care Home	Raleigh	No website found	919-345-9087
R & S Family Care Home #1	Raleigh	No website found	919-821-4546
Renaissance Care Home at Longleaf Estates	Raleigh	https://www.renaissancecarehome.com/locations-renaissance-care-home/	919-914-1842
Renaissance Care Home at Neuse River Estates	Raleigh	https://www.renaissancecarehome.com/locations-renaissance-care-home/	919-914-1842
Renaissance Care Homes at Traditions	Wake Forest	https://www.renaissancecarehome.com/locations-renaissance-care-home/	919-914-1842
Rose Hill #2	Raleigh	No website found	919-522-8581
Rose Hill Family Care	Raleigh	No website found	919-522-8581
Seagraves Family Home	Apex	No website found	919-362-8556
Tender Touch FCH	Raleigh	No website found	919-798-8098
The Manor at Coventry Creek	Raleigh	No website found	919-264-0775
The Manor at Edgewater	Raleigh	No website found	919-264-0775
The Manor at Perry Creek	Raleigh	No website found	919-977-3367
The Manor at Saratoga	Raleigh	No website found	919-850-2955
The Reserve at Mills Farm Villa #1	Apex	https://reserve-millsfarm.com/	919-809-5310
The Reserve at Mills Farm Villa #2	Apex	https://reserve-millsfarm.com/	919-809-5310
The Reserve at Mills Farm Villa #3	Apex	https://reserve-millsfarm.com/	919-809-5310
The Reserve at Mills Farm Villa #4	Apex	https://reserve-millsfarm.com/	919-809-5310
The Retreat at Cary	Cary	https://www.retreatatcary.com/	919-671-3990

The Retreat at Cary Corner	Raleigh	https://www.retreatatcary.com/upcoming	919-671-3990
Tiffany's Family Care Home	Garner	No website found	919-772-3755
Val's Family Care Home	Raleigh	https://valsfamilycare.com/	919-606-9804
Val's Place	Raleigh	No website found	919-665-8984
Val's Place at Brookhaven	Raleigh	No website found	919-977-7185
Val's Place at Dodsworth	Raleigh	No website found	919-606-9804
Vintage Gardens	Raleigh	No website found	252-883-3433
Worthdale Family Care Home	Raleigh	No website found	919-231-9706
Wrenette's Place	Raleigh	No website found	919-779-4456

Source: DHHS Licensed Facilities as of June 14, 2021

Mental Health Private Psychiatric Hospitals			
	City	Website	Phone Number
Holly Hill Hospital	Raleigh	https://hollyhillhospital.com/	919-250-7000
Strategic Behavioral Center – Garner	Garner	https://www.sbcraleigh.com/	919-800-4400
Triangle Springs	Raleigh	https://trianglesprings.com/	919-746-8900
UNC Hospitals at WakeBrook	Raleigh	https://www.unccmedicalcenter.org/unccmc/care-treatment/mental-health/unc-hospitals-at-wakebrook/	984-974-4800

Source: DHHS Licensed Facilities as of June 14, 2021

Intermediate Care Facilities			
	City	Website	Phone Number
Avent Ferry Home	Holly Springs	No website found	919-557-6336
Bass Lake	Holly Springs	No website found	919-557-3844

Blanche Drive	Raleigh	No website found	919-859-1450
Country Lane	Holly Springs	No website found	919-552-5457
Dartmouth Road Group Home	Raleigh	No website found	919-782-2895
Dickens Drive Home	Raleigh	No website found	919-250-1907
Forest Creek Group Home	Raleigh	No website found	919-833-1371
Georgia Court	Cary	No website found	919-467-2857
Helmsdale Group Home	Cary	No website found	919-468-6044
Hickory Avenue Home	Holly Springs	No website found	919-552-4359
Hilltop Home	Raleigh	https://hilltophome.org	919-231-8315
Huntleigh	Raleigh	No website found	919-876-3834
Jade Tree	Raleigh	No website found	919-954-0560
Lockley Road	Holly Springs	No website found	919-303-5665
Mason Street	Apex	No website found	919-387-5881
Rockwood	Raleigh	No website found	919-571-0230
Rolling Meadows	Raleigh	No website found	919-662-0047
Stonegate	Raleigh	No website found	919-847-3834
Tammy Lynn Center for Developmental Disabilities	Raleigh	https://www.nctlc.org/	919-755-2663
Trotters Bluff	Holly Springs	No website found	919-557-6337

VOCA – Creekway	Fuquay - Varina	No website found	919-552-4359
VOCA – Olive Home	Apex	No website found	919-387-7080

Source: DHHS Licensed Facilities as of May 14, 2021

Dialysis Centers	City	Website	Phone Number
BMA of Fuquay-Varina Kidney Center	Fuquay-Varina	No website found	919-552-1926
BMA of Raleigh Dialysis	Raleigh	No website found	919-231-3146
Cary Kidney Center	Cary	No website found	919-462-0976
Fresenius Kidney Care Eastern Wake	Rolesville	https://www.freseniuskidneycare.com/dialysis-centers/north-carolina/5464	919-554-1752
Fresenius Kidney Care Morrisville	Morrisville	https://www.freseniuskidneycare.com/dialysis-centers/north-carolina/100448	919-677-3832
Fresenius Kidney Care New Hope Dialysis	Raleigh	https://www.freseniuskidneycare.com/dialysis-centers/north-carolina/3389	919-231-3700
Fresenius Kidney Care Northern Wake	Wake Forest	https://www.freseniuskidneycare.com/dialysis-centers/north-carolina/9184	919-554-2359
Fresenius Kidney Care Holly Springs*	Holly Springs	https://www.freseniuskidneycare.com/dialysis-centers/north-carolina/100962	828-738-1040
Fresenius Medical Care Apex	Apex	https://www.freseniuskidneycare.com/dialysis-centers/north-carolina/4050	800-881-5101
Fresenius Medical Care Central Raleigh	Raleigh	https://www.freseniuskidneycare.com/dialysis-centers/north-carolina/5459	919-832-2644
Fresenius Medical Care Southwest Wake	Raleigh	https://www.freseniuskidneycare.com/dialysis-centers/north-carolina/2890	919-771-1022
Fresenius Medical Care Wake	Raleigh	https://www.freseniuskidneycare.com/dialysis-centers/north-carolina/2125	919-876-7501

Fresenius Medical Care White Oak	Garner	https://www.freseniuskidneycare.com/dialysis-centers/north-carolina/100477	919-779-6001
Oak City Dialysis	Raleigh	No website found	919-876-6827
Southwest Wake County Dialysis	Raleigh	No website found	919-771-1022
Zebulon Kidney Center	Zebulon	No website found	919-269-8889

*Proposed new site consisting of existing stations | Source: 2021 State Medical Facilities Plan NC DHHS

Cardiac Rehabilitation Facilities	City	Website	Phone Number
Rex Cardiac Rehabilitation	Raleigh	https://www.rexhealth.com/rh/care-treatment/heart-vascular/cardiac-rehabilitation/	919-784-3756
Rex Cardiac Rehabilitation of Cary	Cary	https://www.rexhealth.com/rh/hospitals-locations/profile/rex-cardiac-rehabilitation-of-cary-a-department-of-rex-hospital/	919-784-3756
WakeMed Cardiac Rehabilitation Program	Raleigh	https://www.wakemed.org/location/cardiac-rehabilitation-raleigh-campus	919-350-8602
WakeMed Cary Hospital Cardiac Rehabilitation Program	Cary	https://www.wakemed.org/location/cardiac-rehabilitation-cary	919-350-1875

Source: DHHS Licensed Facilities as of May 14, 2021

Hospice Providers	City	Website	Phone Number
Amedisys Hospice	Garner	https://www.amedisys.com/	919-773-4865
Community Home Care & Hospice	Cary	https://communityhch.com/locations/community-home-care-hospice-cary/	919-233-1100
Continuum Home Care & Hospice of Wake County	Jacksonville	No website found	919-989-2682

Duke Hospice	Durham	https://www.dukehealth.org/treatments/home-care-and-hospice	919-620-3853
Heartland Home Health Care and Hospice	Raleigh	https://www.heartlandhomehealth.com/	919-877-9959
Liberty Home Care and Hospice	Wendell	https://libertyhomecare.com/	919-277-2244
Transitions LifeCare	Raleigh	https://www.transitionslifecare.org/	919-828-0890

Source: DHHS Licensed Providers as of June 14, 2021

Home Health Providers	City	Website	Phone Number
Aveanna Healthcare	Raleigh	https://www.aveanna.com/locations.html	919-418-6712
BAYADA Home Health Care, Inc.	Raleigh	https://www.bayada.com/offices/nc/raleigh/4011-westchase-blvd-/home-health	919-785-9090
Intrepid USA Healthcare Services	Raleigh	https://www.intrepidusa.com/location/raleigh-nc/	919-821-9299
Kindred at Home	Raleigh	https://www.kahcare.com/	919-881-9492
Liberty Home Care	Wendell	https://libertyhomecare.com/	919-850-4303
Maxim Healthcare Services	Raleigh	https://www.maximhealthcare.com/	919-676-3118
Medi Home Health Agency	Raleigh	https://www.msahealthcare.com/	919-870-6733
North Carolina Home Health	Raleigh	https://lhcgroupp.com/locations/north-carolina-home-health/	919-662-1635
PruittHealth @ Home – Wake	Norcross	https://www.pruitthealth.com/	919-838-2768
Transitions LifeCare	Raleigh	https://www.transitionslifecare.org/	919-828-0890
UNC Home Health	Raleigh	https://www.rexhealth.com/rh/care-treatment/home-care/services/	919-784-4474

WakeMed Home Health, Inc.	Raleigh	https://www.wakemed.org/care-and-services/home-health/	919-350-7990
Well Care Home Health, Inc.	Wilmington	https://www.wellcarehealth.com/	919-846-1018

Source: DHHS Licensed Providers as of June 14, 2021

Home Care Providers	City	Website	Phone Number
A Class Home Care, Inc.	Raleigh	No website found	919-798-9300
A Family Friend, LLC	Raleigh	https://afamilyfriend01.com/	919-626-4917
A Plus Home Care Agency, LLC	Raleigh	See comment	919-880-9110
A Special Me LLC	Raleigh	No website found	919-803-0548
A1-Omega Healthcare Services, Inc.	Raleigh	https://www.omegahealthcareservices.com/	919-858-6618
AA Home Health Assistance, LLC	Raleigh	No website found	919-717-1982
AAA Healthcare Services	Raleigh	No website found	919-440-8333
ABloom Home Care	Raleigh	http://www.abloomhomecare.com/	919-457-1484
Able Hands Health Care, Inc.	Raleigh	No website found	919-395-3414
Above the Horizon Home Care, LLC	Raleigh	https://above-the-horizon-home-care-llc.business.site/	919-307-1549
Absolute Health Care	Garner	No website found	919-662-7877
Absolute Home Health NC	Raleigh	https://www.absolutehealthnc.com/	919-827-0719
Access Community - Based Services	Lafayette	https://lhcgroupp.com/locations/access-community-based-services-of-garner/	919-977-1186

Accessible Home Health Care of Mid Carolina	Raleigh	https://www.accessiblehomehealthcare.com/raleigh-mid-carolina-nc/	919-896-7679
AccordCare	Marietta	https://accordcare.com/locations.html	770-421-0191
Accord Services NC, LLC	Cary	https://accordservices.com/contact-us.html	770-421-0191
Accurate Medical Equipment & Supplies Corp.	Cary	No website found	919-272-3099
Acon Health Care Services, Inc.	Raleigh	No website found	919-961-0248
Acti-Kare	Cary	https://actikare.com/	888-451-5273
Acti-Kare Responsive In-Home Care	Cary	https://actikare.com/	919-995-5249
Adult & Pediatric Specialists	Clearwater		919-481-3690
Advanced Home Care, Inc.	Cary	https://advhomehealth.com/locations/North-Carolina/Cary/826/	866-705-1288
Affordable Family Care Services, Inc.	Raleigh	https://www.afcsnc.com/	919-676-1070
Afya Healthcare Services, PLLC	Cary	https://afyacarehc.com/	919-695-2181
Agape Healthcare Agency	Raleigh	http://www.agapehealthcareservices.com/	919-872-5999
Aipeck Health Group, Inc.	Raleigh	No website found	919-532-9109
AlbertaCare, LLC	Raleigh	No website found	919-916-7783
Alpha Home Care Services	Raleigh	https://www.alphahealthservices.com/index.php/home-health-care-community/	984-232-8887
All Life Home Care, LLC	Raleigh	No website found	919-438-9085
All Saints Home Care Agency, LLC	Wake Forest	No website found	919-606-8653

All Star Home Health Care, Inc.	Raleigh	No website found	919-649-2586
All States Home Care and Medical Supplies, LLC	Raleigh	No website found	210-322-1864
All Time Healthcare Inc	Raleigh	No website found	919-322-4836
All Ways Caring	Raleigh	https://www.allwayscaring.com/locations/North-Carolina/Raleigh/122/	919-275-5916
All-Shift Home Health Agency, LLC	Raleigh	No website found	919-264-7882
Allcare Home Health Agency, Inc.	Raleigh	https://www.allcarehha.com/	919-301-0236
Allied Home Health Care Services, Inc.	Raleigh	No website found	919-649-2586
Allied Medical Care, LLC	Raleigh	No website found	919-522-2026
Always Best Care Senior Services	Raleigh	https://www.alwaysbestcare.com/nc/raleigh/	919-321-2772
Always Best Care Senior Services	Wake Forest	https://www.alwaysbestcare.com/nc/wake-forest/	919-651-1584
AmBlessed Home Care, LLC	Raleigh	No website found	919-349-3811
Amada Senior Care Raleigh	Raleigh	https://www.amadaseniorcare.com/raleigh-senior-care/	919-604-8244
Amazing Care Support Services, Inc.	Raleigh	https://amazingcarenc.com/	919-609-0662
Amazing Home Care, Inc.	Raleigh	http://www.amazingcareinc.com/	919-449-5451
Amazing Life Home Healthcare, Inc.	Raleigh	No website found	919-649-5138
Amazing Light Health Care Services LLC	Knightdale	No website found	919-949-9777

Amazing Rhema Homecare, LLC	Raleigh	No website found	919-884-8161
American Health Services	Morrisville	No website found	919-380-7999
American Medical Equipment & Supplies, Inc.	Raleigh	https://www.amerimed.com/	919-741-4464
Amor Home Care, LLC	Raleigh	No website found	919-866-8831
Angelic Care Touch, Inc.	Raleigh	http://www.angeliccaretouch.com/	919-623-8016
Angels by Surprise, LLC	Raleigh	No website found	754-757-8288
Apple Home Health Care Agency (AHHCA)	Raleigh	No website found	919-492-7900
Apria Healthcare LLC	Lake Forest	https://www.apria.com/	919-380-1180
Ascove Home Health, LLC	Raleigh	https://ascovehealth.com/	919-948-6565
Assurance Health Services	Cary	https://assurancehealth.com/	919-222-4415
Assured Extra Care, Inc.	Raleigh	Unsure about website	984-293-9147
Assured Home Health Inc	Raleigh	http://www.assuredhomehealthcare.net/	919-532-4322
At Home Eldercare	Raleigh	https://www.athomeec.com/	919-632-8891
Atlantic Homecare Services	Raleigh	http://www.atlantichomecareservices.com/	919-324-6917
Authentic Hands Home Care, LLC	Fuquay-Varina	https://authentichandshomecare.com/	919-367-3905
Aveanna Healthcare	Atlanta	https://www.aveanna.com/locations.html	919-481-6712
Aware Senior Care, LLC	Cary	https://awareseniorcare.com/	919-436-1871

BAYADA Home Health Care, Inc	Raleigh	https://www.bayada.com/offices/nc/raleigh/4011-westchase-blvd-/home-health	919-785-9090
Beem Healthcare Agency	Raleigh	No website found	919-274-8341
Beem Healthcare Agency	Raleigh	No website found	919-274-8342
Best Home Healthcare Agency, LLC	Raleigh	No website found	919-779-0477
Blessed Health Care Inc	Raleigh	No website found	919-647-4578
Blessing Senior Homecare	Knightdale	No website found	919-758-6460
Bluecross Home Care and Health Services Inc.	Raleigh	http://www.bluecrosshomecare.com/	919-665-1237
Bountiful Life, LLC	Knightdale	No website found	919-264-7517
Bridges Home Health & Wellness, LLC	Morrisville	http://www.bridgeshomehealthandwellness.com/	919-827-6520
BrightStar Care of Cary	Cary	https://www.brightstarcare.com/cary	919-535-6787
Brookdale at Home Raleigh	Raleigh	https://www.brookdale.com/en.html	919-334-2231
Brookedale at Home North Raleigh (HC)	Raleigh	https://www.brookdale.com/en.html	919-334-2222
CEMAC Healthcare Services, LLC	Wendell	http://www.cemachealthcare.com/	919-272-0887
CT&C Home Health Services, NC, LLC	Raleigh	No website found	919-247-2869
Calvary Home Health, LLC	Raleigh	No website found	919-758-1955
Canady Family HomeCare Services, LLC	Raleigh	No website found	919-625-6761

Care Finity Home Care, LLC	Raleigh	https://carefinityhome.com/	919-615-3001
Care For Life Home Care	Cary	No website found	919-539-5155
Caring For You Services	Raleigh	https://www.caringforyouservices.com/	919-215-4262
Caring Heart Home Care, LLC	Knightdale	https://www.caringhearthomecare.org/	919-370-2216
Caring Senior Service	Raleigh	https://www.caringseniorservice.com/raleigh	919-847-0010
Caring and Loving Home Care, Inc.	Raleigh	No website found	919-949-3503
Carolina Care Providers, Inc.	Raleigh	No website found	919-638-1438
Cedar Oaks Health, Inc.	Raleigh	No website found	919-793-5862
CenterPeace Home HealthCare & Companion Services, LLC	Fuquay-Varina	http://www.cpcpanioncare.com/	919-567-8200
Citizens Senior Living, Inc.	Raleigh	No website found	919-637-3196
Classic Home Health Care	Raleigh	No website found	919-637-3196
Coark Home Care	Raleigh	https://coarkhomecare.com/	919-395-5202
ComForcare Home Care	Raleigh	https://www.comforcare.com/north-carolina/north-wake-county	919-647-9150
Comfort Keepers	Cary	https://www.comfortkeepers.com/	919-650-2784
Compassion Health Services, Inc.	Raleigh	http://compassionhealthservicesinc.com/	919-803-8891
Conkel Image Healthcare Services	Wake Forest	https://conkelimage.com/	919-264-9769

Connected Care Health Solutions	Knightdale	No website found	919-650-4601
Continued Care	Cary	http://www.continuedcarenc.com/	919-481-1446
Continuum Home Care of Raleigh	Jacksonville	No website found	919-231-8113
Coram CVS/Specialty Infusion Services	Woonsocket	https://www.coramhc.com/	919-461-5100
Cottage Home Health Care	Raleigh	https://www.cottagehcs.com/	919-872-1441
D-POM, LLC	Tarboro	No website found	252-813-2530
Dailycare Home Agency, LLC	Sanford	No website found	919-400-1323
Darlings Home Care Services, LLC	Knightdale	No website found	800-739-2595
Davestel Healthcare Services, LLC	Raleigh	https://www.davestelhealthcareservices.com/	984-249-1091
Dependable Home Care Services	Garner	https://dependablehomecareservice.com/	919-977-4118
Dependable Nursing Alliance, PA	Raleigh	https://www.dependablenna.com/	919-790-6411
Desbekka Home Health Care Services	Raleigh	https://desbekkahealthcare.com/	919-522-6892
Diamond Home Health Care and Staffing	Morrisville	No website found	919-641-2188
Diamond Home Healthcare Services, Inc.	Raleigh	No website found	919-986-1870
Dignified Caregiving of NC	Youngsville	https://www.dignifiedcarenc.com/	919-791-7824

Divine Grace Homecare, LLC	Raleigh	No website found	919-370-0860
Divine HealthCare Incorporated	Raleigh	No website found	919-876-0834
Dublin Home Care, LLC	Raleigh	No website found	919-931-5167
Dynamedics Healthcare Services, Inc.	Raleigh	https://dynamedicshcs.com/	919-665-6567
Dynamic Health Care, Inc.	Raleigh	No website found	919-815-8443
EZ Care Home Health, LLC	Cary	No website found	919-324-5837
Eagle Healthcare Services, Inc.	Raleigh	No website found	919-872-7686
East Wake Home Care	Knightdale	https://www.eastwakehomecare.com/	919-307-9314
Emerald Home Care LLC	Raleigh	No website found	919-931-1029
Erikare at Home, LLC	Burlington	No website found	252-917-2215
Essential Living Home Care, LLC	Knightdale	https://www.essentiallivinghomecare.com/	919-436-4000
Evolving Hands Health Care Services, LLC	Raleigh	No website found	919-645-9900
Excel Home Healthcare Agency	Raleigh	No website found	919-601-6723
Express Support Home Care	Raleigh	http://www.expresssupporthomecare.com/	919-876-4949
Extended Hearts Home Care	Raleigh	http://www.extendedheartshc.com/	919-794-6914
Extension of You	Cary	http://theextensionofyou.com/	919-629-2044
Family First Personal Care, LLC	Clinton	http://www.familyfirstpersonalcare.com/	919-592-0112

Favor Home Care, Inc.	Raleigh	https://www.favor-homecare.com/	252-563-5215
Five Angels Care, LLC	Cary	No website found	919-815-1772
Focal Point Medical Staffing, Inc.	Raleigh	https://focalpointstaff.com/	919-578-9101
For Love Home Care, LLC	Raleigh	No website found	919-780-8559
Global Healthcare Resources, Inc.	Raleigh	No website found	919-848-9099
Global Nurses Services, Inc.	Raleigh	No website found	919-866-2238
Golden Harmony, LLC	Raleigh	https://www.goldenharmonync.com/	919-426-7522
Good Health Home Care Services	Raleigh	No website found	919-793-3380
GoodChoice Home Care Services, Inc.	Raleigh	No website found	919-345-6864
GoodHope Home Care Services	Raleigh	No website found	919-559-9607
Grace Care Solutions, LLC	Raleigh	No website found	910-987-6560
Grace Health Care Services Inc.	Raleigh	https://grace-healthcare.net/	919-848-1630
Grant Your Wish Home Care, LLC	Cary	http://www.grantyourwishhomecare.com/	919-590-5443
Griswold Home Care	Raleigh	https://www.griswoldhomecare.com/raleigh/	919-229-8944
Guardian Home Healthcare, Inc.	Raleigh	https://www.guardian-homehealthcare.com/	919-615-0225
HS Care Services, Inc.	Raleigh	No website found	404-454-5727
Healthcare Angels, Inc.	Raleigh	No website found	919-995-0554

Healthcore Home Care, Inc.	Raleigh	https://www.healthcorehomecare.com/	919-890-5496
Heart to Homes Health Care, LLC	Raleigh	https://hearttohomeshealthcare.com/	919-803-2019
Heavenly Sent Home Care Services, LLC	Raleigh	No website found	571-282-8924
Helping Hands of America LLC	Raleigh	https://hhamerica.com/	919-829-2505
Hillcrest Home Health of the Triangle	Raleigh	https://hillcrestnc.com/raleigh-nc/	919-781-4900
Home Care Assistance	Raleigh	https://homecareassistance.com/raleigh	919-289-5412
Home Choice Healthcare, Inc.	Fuquay-Varina	http://www.homechoicehealthcare.net/	919-557-4663
Home Health Concept, Inc.	Raleigh	No website found	919-926-0178
Home Helpers Home Care	Raleigh	https://www.homehelpershomecare.com/raleigh-cary-nc/	919-817-8010
Home Instead Senior Care	Raleigh	https://www.homeinstead.com/location/226	919-676-2273
HomeWerks Home Care, LLC	Raleigh	https://www.homewerks-homecare.com/	919-810-1414
HomeChoice Healthcare	Fuquay-Varina	https://www.homechoicehomecare.com/home-choice-home-care-news/celebrating-15-years-of-care/	919-804-8675
HomeChoice Healthcare	Raleigh	https://www.homechoicehomecare.com/home-choice-home-care-news/celebrating-15-years-of-care/	919-804-8675
HomeChoice Home Care Solutions	Raleigh	https://www.homechoicehomecare.com/	919-847-5622
Homevita, LLC	Raleigh	No website found	919-332-1143
Homewatch Caregivers of the Triangle	Cary	https://www.homewatchcaregivers.com/	919-461-3741
Hope Home Care Solutions, LLC	Raleigh	No website found	919-809-7976

Hope Support Services, LLC	Raleigh	No website found	919-809-7976
Hope and Haven Healthcare LLC.	Wendell	No website found	919-271-7899
Hope of Solace	Raleigh	https://hopeofsolaceagency.com/	984-200-4653
Impact Health Solutions, Inc.	Raleigh	https://impacthealthsolutions.org/about/	919-400-6144
Infinite Favor Home Care Services, LLC	Raleigh	No website found	614-446-7029
Innerlogic Home Care Agency, LLC	Raleigh	https://www.myinnerlogic.com/	919-322-9246
Inomancy Home Care Inc.	Raleigh	http://www.inomancyhomecare.com/	919-803-2541
Inspired Home Healthcare Services, LLC	Durham	No website found	984-439-2844
IntelliChoice Home Care	Raleigh	https://www.choosebettercare.com/	919-480-8000
Interim Healthcare of Triangle, LLC	Whiteville	https://www.interimhealthcare.com/raleighnc/home/	919-420-0336
Intrepid USA Healthcare Services	Raleigh	https://www.intrepidusa.com/location/raleigh-nc/	919-821-9299
Island Home Care, PLLC	Raleigh	No website found	984-242-0224
Jace Healthcare Services, Inc.	Raleigh	No website found	984-200-8959
Jades-Nissi Home Care	Rolesville	No website found	919-520-3818
Jaycee's Home Care, LLC	Raleigh	No website found	919-862-4625
Joemax Healthcare Services, LLC	Raleigh	No website found	919-771-8172
Joyner Choice InHome Care, LLC	Raleigh	No website found	919-916-5014

Justheo Home Care, LLC	Raleigh	No website found	919-888-8115
Kindred at Home	Overland Park	https://www.kahcare.com/	919-881-9492
Liberty Healthcare Agency, LLC	Raleigh	https://www.libertyhealthcareagencyllc.com/	984-200-9300
Liberty Home Care	Wendell	https://libertyhomecare.com/locations-service-area/wendell/	919-850-4303
Liberty Home Health Care	Raleigh	No website found	919-341-2987
Liberty Private Care	Wilmington	No website found	910-520-2985
Life 1st Krystal Home Care Agency	Raleigh	No website found	919-327-8190
Lifeline Home Care	Raleigh	No website found	919-594-9580
Lineogs Reliable Home Care, LLC	Raleigh	No website found	919-414-3229
Living At Home Care Services, Inc.	Apex	No website found	910-929-0451
Loving Angels Home Care	Raleigh	https://www.lovingangelsrdu.com/	919-438-1813
Mizasay Home Care, LLC	Raleigh	No website found	252-226-2001
MM Home Care	Charlotte	https://mmhomecareagency.com/	704-461-1122
MS Enhancement	Raleigh	No website found	919-659-5664
Majestic Home Healthcare, Inc.	Cary	No website found	919-649-9193
Management Care Service Staffing	Raleigh	No website found	252-548-9303
Marywins Home Care Services	Raleigh	https://marywinshcs.com/	919-615-4001
Maxim Healthcare Services, Inc.	Raleigh	https://www.maximhealthcare.com/locations/north-carolina	919-676-3118

Maystanz Home Care, LLC	Raleigh	No website found	919-389-3454
McNeill's Home Health Care Services, LLC	Garner	https://mcneillscompanion.business.site/	919-809-8002
MedEx Home Health	Raleigh	No website found	252-287-7365
Medi Home Health Agency	Lexington	https://www.msahealthcare.com/locations/medi-home-health-agency-lexington-nc	919-870-6733
Melody Home Health Care Services, Inc.	Raleigh	https://melodyhomehealth.com/	919-324-7697
Mercy Home Care II	Garner	No website found	919-880-4278
Milinium Home Health Care LLC	Cary	https://milleniumhomehealth.com/	610-543-4126
Mission Medstaff	Raleigh	http://www.missionmedstaff.com/service-areas/	704-295-0822
Mother Deborah Home Health Care Services, Inc.	Raleigh	No website found	919-523-4849
Myriad Homecare Agency, LLC	Rolesville	http://www.mhahomecare.com/	919-570-0002
Mystar Healthcare, LLC	Raleigh	No website found	919-740-7462
Navion Home Care	Raleigh	https://navionseniorsolutions.com/	919-371-4233
New Beginning Healthcare	Fuquay-Varina	https://www.newbeginninghealthcarenc.com/	910-984-7863
New Era Home Healthcare & Companion Services, Inc.	Fuquay-Varina	http://www.newerahomehealth.com/	919-271-2356
Noble Care, LLC	Apex	No website found	919-621-6546
North Carolina Home Health	Lafayette	https://lhcgroupp.com/locations/north-carolina-home-health/	919-662-1635
NuAngels Home Care, LLC	Wake Forest	https://www.nuangelshomecare.com/	984-235-7253

Nurse Care of North Carolina	Durham	No website found	919-309-4333
Oak Tree Home Care, LLC	Apex	No website found	252-367-7182
Okam Home Healthcare Services P.C.	Raleigh	https://okamhealthcare.com/	919-977-6383
One Choice Healthcare, Inc.	Wake Forest	https://onechoicehealthcareinc.com/	919-435-8413
Option Care	Morrisville	https://optioncarehealth.com/locations/morrisville-nc-1015-aviation-pkwy	919-481-9110
Options For Senior America	Cary	https://optionscorp.com/home/Cary-NC-18	919-380-6812
Orich Home Care, LLC	Raleigh	https://www.orichhomecare.com/	919-501-0516
PHC Home Health	Charlotte	http://www.phcnc.com/	704-522-6144
Prime Plus Home Health Services, Inc.	Wendell	No website found	919-413-6219
Pacific Staffing Inc.	Raleigh	No website found	919-881-8210
Pathways for People, Inc.	Cary	http://pathwaysforpeople.org/	919-462-1663
Peaceful Living Home Care, LLC	Wake Forest	https://www.plhomecare.com/	1-855-658-1670
Pediatric Therapy Associates	Cary	https://www.pedtherapy.com/	919-854-0404
Pediatric Therapy Associates	Wake Forest	https://www.pedtherapy.com/	919-562-9941
Pediatric Therapy Associates	Raleigh	https://www.pedtherapy.com/	919-781-4434
Pediatric Therapy Associates	Garner	https://www.pedtherapy.com/	919-861-1180
Perpetual Home Care, LLC	Raleigh	https://www.perpetualhomecare.com/	919-861-5245

Pinnacle Healthcare Services, Inc.	Raleigh	http://www.pinnaclehsi.com/	919-301-8169
Preferred Incorporated	Raleigh	No website found	919-757-9438
Premier Nursecare Solutions PLLC	Raleigh	http://www.premiernurse.care/	1-984-200-9993
Prestige Home Health Care, LLC	Raleigh	https://prestigehomehealth1.com/	919-798-5860
Prestigious One Source Home Care	Raleigh	https://www.prestigiousonesource.com/	919-803-3006
Primus Home Health Solutions, LLC	Youngsville	No website found	862-216-1515
Professional Healthcare, Inc.	Knightdale	No website found	919-872-7999
Progressive Home Health	Raleigh	http://www.progressiveofnc.com/phccs/phccs_services_home.php	919-520-1783
Providence Home Care Agency, Inc.	Raleigh	No website found	919-986-4279
PruittHealth @ Home – Wake	Norcross	https://www.pruitthealth.com/microsite/facilityid472	919-838-2768
Pyramid Healthcare, Inc.	Raleigh	No website found	919-427-9655
Quality Care Partners, LLC	Durham	No website found	919-527-8491
Raleigh Therapy Services, Inc.	Raleigh	https://www.raleights.com/	919-791-3582
Resources for Seniors, Inc.	Raleigh	http://www.resourcesforseniors.com/	919-872-7933
REX Home Services	Morrisville	https://www.rexhealth.com/rh/care-treatment/home-care/services/	919-784-4474
Right At Home	Raleigh	https://www.rightathome.net/wake	919-783-5633
Robyn Healthcare, Inc.	Knightdale	No website found	919-457-3463

Rotech – American Health Services	Morrisville	https://www.rotech.com/	919-380-7999
Royal Health Services LLC	Raleigh	No website found	919-225-4518
S & A Companion and Homecare, LLC	Raleigh	No website found	704-712-5219
S & L Home Care Services, Inc.	Greensboro	No website found	919-954-7383
SAAR Homecare, LLC	Raleigh	https://www.saarhomecarellc.com/	919-338-5677
SOS Home Care	Raleigh	No website found	919-379-8555
SafetyMeds Home Care Agency	Raleigh	https://www.safetymedshomehealthcare.com/	919-296-8555
Searstone Home Care	Cary	https://searstone.com/	919-234-0339
Senior Life Home Care	Raleigh	https://seniorlifehomecare.com/	919-462-7003
Seniors Helping Seniors Jordan Lake	Cary	https://seniorcareraleighnc.com/	919-675-5904
Seniors Helping Seniors of North & East Raleigh	Wake Forest	https://seniorcareraleighnc.com/	919-761-5346
Shars Auspicious Care, LLC	Knightdale	https://sac-homecare.com/	919-706-1388
Siah's Heart Home Care, LLC	Cary	https://siahshearhomecare.com/index.html	919-900-7388
Sisters Aide Health Services Incorporated	Wilson	https://sistersaide.biz/	919-218-8914
Sky Heart Home Care Services, LLC	Cary	https://skyhearhomecare.com/	919-802-7954
Sony Star Home Care, LLC	Raleigh	No website found	919-889-0580

Southeastern Healthcare of North Carolina	Raleigh	http://sehcnc.com/	919-212-8580
Southern Wellness	Raleigh	No website found	919-757-1447
Spectrum Infusion, Inc.	Raleigh	https://www.spectrumiv.com/	919-781-2241
Springmoor Home Care	Raleigh	https://springmoor.org/life-at-springmoor/continuing-care/	919-848-7080
St. Ephraims Home Healthcare Services, LLC	Raleigh	No website found	919-809-2516
Stalwart Home Health, LLC	Zebulon	No website found	919-400-0592
Stay At Home	Wake Forest	http://sahseniors.com/	919-556-3706
SuAnnah Care, Inc.	Cary	No website found	919-859-7126
Summit Home Care, Inc.	Durham	No website found	919-349-5663
Synergy HomeCare of Morrisville	Morrisville	https://www.synergyhomecare.com/agencies/nc/morrisville/nc07/	919-766-6353
Trubenefit Home Care, LLC	Raleigh	No website found	919-274-6972
Tarheels Home Healthcare Services, LLC	Raleigh	http://www.tarheelshomecare.com/	984-269-5288
Tender Care Health and Behavioral Services	Raleigh	https://www.tchealthsnc.com/	919-500-1475
The Cypress of Raleigh Home Care	Raleigh	https://thecypressofraleigh.com/healthcare/home-care/	919-870-9007
The Full Coverage PDN Company	Raleigh	https://www.fcpcdn.com/	919-803-4000

The Promise Center Healthcare, LLC	Raleigh	No website found	919-946-1377
Thrive Skilled Pediatric Care	Raleigh	https://www.thrivespc.com/	919-977-9544
Thrive at Home Adult Care, LLC	Raleigh	https://thriveathomeadultcare.com/	919-230-0400
Total Care Agency	Raleigh	No website found	919-633-8208
Totally Cared For, LLC	Raleigh	https://totallycaredfor.com/	919-410-5649
Touch Healthcare, LLC	Raleigh	No website found	919-758-4323
Transitions LifeCare	Raleigh	https://www.transitionslifecare.org/	919-828-0890
Trinity Staffing, Inc.	Raleigh	No website found	919-271-9073
Twins Loving Care Services, LLC	Raleigh	https://twinslovingcare.com/	919-737-5505
Ultimate Home Care	Henderson	https://ultimatehomecareinc.com/	252-430-3767
Unconditional Care Senior Services, LLC	Raleigh	https://unconditionalcarenow.com/	252-629-1241
Vantage HealthCare Services, Inc.	Raleigh	https://www.vantagehsi.com/	919-212-9998
Victory Healthcare Inc.	Raleigh	http://www.victoryhealthcareinc.com/	919-846-9027
Victory Home Care, Inc.	Raleigh	https://victoryhomecareinc.com/	919-900-8932
Visiting Angels Home Care	Raleigh	https://www.visitingangels.com/raleigh/home	919-787-4317
Vital Health Services, LLC	Knightdale	No website found	919-345-2135
W3 Care Home Health Assistance, LLC	Raleigh	No website found	919-906-4810

WakeMed Home Health	Raleigh	https://www.wakemed.org/care-and-services/home-health/	919-350-7990
We Care For You Home Health	Raleigh	No website found	919-449-1477
Well Care Home Health, Inc.	Wilmington	https://www.wellcarehealth.com/	919-846-1018
Well Care Home Health of the Southern Triangle, Inc.	Wilmington	https://www.wellcarehealth.com/	910-202-1326
Weserve Homecare Agency	Raleigh	No website found	732-322-8090
Wisdom Senior Care	Cary	https://wisdomseniorcare.com/101/	919-655-5068
Wisdom Senior Care	Wake Forest	https://wisdomseniorcare.com/101/	919-263-1165
Yelverton's Enrichment Services, Inc.	Raleigh	No website found	919-872-6220

Source: DHHS Licensed Providers as of June 14, 2019.

Public Health Clinics	City	Website	Phone Number
Departure Drive Human Services Center	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/human-services-center-departure	919-431-4000
Eastern Regional Center	Zebulon	https://www.wakegov.com/departments-government/human-services/human-services-locations/eastern-regional-center	919-404-3900
Millbrook Human Services Center	Raleigh	No website found	919-431-4000
Northern Regional Center	Wake Forest	https://www.wakegov.com/departments-government/human-services/human-services-locations/northern-regional-center	919-562-6300
Southern Regional Center	Fuquay-Varina	https://www.wakegov.com/departments-government/human-services/human-services-locations/southern-regional-center	919-557-2501

Wake County Public Health Center, Sunnybrook	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/sunnybrook	919-250-4610
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Source: Wake County Health and Human Services, <https://www.wakegov.com/departments-government/human-services/public-health-and-medical-services/health-clinics>

Primary Care for the Homeless and/or Uninsured	City	Website	Phone Number
Advance Community Health - Apex	Apex	https://www.advancechc.org/locations/apex/	919-833-3111
Advance Community Health - Cary	Cary	https://advancechc.org/locations/cary/	919-833-3111
Advance Community Health - Dental	Raleigh	https://advancechc.org/services/dental/	919-833-3111
Advance Community Health - Fuquay-Varina	Fuquay-Varina	https://www.advancechc.org/locations/fuquay-varina/	919-833-3111
Advance Community Health - Pediatrics	Raleigh	https://advancechc.org/services/pediatrics/	919-833-3111
Advance Community Health - Raleigh	Raleigh	https://advancechc.org/locations/raleigh/	919-833-3111
Alliance Medical Ministry	Raleigh	https://www.alliancemedicalministry.org/	919-250-3320
Eastern Regional Center	Zebulon	https://www.wakegov.com/departments-government/human-services/human-services-locations/eastern-regional-center	919-404-4028
Advance Community Health - Horizon Healthcare for the Homeless at Oak City Cares	Raleigh	https://advancechc.org/locations/oak-city-cares/	919-833-3111
Mariam Clinic	Cary	https://www.mariamclinic.org/	919-824-4672
Millbrook Human Services Center	Raleigh	No website found	919-431-4000
NeighborHealth Center	Raleigh	https://neighborhealthcenter.org/	984-222-8000
NCIAP People's Medical Center	Raleigh	https://peoplesmedicalcare.org/	919-277-0345

Northern Regional Center	Wake Forest	https://www.wakegov.com/departments-government/human-services/human-services-locations/northern-regional-center	919-562-6300
Oberlin Outreach Center	Raleigh	No website found	919-255-6721
RightCare/Project Access of Wake County	Raleigh	https://rightcare.health/our-work/	919-819-6220
Shepherd's Care Medical Clinic	Zebulon	https://shepherdscaresclinic.com/	919-404-2474
Southern Regional Center	Fuquay-Varina	https://www.wakegov.com/departments-government/human-services/human-services-locations/southern-regional-center	919-557-1002
SouthLight Healthcare	Raleigh	https://www.southlight.org/	919-787-6131
The Salvation Army	Raleigh	https://www.salvationarmycarolinas.org/wakecounty/	919-779-8867
Urban Ministries (Open Door Clinic)	Raleigh	https://urbanmin.org/services/clinic-and-pharmacy/	919-746-0098
Wake County Public Health Center, Sunnybrook	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/sunnybrook	919-212-7000

Source: 2019 Wake County CHNA, Google search

HIV Testing / AIDS Services	City	Website	Phone Number
Advance Community Health	Raleigh	https://advancechc.org/services/	919-833-3111
Alliance of AIDS Services Carolina	Raleigh	https://www.aas-c.org/	919-834-2437
Avance Care	Raleigh	https://www.avancecare.com/	919-322-4722
Eastern Regional Center	Zebulon	https://www.wakegov.com/departments-government/human-services/human-services-locations/eastern-regional-center	919-404-4028
Gateway Campus	Raleigh	https://gatewaywomens.care/	919-833-0096

Advance Community Health - Horizon Healthcare for the Homeless at Oak City Cares	Raleigh	https://advancechc.org/locations/oak-city-cares/	919-833-3111
LGBT Center of Raleigh	Raleigh	https://www.lgbtcenterofraleigh.com/	919-832-4484
Millbrook Human Services Center	Raleigh	No website found	919-431-4000
My Sister's Keeper of the Triangle	Raleigh	http://www.mysisterskeepernc.org/	919-508-6124
Northern Regional Center	Wake Forest	https://www.wakegov.com/departments-government/human-services/human-services-locations/northern-regional-center	919-562-6300
Planned Parenthood	Raleigh	https://www.plannedparenthood.org/	919-833-7526
Southern Regional Center	Fuquay-Varina	https://www.wakegov.com/departments-government/human-services/human-services-locations/southern-regional-center	919-557-1002
SouthLight Healthcare	Raleigh	https://www.southlight.org/	919-787-6131
Urban Ministries	Raleigh	https://urbanmin.org/services/clinic-and-pharmacy/	919-746-0098
Wake County Public Health Center, Sunnybrook	Raleigh	https://www.wakegov.com/departments-government/human-services/public-health-and-medical-services/hiv-and-sexually-transmitted-disease-std-information	919-250-3883
Women's Center of Wake County Incorporated	Raleigh	https://www.wcwc.org/	919-829-3711

Source: 2019 Wake County CHNA, Google Search

Prescription Assistance	City	Website	Phone Number
Advance Community Health - Apex	Apex	https://www.advancechc.org/locations/apex/	919-833-3111

Advance Community Health - Cary	Cary	https://advancechc.org/locations/cary/	919-833-3111
Advance Community Health - Dental	Raleigh	https://advancechc.org/services/dental/	919-833-3111
Advance Community Health - Fuquay-Varina	Fuquay-Varina	https://www.advancechc.org/locations/fuquay-varina/	919-833-3111
Advance Community Health - Pediatrics	Raleigh	https://advancechc.org/services/pediatrics/	919-833-3111
Advance Community Health - Raleigh	Raleigh	https://advancechc.org/locations/raleigh/	919-833-3111
Dorcas Ministries	Cary	https://dorcascary.org/	919-469-9861
FIGS of Wake County	Raleigh	https://www.figsofwake.org/	919-386-9645
MedAssist Free Pharmacy Program	Raleigh	https://medassist.org/free-pharmacy-program/	866-331-1348
NC Division of Medical Assistance	Raleigh	https://www.ncdhhs.gov/assistance	1-800-662-7030
NeighborHealth Center	Raleigh	https://neighborhealthcenter.org/	984-222-8000
North Carolina Drug Card	NC	https://northcarolinadrugcard.com/	No number listed
North Carolina HIV Medication Assistance Program (NC HMAP)	Raleigh	https://epi.dph.ncdhhs.gov/cd/hiv/hmap.html	919-733-9161
UNC Health Care Alcohol and Drug Detoxification	Raleigh	https://www.unccmedicalcenter.org/unccmc/hospitals-locations/profile/unc-health-care-alcohol-and-drug-detoxification-unit-at-wakebrook/	984-974-4800

Unit at WakeBrook			
UNC Health Care Facility Based Crisis at WakeBrook	Raleigh	https://www.unccmedicalcenter.org/unccmc/hospitals-locations/profile/unc-health-care-facility-based-crisis-services-at-wakebrook/	984-974-4913
Urban Ministries	Raleigh	https://urbanmin.org/services/clinic-and-pharmacy/	919-746-0098
Wake County Health and Human Services, Medicaid - Eastern Regional Center	Zebulon	https://www.wakegov.com/departments-government/human-services/human-services-locations/eastern-regional-center	919-404-4028
Wake County Health and Human Services Medicaid - Millbrook Human Services Center	Raleigh	No website found	919-431-4000
Wake County Health and Human Services, Medicaid - Northern Regional Center	Wake Forest	https://www.wakegov.com/departments-government/human-services/human-services-locations/northern-regional-center	919-562-6300
Wake County Health and Human Services, Medicaid - Southern Regional Center	Fuquay-Varina	https://www.wakegov.com/departments-government/human-services/human-services-locations/southern-regional-center	919-557-1002
Wake County Health and Human Services, Medicaid - Swinburne	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/swinburne	919-212-7000

Wake County Public Health Center, Sunnybrook	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/sunnybrook	919-212-7000
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Source: 2019 Wake County CHNA, Google search

Mental Health Facilities*	City	Website	Phone Number
A+ Residential Care	Raleigh	No website found	919-400-7667
Absolute Care Human Services	Raleigh	No website found	919-673-2146
Absolute Home #5	Garner	No website found	919-662-7877
Absolute Home - Apex	Apex	No website found	919-662-7877
Absolute Home - Marcony Way	Raleigh	No website found	919-662-7877
Absolute Home and Community Services	Raleigh	No website found	919-662-7877
Absolute Home and Community Services 2	Cary	No website found	919-662-7877
Absolute Home – Phillip Street	Garner	No website found	919-662-7877
Absolute Home-Whilshire Drive	Cary	No website found	919-662-7877
Abundant Grace Family Care Home Inc.	Garner	No website found	862-224-2861
Access Health System Inc.	Raleigh	No website found	919-747-9514
Access Health System 2, Inc.	Raleigh	No website found	919-850-3297
ACI Support Specialists, LLC - Pine Valley	Raleigh	No website found	919-846-6444

Advanced Health Resources - Dominion Home	Raleigh	No website found	919-844-3417
Advanced Health Resources, Inc. - Fanny Brown	Raleigh	http://ahrnc.com/wordpress/areas-served/	919-661-7121
Alpha Management Services, Inc. - G & S Williams Home	Cary	No website found	919-377-0217
Alston Home	Zebulon	No website found	919-269-0404
Ann's Country Manor II	Wendell	No website found	919-366-6034
Ann's Haven of Rest	Raleigh	No website found	919-307-8011
Ann's Haven of Rest II	Raleigh	No website found	919-977-7118
A Small Miracle, LLC - Transitions Day Program	Raleigh	https://www.asmallmiraclellc.com/	919-900-4422
Aspire Supportive & Counseling Services, LLC	Raleigh	https://aspiregroupnc.com/	919-835-1888
Autism Services Inc. - Glen Forest Home	Raleigh	No website found	919-782-3353
Autism Services Inc. - Jade Tree	Raleigh	No website found	919-954-0560
Autism Services, Inc. - Walnut Street Group Home	Cary	No website found	919-380-0203
Autism Society of North Carolina, Inc. - Sandlewood Drive Home	Raleigh	https://www.autismsociety-nc.org/take-action/	919-786-0027

Avent Ferry Home	Holly Springs	No website found	919-557-6336
Bass Lake	Holly Springs	No website found	919-557-3844
Beyond Measures	Zebulon	No website found	919-426-3752
Blessed Home, LLC	Raleigh	No website found	919-850-2336
Blessed Home, LLC	Raleigh	No website found	919-329-2677
Blessed Home, LLC	Raleigh	No website found	919-850-4334
Booker Home	Wendell	No website found	919-365-9099
Bradley Home	Garner	No website found	919-772-0053
Bradley Home Extension-Kimberly House	Raleigh	No website found	919-649-5435
Bradley Home Extension-PKEDS House	Garner	No website found	919-772-9382
Brighthaven Home	Raleigh	No website found	919-846-2308
Brightside Homes Inc.	Raleigh	No website found	919-781-2559
Bright Path Behavioral Health	Wake Forest	https://www.brightpathbh.com/	919-276-4005
Building Foundations	Raleigh	No website found	919-573-6520
Canaan Care Home	Cary	https://canaancarehome.com/	919-271-6418
Care One Homes	Raleigh	No website found	919-212-3705
Carolina House - Raleigh	Raleigh	https://www.carolinaeatingdisorders.com/	919-864-1004
Cary Behavioral Health, PC	Cary	https://carybehavioralhealth.com/	919-466-7540
Clora's Angels Home	Wendell	No website found	919-365-9026
Club Horizon	Raleigh	https://monarchnc.org/behavioral-health-services/enhanced-services/club-horizon/	866-272-7826

Community Innovations, Inc. -Lord Berkley Home	Raleigh	No website found	919-833-4529
Community Innovations, Inc. - Trotters Bluff	Holly Springs	No website found	919-557-6337
Community Workforce Solutions, Inc.	Raleigh	http://www.communityworkforcesolutions.com/	919-231-3325
Cottage Health Care Services, Inc.	Raleigh	https://www.cottagehcs.com/	919-872-1441
Country Lane	Holly Springs	No website found	919-552-5457
Creative Living	Raleigh	https://www.autismsociety-nc.org/venues/creative-living/	919-865-2260
Creech Road Supervised Care	Garner	No website found	919-961-1392
Cyrus Home	Zebulon	No website found	919-630-3710
Dartmouth Road Group Home	Raleigh	No website found	919-782-2895
Destiny Family Care Home	Raleigh	No website found	919-977-8182
Destiny Family Care Home 2	Cary	No website found	919-237-0887
Destiny Family Care Home 3	Raleigh	No website found	919-345-4722
Dickens Drive Home	Raleigh	No website found	919-250-0907
Divine Supportive Homes	Raleigh	No website found	919-791-9032
Dowtin's Therapeutic Home	Raleigh	No website found	919-349-5540
D. Jones Home	Raleigh	No website found	919-452-8910
Educare Community Living Corporation –	Raleigh	No website found	919-859-1450

NC - Blanche Drive			
Educare Community Living Corporation - NC - Georgia Court	Cary	No website found	919-467-2857
Educare Community Living Corporation - NC - Helmsdale Group Home	Cary	No website found	919-468-6044
Educare Community Living Corporation - NC - Huntleigh	Raleigh	No website found	919-876-3834
Educare Community Living Corporation - NC - Lockley Road	Holly Springs	No website found	919-303-5665
Educare Community Living Corporation - NC - Stonegate	Raleigh	No website found	919-847-8628
Educare Community Living Corporation - NC - Rockwood	Raleigh	No website found	919-571-0230
Educare Community Living Corporation -	Raleigh	No website found	919-662-0047

NC - Rolling Meadows			
Eagle Home II	Raleigh	No website found	919-872-7686
Eagle Home III	Raleigh	No website found	919-872-7686
Eagle PSR	Raleigh	http://www.eaglepsr.com/	919-896-6938
Easter Seals UCP NC Raleigh Group Home	Raleigh	https://www.easterseals.com/NCVA/	919-783-8898
Elmhurst Ridge Court Home	Raleigh	No website found	919-906-2635
Etta's Residential Services & Supports, LLC.	Raleigh	No website found	984-200-4422
Evans-Walston Home	Fuquay-Varina	No website found	919-669-2254
Fathers Forever	Raleigh	https://www.afatherforever.com/home	919-779-9905
Favour Home 2	Raleigh	No website found	919-266-0853
Fellowship Health Resources: Cary Satellite House	Cary	https://www.fhr.net/our-services/north-carolina	919-469-4980
Fellowship Health Resources: Drop In Center	Raleigh	https://www.fhr.net/our-services/north-carolina/services#ncdrop	919-573-8954
First Step Services, LLC	Raleigh	https://firststepnc.com/	919-833-8899
First Step Services, LLC	Cary	https://firststepnc.com/cary-substance-abuse-treatment/	919-651-8349
Foot Steps To Success	Raleigh	No website found	919-327-9804
Forest Creek Group Home	Raleigh	No website found	919-833-1371
Gateway Clubhouse	Raleigh	https://www.gatewayclubhouse.org/	919-662-0940
Glorious Home Care	Raleigh	No website found	919-400-0270
Gloryland Home Care Services	Wake Forest	No website found	919-671-1891

Green Hill Recovery	Raleigh	https://greenhillrecovery.com/	844-513-0707
Griffing Home	Raleigh	No website found	919-212-0199
Gupta Psychiatry	Raleigh	https://www.guptapsychiatry.com/	919-870-8409
Hannah Family Care Homes, Inc.	Raleigh	No website found	919-900-8916
Harrison Homes	Raleigh	No website found	919-301-8044
Healing Interventions, Inc	Raleigh	http://www.healinginterventionsinc.com/Welcome.php	919-896-7055
Healing Transitions	Raleigh	https://healing-transitions.org/	919-838-9800
Healing Transitions Women's Facility	Raleigh	https://healing-transitions.org/	919-838-9800
Heaven Sent Group Home	Raleigh	http://www.heavensentgrouphome.org/	919-900-8081
Heavenly Place 2	Raleigh	No website found	919-896-6365
Heavenly Place, LLC	Raleigh	No website found	919-819-3883
Herbert Reid Home	Holly Springs	No website found	919-363-5311
Hilltop Home	Raleigh	https://hilltophome.org/	919-231-8315
Hope Services, LLC - Ray of Hope	Raleigh	http://www.hopeservices4u.com/index.html	919-532-7599
JACE Healthcare Inc. II	Zebulon	https://www.jacehealth.com/	678-428-7205
Johnson's House of Hope Family Care Home, LLC	Raleigh	https://johnsonshouseofhopellc.com/	919-598-6416
Learning Services Corporation - Cedar House	Raleigh	No website found	919-255-9595

Learning Services Corporation - Willow House	Raleigh	No website found	919-255-9595
Learning Services Corporation- Brian K. Preston Center	Raleigh	No website found	919-255-9595
Learning Services-River Ridge	Raleigh	No website found	919-255-9595
Life Changez - Cherrywood Court	Raleigh	No website found	919-803-7125
Life Changez Inc. - Life Skills Independent Care #1	Fuquay-Varina	No website found	919-577-0021
Life Changez - Pine Forest II	Raleigh	No website found	919-239-4299
Lindley College – Cary 105	Cary	https://cbcare.com/north-carolina-locations/lindley/	919-390-2980
Lindley College – Raleigh	Raleigh	https://cbcare.com/north-carolina-locations/lindley/	919-390-2980
Lindley College VIII	Cary	https://cbcare.com/north-carolina-locations/lindley/	919-390-2980
Lindley Habilitation – Hamilton Home	Raleigh	https://cbcare.com/north-carolina-locations/lindley/	919-390-2980
Living With Autism 2	Raleigh	http://www.living-with-autism.com/index.html	919-368-1927
Living With Autism, Inc.	Raleigh	http://www.living-with-autism.com/index.html	919-917-7681
Lucy Daniels Center for Early Childhood	Cary	https://www.lucydanielscenter.org/	919-677-1400
Lutheran Services of the Carolinas -	Raleigh	No website found	919-231-1399

Whittecar Group Home			
Mary's Manor	Wendell	No website found	919-266-9876
McNeil Home	Garner	No website found	919-632-2700
Meeks #2	Wendell	No website found	919-390-4429
Meeks #3	Wendell	No website found	919-390-4429
Meeks Group Home	Zebulon	No website found	919-390-4429
Mentor ABI, LLC - Neuro Restorative - Windemere	Raleigh	No website found	919-874-6237
Meredith Autism Program	Raleigh	https://www.meredith.edu/autism/	919-760-8080
Metro Treatment of NC, L.P. dba New Season Raleigh	Raleigh	No website found	919-948-0300
Mind Path Care Centers	Raleigh	https://www.mindpathcare.com/location/mind-path-raleigh/	919-792-3940
Morse Clinic of Zebulon	Zebulon	https://www.morseclinics.com/	919-269-7343
Murchison Residential Corp	Holly Springs	http://www.murchisonresidential.com/	919-557-6712
NC Unity Services	Raleigh	No website found	919-890-5578
New Beginnings Health Care	Raleigh	No website found	919-758-8595
The Bruson Group - New Beginnings Health Care Phase III	Raleigh	http://www.thebrusongroup.com/index.html	919-981-7497
North Carolina Recovery Support Services	Raleigh	https://northcarolinarecovery.com/	919-431-9874
Novella's Place, Inc.	Raleigh	No website found	919-295-4923

P.H.P. of N.C. Inc.	Zebulon	https://phpofncinc.com/	919-375-4702
Pathways for People, Inc. Day Program	Cary	http://pathwaysforpeople.org/	919-462-1663
Peace Healthcare Inc.	Raleigh	No website found	919-803-3130
Pioneer Healthcare Inc. #3	Raleigh	No website found	919-747-9230
Resources for Human Development - Pleasant Gardens	Raleigh	https://www.rhd.org/nc/rhd-north-carolina-programs/	919-615-1598
Prosperous Living Community Center (PLCC)	Raleigh	https://placenter.org/	919-231-0025
QCS SAIOP Program	Raleigh	http://www.qcsolutions.org/index.htm	919-790-7775
RHA Health Services - Wake County Group Home #2	Raleigh	https://rhahealthservices.org/our-locations/north-carolina/	919-528-2558
RUSMED1	Raleigh	https://rusmed6.com/	919-890-5569
Renaissance Healthcare Group Raleigh, LLC - Pasadena Villa Outpatient Center - Raleigh	Cary	https://www.pasadenavillaoutpatient.com/	919-678-0124
Res. Support Svcs. of Wake Co.-Atlantic Ave GH	Raleigh	https://www.rsswake.org/	919-787-1214
Res. Support Svcs. of Wake Co.-Hailey Dr G H	Raleigh	https://www.rsswake.org/	919-787-1214

Res. Support Svcs. of Wake Co.-Millbrook Rd GH	Raleigh	https://www.rsswake.org/	919-787-1214
Resources For Human Development	Raleigh	https://www.rhd.org/program/rhd-north-carolina/	919-755-1335
Resources for Human Development, Inc. - Varsity Crest #1	Raleigh	https://www.rhd.org/program/varsity-crest/	919-755-1218
Resources for Human Development, Inc. - Varsity Crest #2	Raleigh	https://www.rhd.org/program/varsity-crest/	919-755-1218
Resources for Human Development, Inc. - Varsity Crest #3	Raleigh	https://www.rhd.org/program/varsity-crest/	919-755-1335
Rose Residential Services	Knightdale	No website found	919-679-3334
SLHC Residential Program for Women and Children	Garner	https://www.southlight.org/services/family-and-childrens-services/women-and-childrens-residential-program	919-557-6967
Sellati & Company, Inc. - Raleigh Methadone Treatment Center	Raleigh	No website found	919-781-5507
Serenity Home Corporation Inc.	Raleigh	No website found	919-900-8514
Showers of Blessings	Raleigh	No website found	984-200-7520
Sigma Health Services, LLC	Raleigh	https://www.sigmahealthservices.com/	919-848-9108

South Light Health Care	Raleigh	https://www.southlight.org/	919-787-6131
Southeastern Healthcare of North Carolina, Inc.	Raleigh	http://sehnc.com/	919-212-8580
Southlight Healthcare-Garner Road	Raleigh	https://www.southlight.org/	919-832-4453
Specialized Services & Personnel, Inc. - Bushberry Residential	Garner	https://www.sspinc.org/services.html	910-944-8125
St. Mark's Manor	Holly Springs	No website found	919-363-5311
Starkey Lowery's Supervised Living Home	Raleigh	No website found	919-217-5032
Tammy Lynn Center for Developmental Disabilities	Raleigh	https://www.nctlc.org/	919-755-2663
The Agape House	Raleigh	http://www.agapehealthcareservices.com/contact_us.htm	919-872-5999
The Bruson Group Inc. dbaNew Beginnings Health Care Pha	Knightdale	http://www.thebrusongroup.com/index.html	919-261-8566
The Emmanuel Home III	Raleigh	No website found	919-510-0146
The Emmanuel Home IV	Knightdale	No website found	919-261-8066
The Insight Program	Cary	https://theinsightprogram.com/	919-679-7577
The Manor at Riverbrooke	Raleigh	No website found	919-757-9694

The Morse Clinic of North Raleigh	Raleigh	https://www.morseclinics.com/locations/morse-clinic-north-raleigh	919-977-5993
Thomas Supervised Care	Raleigh	No website found	919-431-0100
Thomas Supervised Care – Beaufain	Raleigh	No website found	919-890-5031
TLC Operations, Inc. - Montreal Court Home	Cary	https://www.nctlc.org/	919-832-3909
TLC Operations, Inc. - Ralph Drive Home	Cary	https://www.nctlc.org/	919-755-2663
TLC Operations, Inc. - Rose Home	Cary	https://www.nctlc.org/	919-755-2663
Tony’s Helping Hand	Raleigh	No website found	919-496-6712
Twinkle-Star Home Services LLC	Raleigh	No website found	919-821-5426
UNC Health Care Alcohol&Drug Detoxification @ WakeBrook	Raleigh	https://www.unccmedicalcenter.org/unccmc/hospitals-locations/profile/unc-health-care-alcohol-and-drug-detoxification-unit-at-wakebrook/	984-974-4800
UNC Health Care Facility Based Crisis at WakeBrook	Raleigh	https://www.unccmedicalcenter.org/unccmc/hospitals-locations/profile/unc-health-care-facility-based-crisis-services-at-wakebrook/	984-974-4913
United Family Network @ Willow Springs	Willow Springs	No website found	919-639-1194
United Family Network of Fuquay-Varina	Willow Springs	No website found	919-567-1300
Universal Mental Health Services Inc. - Arbor	Raleigh	https://umhs.net/locations-1	919-786-9623

House Group Home			
Universal Mental Health Services, Inc. - Sellars Residential	Knightdale	https://umhs.net/services-we-offer	984-202-5852
United Support Services, Inc. - McConney Home	Wendell	https://www.ussnc.org/	704-841-3544
United Support Services, Inc - Terry's Safe Haven	Raleigh	https://www.ussnc.org/#	704-841-3544
Universal Mental Health Services Inc. - McGee Care Home	Raleigh	https://umhs.net/	919-373-8971
Unlimited Care Management Services, Inc.	Raleigh	No website found	919-730-7734
VOCA Corporation of NC - Hickory Avenue Home	Holly Springs	No website found	919-552-5407
VOCA Corporation of NC - Mason Street	Apex	No website found	919-387-5881
VOCA Corporation of NC - Olive Home	Apex	No website found	919-387-7080
VOCA Corporation of NC - Creekway	Fuquay-Varina	No website found	919-552-4359
Victory Healthcare Services, Inc.	Raleigh	http://www.victoryhealthcareinc.com/	919-846-9027

Village of C.A.R.E.	Raleigh	https://www.facebook.com/groups/256764866954712/posts/412033941427803/?_rdr	919-671-5999
Wake Enterprises - The Miller Building	Raleigh	http://wake-enterprises.org/	919-714-6100
Wake Enterprises, Inc.	Fuquay-Varina	http://wake-enterprises.org/	919-714-6100
Welwynn Outpatient Center	Raleigh	https://welwynn.com/	984-200-2780
Western Wake Treatment Center, LLC	Apex	https://www.apexmethadonetreatment.com/	919-629-4360
Wilkins Home	Zebulon	No website found	919-269-0918
Wilmington Treatment Center	Raleigh	https://www.wilmingtontreatment.com/	855-978-0266
YES Program Services	Raleigh	No website found	919-872-6220
YES- Emergency Shelter	Raleigh	https://interactofwake.org/whatwedo/emergency-shelter/	919-828-8304

*These facilities include:

- intermediate care facilities for individuals with intellectual disabilities (ICF/IID);
- group homes for children and adults with mental illness, developmental disabilities, and substance abuse issues; and,
- day services for children and adults with mental illness, developmental disabilities, and substance abuse issues.

Source: DHHS Licensed Facilities as of June 16, 2021

Mental Health & Substance Use Disorders			
	City	Website	Phone Number
Advance Community Health - Apex	Apex	https://www.advancechc.org/locations/apex/	919-833-3111
Advance Community Health - Cary	Cary	https://advancechc.org/locations/cary/	919-833-3111
Advance Community Health - Fuquay-Varina	Fuquay-Varina	https://www.advancechc.org/locations/fuquay-varina/	919-833-3111

Advance Community Health - Pediatrics	Raleigh	https://advancechc.org/services/pediatrics/	919-833-3111
Advance Community Health - Raleigh	Raleigh	https://advancechc.org/locations/raleigh/	919-833-3111
Advance Community Health - Horizon Healthcare for the Homeless at Oak City Cares	Raleigh	https://advancechc.org/locations/oak-city-cares/	919-833-3111
Catholic Diocese of Raleigh	Raleigh	https://dioceseofraleigh.org/	984-900-3200
Easter Seals UCP	Raleigh	https://www.easterseals.com/NCVA/	800-662-7119
Emmaus House	Raleigh	https://emmaushouseofraleigh.org/tag/mat-house/	919-327-2229
Hope Services, LLC	Raleigh	http://www.hopeservices4u.com/	919-714-7500
The Healing Place of Wake County (Men's Facility)	Raleigh	https://healing-transitions.org/	919-838-9800
Healing Transitions (Women's Facility)	Raleigh	https://healing-transitions.org/	919-838-9800
Holly Hill Hospital	Raleigh	https://hollyhillhospital.com/	919-250-7000
NAMI (National Alliance on Mental Illness)	Raleigh	https://naminc.org/	919-788-0801
Monarch (Walk-in Mental Health Clinics)	Raleigh	https://monarchnc.org/service-locations/?_sfm_county=Wake	919-856-4703
Monarch (Walk-in Mental Health Clinics)	Zebulon	https://monarchnc.org/service-locations/?_sfm_county=Wake	919-375-4453

Monarch (Walk-in Mental Health Clinics)	Cary	https://monarchnc.org/service-locations/?_sfm_county=Wake	919-650-3325
Monarch (Walk-in Mental Health Clinics)	Wake Forest	https://monarchnc.org/service-locations/?_sfm_county=Wake	919-263-9365
Monarch (Walk-in Mental Health Clinics)	Fuquay-Varina	https://monarchnc.org/service-locations/?_sfm_county=Wake	919-567-0558
Fellowship Health Resources	Raleigh	https://www.fhr.net/	919-573-6555
The Lucy Daniels Center, SecurePath	Cary	https://www.lucydanielscenter.org/securepath/	919-677-1400
Raleigh-Cary Jewish Family Services	Raleigh	www.raleighcaryjfs.org	919-676-2295
Recovery Communities of North Carolina	Raleigh	https://www.rcnc.org/	919-231-0248
Strategic Behavioral Center	Garner	https://www.sbcraleigh.com/	919-800-4400
SouthLight Adult Services	Raleigh	https://www.southlight.org/	919-787-6131
Triangle Family Services	Raleigh	https://tfsnc.org/	919-821-0790
UNC Health Care Alcohol and Drug Detoxification Unit at WakeBrook	Raleigh	https://www.unccmedicalcenter.org/unccmc/hospitals-locations/profile/unc-health-care-alcohol-and-drug-detoxification-unit-at-wakebrook/	984-974-4800
UNC Health Care Facility Based Crisis at WakeBrook	Raleigh	https://www.unccmedicalcenter.org/unccmc/hospitals-locations/profile/unc-health-care-facility-based-crisis-services-at-wakebrook/	984-974-4913
Wake County Health and	Raleigh	https://www.wakegov.com/departments-government/housing-affordability-	919-508-0777

Human Services - Cornerstone Center		community-revitalization/find-services/cornerstone-center	
Wake Monarch Academy	Raleigh	https://wakemonarchacademy.org/	919-925-6950
Welwynn Outpatient Center	Raleigh	https://welwynn.com/substance-abuse-treatment-raleigh-nc/	984-200-2780

Source: 2019 Wake County CHNA, Google Search

Dental Services	City	Website	Phone Number
Advance Community Health - Dental	Raleigh	https://advancechc.org/services/dental/	919-833-3111
Delta Dental of North Carolina	Raleigh	https://northcarolina.deltadental.com/	800-662-8856
Wake County Public Health Center, Sunnybrook	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/sunnybrook	919-212-7000
Wake Smiles	Raleigh	https://www.wakesmiles.org/	919-390-6497
Wake Tech Dental Hygiene	Raleigh	https://www.waketech.edu/programs-courses/credit/dental-hygiene/patient-information	919-747-0126

Source: 2019 Wake County CHNA, Google Search

Eye Care	City	Website	Phone Number
Division of Services for the Blind	Raleigh	https://www.ncdhhs.gov/divisions/services-blind	919-527-6700
Medical Eye Care Program	Raleigh	https://www.ncdhhs.gov/assistance/vision-loss/medical-eye-care-program	No number listed
NC Eyes Vision NC	Raleigh	https://www.nceyes.org/visionusa	919-977-6964
Prevent Blindness NC	Raleigh	https://nc.preventblindness.org/	919-755-5044

Wake County Health and Human Services, Swinburne	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/swinburne	919-212-7000
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Source: 2019 Wake County CHNA, Google Search

Pregnancy and Child Care	City	Website	Phone Number
Birthchoice	Raleigh	https://birthchoicewake.org/	919-781-5433
Care Coordination for Children	Raleigh	https://www.ncdhhs.gov/infant-plan-safe-care/care-coordination-for-children	1-800-662-7030
Community Partnerships, Inc.	Raleigh	https://www.communitypartnerships.org/	919-781-3616
Early Head Start Home Visiting Program	Raleigh	https://www.smartstart.org/tag/early-head-start/	919-821-7999
NC Division of Child Development and Early Education	Raleigh	https://ncchildcare.ncdhhs.gov/	919-814-6300
NC DHHS Pregnancy Services	Raleigh	https://www.ncdhhs.gov/assistance/pregnancy-services/pregnancy-services	1-800-662-7030
NeighborHealth Center	Raleigh	https://neighborhealthcenter.org/	984-222-8000
Nurse-Family Partnership	Raleigh	https://www.nursefamilypartnership.org/	866-864-5226
Planned Parenthood	Raleigh	https://www.plannedparenthood.org/	919-833-7526
Sacred Heart Catholic Church	Raleigh	https://www.raleighcathedral.org/content.cfm?id=630	919-832-6030
Safechild NC	Raleigh	https://safechildnc.org/	919-743-6140
Wake Connections	Raleigh	https://wakeconnections.org/	919-851-9550
Wake County Child Care		https://www.wakegov.com/departments-government/human-services/children-and-family-services/child-care-subsidy	919-212-7052

Subsidy Program			
Wake County Health Department	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/sunnybrook	919-212-7000
WakeMed Pregnancy and Childbirth Resources	Raleigh	https://www.wakemed.org/care-and-services/womens/pregnancy-and-childbirth/pregnancy-and-childbirth-resources	919-350-8000
Your Choice Pregnancy Clinic	Raleigh	https://yourchoicepregnancyclinic.com/	919-758-8444
Your Choice Pregnancy Clinic	Fuquay-Varina	https://yourchoicepregnancyclinic.com/	919-577-9050

Source: 2019 Wake County CHNA, Google Search

Emergency Medical Services (EMS) Stations	City
Apex Main Station	Apex
Apex South Station	Apex
Bethany Church Station	Wendell
Cary Main Station	Cary
Cary North Station	Cary
Cary South Station	Cary
Cary West Station	Cary
Downtown Station	Raleigh
Durant Station	Raleigh
E Raleigh Station	Raleigh
Fairgrounds Station	Raleigh
Fairview EMS Station	Cary
Fuquay Station	Fuquay-Varina
Garner East Station	Garner
Garner Main Station	Garner
Garner South Station	Garner
Garner South Station	Garner
Highwoods Station	Raleigh
Hilltop Station	Fuquay-Varina
Holly Springs Station	Holly Springs
Holly Springs Station	Holly Springs
Knightdale Main Station	Knightdale

Knightdale South Station	Knightdale
Knightdale West Station	Wendell
Mini City Station	Raleigh
Morrisville Station	Morrisville
NC State Station	Raleigh
New Hope Station	Raleigh
North Hills Station	Raleigh
Pleasant Valley Station	Raleigh
RDU Airport Station	Raleigh
Rolesville Main Station	Rolesville
Six Forks Main Station	Raleigh
Six Forks North Station	Raleigh
St. Augustine's Station	Raleigh
Stony Hill Station	Raleigh
Wake Forest South Station	Wake Forest
Wake Forest Station	Wake Forest
Wakebrook Station	Raleigh
Wendell Main Station	Wendell
Whitaker Mill Station	Raleigh
Zebulon Station	Zebulon

Source: Open Data Raleigh, EMS Stations as of October 14, 2020, <https://data-wake.opendata.arcgis.com/datasets/ems-stations/explore?location=35.782147%2C-78.606462%2C3.80&showTable=true>

Community Services

Wake County Health and Human Services Locations	City	Website	Phone Number
Community Services Center	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/additional-human-services-locations	No number listed
Cornerstone Center	Raleigh	https://www.wakegov.com/departments-government/housing-affordability-community-revitalization/find-services/cornerstone-center	919-508-0777
Crisis Stabilization Center	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/additional-human-services-locations	984-974-4800

Crosby-Garfield Center	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/crosby-garfield-center	919-857-9243
Departure Regional Center	Raleigh	https://www.wake.gov/departments-government/health-human-services/health-human-services-locations/departure-regional-center	919-431-4000
Eastern Regional Center	Zebulon	https://www.wakegov.com/departments-government/human-services/human-services-locations/eastern-regional-center	919-404-4028
Falstaff Human Services Center	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/additional-human-services-locations	No number listed
Fuquay-Varina Coalition	Fuquay-Varina	https://fvcoalition.org/	919-346-6808
Human Services Center at Departure	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/human-services-center-departure	919-431-4034
Human Services Center Somerset	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/human-services-center-somerset	No number listed
Larry B. Zieverink, Sr. Center	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/additional-human-services-locations	919-212-8387
Northern Regional Center	Wake Forest	https://www.wakegov.com/departments-government/human-services/human-services-locations/northern-regional-center	919-562-6300
South Wilmington Street Center	Raleigh	https://www.wakegov.com/departments-government/housing-affordability-community-revitalization/find-services/south-wilmington-street-center	919-857-9428
Southern Regional Center	Fuquay-Varina	https://www.wakegov.com/departments-government/human-services/human-services-locations/southern-regional-center	919-557-1002

Swinburne	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/swinburne	919-212-7000
UNC Health Care Addiction Treatment Center at Wakebrook	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/additional-human-services-locations	984-974-4800
Wake County Courthouse	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/additional-human-services-locations	No number listed
Wake County Public Health Center, Sunnybrook	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/sunnybrook	919-212-7000
WakeBrook	Raleigh	https://www.unccmedicalcenter.org/unccmc/care-treatment/mental-health/unc-hospitals-at-wakebrook/	800-510-9132
Wake House Visitation Center	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/wake-house-visitation-center	919-856-7019
Waverly F. Akins Building (W.C. Office Bldg.)	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/additional-human-services-locations	No number listed
Western Human Services Center	Cary	https://www.wakegov.com/departments-government/human-services/human-services-locations/western-human-services-center	919-461-4600

Source: Wake County Health and Human Services, 2019 Wake County CHNA

Senior Resources, Centers and Programs	City	Website	Phone Number
Anne Gordon Center for Active Adults at Millbrook Exchange	Raleigh	https://raleighnc.gov/places/anne-gordon-center-active-adults	919-996-4720
Apex Senior Programs	Apex	https://www.apexnc.org/515/Senior-Adult-Programs	919-249-3507
Cary Senior Center	Cary	https://www.townofcary.org/recreation-enjoyment/facilities/senior-center	919-469-4081

Division of Aging and Adult Services	Raleigh	https://www.ncdhhs.gov/divisions/aging-and-adult-services	919-855-3400
Eastern NC Chapter of the Alzheimer's Association	Raleigh	https://www.alz.org/nc	800-272-3900
Eastern Wake Senior Center	Wendell	https://www.townofwendell.com/living/eastern-wake-senior-center	919-365-4248
Five Points Center for Active Adults	Raleigh	https://raleighnc.gov/places/five-points-center-active-adults	919-996-4730
Fuquay-Varina Senior Programs	Fuquay-Varina	Unsure about website	919-552-1430
Garner Senior Center	Garner	https://www.garnernc.gov/departments/parks-recreation-and-cultural-resources/parks-facilities/garner-senior-center	919-779-0122
North Carolina Assisted Living Association	Raleigh	https://www.ncala.org/	919-467-2486
Northern Wake Senior Center	Wake Forest	https://www.wakeforestnc.gov/northern-wake-senior-center	919-554-4111
Resources for Seniors	Raleigh	http://www.resourcesforseniors.com/	919-872-7933
Senior and Adult Services	Raleigh	https://www.wakegov.com/departments-government/human-services/programs-assistance/senior-and-adult-services	No number listed
Triangle J Area Agency on Aging	Durham	https://www.tjcog.org/aging	919-549-0551
Wake County Human Services, Swinburne	Raleigh	https://www.wakegov.com/departments-government/human-services/human-services-locations/swinburne	919-212-7000
Walnut Terrace Neighborhood Center	Raleigh	https://raleighnc.gov/places/walnut-terrace-center	919-996-6160

Source: 2019 Wake County CHNA, Wake Network of Care, Google Search

Recreation Resources

Parks & Recreation	City
American Tobacco Trail	Apex

Blue Jay Point County Park	Raleigh
Crowder County Park	Apex
Green Hills County Park	Raleigh
Harris Lake County Park	New Hill
Historic Oak View County Park	Raleigh
Historic Yates Mill County Park	Raleigh
Lake Crabtree County Park	Morrisville
Robertson Millpond Reserve	Wendell
Turnipseed Nature Preserve	Wendell
YMCA of the Triangle	Raleigh
Map of parks and trails available from Wake County Government: https://www.wake.gov/departments-government/parks-recreation-open-space/all-parks-trails	

Source: Wake County Parks & Recreation, Parks, Trails & Greenways.

Homeless/Emergency Shelter Resources

Homeless/Emergency Shelters and Resources	City	Website	Phone Number
AME Men's Shelter	Raleigh	No website found	919-824-3734
Cornerstone Center	Raleigh	https://www.wakegov.com/departments-government/housing-affordability-community-revitalization/find-services/cornerstone-center	919-508-0777
Easter Seals UCP of North Carolina	Raleigh	https://www.easterseals.com/NCVA/	800-662-7119
HADIT Home for Veterans	Raleigh	https://www.hadithome.org/comforts-of-home/	919-924-4738
Healing Transitions (Men's Facility)	Raleigh	https://healing-transitions.org/	919-838-9800
Healing Transitions (Women's Facility)	Raleigh	https://healing-transitions.org/	919-838-9800
Interact of Wake County	Raleigh	https://interactofwake.org/	919-828-7501
PLM Families Together	Raleigh	https://famielsttogethernc.org/	919-212-1123
Raleigh Wake Partnership to End	Raleigh	https://partnershipwake.org/	919-443-0098

and Prevent Homelessness			
Raleigh Rescue Mission	Raleigh	https://www.raleighrescue.org/	919-828-9014
Salvation Army	Raleigh	https://www.salvationarmycarolinas.org/wakecounty/	919-779-8867
South Wilmington Street Center	Raleigh	https://www.wakegov.com/departments-government/housing-affordability-community-revitalization/find-services/south-wilmington-street-center	919-857-9428
The Helen Wright Center for Women	Raleigh	https://urbanmin.org/services/shelter/	919-833-0332
Wake Interfaith Hospitality Network Day Center	Raleigh	https://www.familypromisewake.org/	919-832-6024
Wrenn House (Haven House)	Raleigh	https://www.havenhousenc.org/wrennhouse/	919-833-3312

Source: 2019 Wake County CHNA, Google Search

Transitional Housing Resources

Housing: Transitional Housing	City	Website	Phone Number
Christian Life Home	Raleigh	https://www.christianlifehome.org/	919-510-5400
Dorothy Mae Hall Women's Center	Wendell	https://dmhwc.org/	919-371-8523
Emmaus House	Raleigh	https://emmaushouseofraleigh.org/	919-327-2229
Fellowship Home of Raleigh	Raleigh	http://www.fellowshiphome.org/	919-833-6030
Harriet's House	Raleigh	No website found	919-834-0666
Hustead House	Raleigh	No website found	919-787-8129
In Our Shoes, Inc.	Raleigh	http://www.inourshoesinc.org/index.html	No number listed
Incentive Housing Dormitory	Raleigh	No website found	919-856-6109
Lutheran Services Carolinas	Raleigh	https://lscarolinas.net/	919-832-2620
NC Coalition Against Sexual Assault	Raleigh	https://nccadv.org/	828-488-5572

Oxford House (multiple locations)	Multiple sites	https://oxfordhouse.org/userfiles/file/	919-812-8282
Pan Lutheran Ministries	Raleigh	No website found	919-212-1123
Passage Homes	Raleigh	https://www.passagehome.org/	919-834-0666
Southlight Healthcare	Raleigh	https://www.southlight.org/	919-787-6131
St. Paul's AME Men's Empowerment Center	Raleigh	No website found	919-834-3734
The Caring Place	Cary	https://www.thecaringplace.org/	919-462-1800
Women's Center of Wake County	Raleigh	https://www.wcwc.org/	919-829-3711

Source: 2019 Wake County CHNA, Google Search

Transportation Resources

Transportation	City	Website	Phone Number
Allen's Transportation Services in Wake County	Raleigh	No website found	919-610-3285
Center for Volunteer Caregiving	Cary	https://volunteercaregiving.org/	919-460-0567
GoCary	Cary	https://gocary.org/	919-485-7433
GoRaleigh Access	Raleigh	https://raleighnc.gov/go-raleigh-access	919-996-3459
GoTriangle	Raleigh	https://gotriangle.org/	919-485-7433
GoWake Access	Raleigh	https://www.wakegov.com/departments-government/human-services/programs-assistance/gowake-access-transportation	919-212-7005
Kingdom Transportation	Raleigh	https://www.kingdomtransportation.com/	919-231-0707
Regional Transportation Alliance	Raleigh	https://www.raleighchamber.org/rta.html	919-664-7062
Resources for Seniors, Inc.	Raleigh	http://www.resourcesforseniors.com/	919-872-7933

Travelers Aid (Cornerstone)	Raleigh	https://www.travelersaid.org/blog/tai-members/travelers-aid-cornerstone-wake/	919-212-7000
Wake Coordinated Transportation Services	Raleigh	No website found	919-996-4444
Wheels 4 Hope	Raleigh	https://wheels4hope.org/	919-832-1941
Wolfline	Raleigh	https://transportation.ncsu.edu/riding-the-wolfline-bus/	919-515-9653

Source: 2019 Wake County CHNA, Google Search

Veterans Services

Veterans Services	City	Website	Phone Number
CASA NC	Raleigh	https://www.casanc.org/	919-754-9960
Help NC Vets	Raleigh	https://helpncvets.org/	1-800-273-8255
NC Department of Military and Veterans Affairs	Raleigh	https://www.milvets.nc.gov/	844-624-8387
NCServes Central Carolina	Raleigh	https://raleigh.americaserves.org/	1-866-249-6656
Raleigh VA Clinic	Raleigh	https://www.va.gov/find-locations/facility/vha_558GB	919-212-0129
The Raleigh Vet Center	Raleigh	https://www.va.gov/directory/guide/facility.asp?ID=5442	919-361-6419
Veterans Life Center North Carolina	Raleigh	https://vlcnc.org/	919-803-5516
Wake County Health and Human Services Veterans Services	Raleigh	https://www.wakegov.com/departments-government/veterans-services	919-268-7456
Women Veterans Support Services, Inc.	Raleigh	https://www.wvss-nc.org/wp/	919-894-1012

Source: 2019 Wake County CHNA, Google Search

Youth Services Resources

Youth Services	City	Website	Phone Number
100 Black Men of Triangle East	Raleigh	https://100bmte.org/	No number listed
Backpack Tutoring	Raleigh	https://backpacktutoring.weebly.com/index.html	919-800-8787

Big Brother Big Sister	Morrisville	http://bigstri.org/	919-850-9772
Brentwood Club	Raleigh	https://wakebgc.org/brentwood-club/	919-790-8284
Camp SWAG (Students with Ambitions & Goals)	Cary	https://cswag.org/	919-443-5866
City of Raleigh Parks and Recreation	Raleigh	https://raleighnc.gov/parks-recreation-and-cultural-resources	919-966-3285
Clubs in the City Youth Development	Raleigh	https://clubsinthecity.org/programs	919-602-2475
Community Music School	Raleigh	https://cmsraleigh.org/	919-832-0900
Haven House - Main Office	Raleigh	https://www.havenhousenc.org/	919-833-3312
Haven House - Wrenn House	Raleigh	https://www.havenhousenc.org/wrennhouse/	919-832-7866
Kids Peace	Raleigh	https://www.kidspeace.org/	919-872-6447
NC Theatre 4 Change	Raleigh	https://nctheatre.com/	919-831-6941
NCWorks Apprenticeship	Raleigh	https://www.ncworks.gov/gsipub/index.asp?docid=37	855-629-6757
Neighbor to Neighbor Outreach	Raleigh	https://www.n2noutreach.org/	919-833-7218
Neighborhood Ecology Corps	Raleigh	https://www.centerforhuman-earthrestoration.com/neighborhood-ecology-corps/html	919-270-8876
Passage Homes Youth Development	Raleigh	https://www.passagehome.org/	919-834-0666
Raleigh Boys Club	Raleigh	https://wakebgc.org/	919-834-6282
Raleigh Girls Club	Raleigh	https://wakebgc.org/	919-834-6283
Raleigh Youth Council (RYC)	Raleigh	https://raleighnc.gov/services/parks/teen-program#paragraph--221511	919-996-2139
Ruth's Promises 4 Youth, Inc.	Cary	https://ruthspromises4youth.com/	919-244-0757
Saint Monica Teen Center	Raleigh	https://www.salvationarmycarolinas.org/wakecounty/community-center/	919-996-4770
Salvation Army Red Shield Club	Raleigh	https://www.salvationarmycarolinas.org/wakecounty/community-center/	919-834-6733

The Club Teen Center	Raleigh	https://wakebgc.org/the-club-teen-center/	919-250-3595
The Institute for Mathematics and Computer Science (IMACS of NC)	Raleigh	https://www.imacs.org/	919-786-0246
TOPS (Teen Outreach Programs)	Raleigh	https://raleighnc.gov/services/parks/teen-program	919-996-2141
Wake Forest Club	Wake Forest	https://wakebgc.org/wake-forest-club/	919-556-7266
Wake Harvest Youth Mentorship Program	Raleigh	https://wakeharvest.com	919-561-9740
Washington Street Elementary School	Raleigh	https://www.wcpss.net/washingtontes	919-856-7960
YMCA of the Triangle	Raleigh	https://www.ymcatriangle.org/	919-719-9622
Youth Advocacy and Involvement Office	Raleigh	https://ncadmin.nc.gov/about-doa/divisions/council-women-youth-involvement	919-807-4400
Youth & 4-H	Raleigh	https://www.wakegov.com/4-h-youth-development	919-250-1100
Youth Empowered Solutions	Raleigh	https://psequity.org/yes-for-equity/	919-212-4231
Youth Thrive	Raleigh	http://youth-thrive.org/	919-463-5005
Zebulon Club	Zebulon	https://wakebgc.org/zebulon-club/	919-404-1087

Source: 2019 Wake County CHNA and Google Search

Food Access Resources

Food Pantries and Meals	City	Website	Phone Number
A Place Called Hope	Garner	https://www.apchchurch.org/hope-pantry	919-662-8019
Alliance of AIDS Services Carolina	Raleigh	https://www.aas-c.org/	919-834-2437
Bethlehem Baptist Church	Raleigh	No website found	919-847-5219
Burning Bush Ministries Food Pantry	Garner	No website found	919-662-4004

Brooks Avenue Church of Christ	Raleigh	https://brooksave.org/	919-821-2400
Capital City Christian Church	Raleigh	No website found	919-851-5986
Catholic Parish Outreach	Raleigh	https://www.catholiccharitiesraleigh.org/cpo/	919-873-0245
Celebration Church Food Pantry	Raleigh	https://www.celebrationchurchnc.com/	919-954-8800
Centro Cristiano Emanuel	Raleigh	No website found	919-523-4167
Community of Hope Ministries	Garner	https://communityofhopeministries.org/ministries/food-pantry/	919-779-6679
Comunidad Cristiana Hosanna Food Bank	Raleigh	http://www.comunidadch.org/pages.asp?pageid=109268	919-834-4122
Covenant Life Church Food Pantry	Cary	https://clc.city/	919-615-1122
Crabtree Valley Baptist Church: Hope Pantry	Raleigh	https://www.crabtreevalleybaptist.org/missions/hope-pantry/	919-781-5345
Cristo La Solucion Food Pantry	Knightdale	No website found	919-790-0266
Dorcas Ministries	Cary	https://dorcascary.org/	919-469-9861
Faith in Action	Garner	No website found	919-803-4838
Faith Missionary Baptist Church	Raleigh	No website found	919-601-7603
FEED Ministry: North Wake Church	Wake Forest	http://archive.northwake.com/ministries/feed-ministry/	919-556-1546
First Baptist Church	Raleigh	https://fbcraleigh.org/	919-832-4485
First Baptist Church – Garner	Garner	No website found	919-779-6679
First Cosmopolitan MBC Food Pantry	Raleigh	No website found	919-833-3283
First Worldwide Ministries	Raleigh	No website found	919-948-7003
Focus Church Food Pantry	Raleigh	https://focus.church/	919-335-5171
Food Bank of Eastern/Central NC	Raleigh	https://foodbankcenc.org/	919-875-0707

Fresh Manna Food Pantry: New Canaan Covenant Church	Raleigh	No website found	252-657-8810
Fuquay Emergency Food Pantry	Fuquay-Varina	https://www.fvfoodpantry.com/	919-552-7720
Garner Area Ministries	Garner	https://gam-nc.org/	919-771-9100
Gethsemane SDA Church	Raleigh	https://gethsemanesdachurch.org/	919-614-5106
Glory Cloud & Fire Ministries	Zebulon	https://www.glorycloudfire.com/ministries/food-bank/	919-269-5830
Greater Pentecostal Church	Raleigh	No website found	919-231-9982
Green Pines Baptist Church	Knightdale	https://greenpines.org/	919-266-1613
Grocers on Wheels	Raleigh	https://groceronwheels.com/	919-578-8158
Hallelujah Soup Kitchen	Raleigh	No website found	919-995-2815
Hephzibah Baptist Church	Wendell	https://hbcwendell.com/	919-365-7847
Holly Springs Food Cupboard	Holly Springs	https://hsfoodcupboard.org/	919-577-2210
Hope Community Church	Raleigh	https://gethope.net/raleigh/	919-532-0620
Hope House	Wake Forest	https://www.hopehousewf.org/programs	919-263-1007
Iglesia De Dios Pentecostal	Raleigh	No website found	919-931-4887
Intercommunity Council Northpark Shared Pantry	Raleigh	No website found	919-301-8250
Inter-Faith Food Shuttle	Raleigh	https://www.foodshuttle.org/	919-250-0043
Islamic Association of Raleigh Food Pantry	Raleigh	No website found	919-834-9572
Joseph's Hand	Raleigh	No website found	919-798-8510
Juniper Level Missionary Baptist Church	Raleigh	No website found	919-779-6401

Knightdale Memorial UMC	Knightdale	http://www.knightdaleumc.org/	919-266-2373
Longview United Methodist Church	Raleigh	No website found	919-834-7554
Martin Street Baptist Church	Raleigh	https://www.martinstreetbaptist.org/	919-833-9756
Mary's Pantry: NC A. Philip Randolph Institute	Raleigh	No website found	919-833-6671
Meals on Wheels	Raleigh	https://www.wakemow.org/	919-833-1749
Millbrook United Methodist Church	Raleigh	https://millbrookumc.org/food-pantry	919-876-0865
NC State University – Feed the Pack	Raleigh	https://feedthepack.dasa.ncsu.edu/	No number listed
New Bethel Baptist Church	Rolesville	https://www.newbethelrolesville.org/food-pantry.html	919-556-5395
New Bethel Christian Church	Raleigh	https://newbethelcc.com/	919-231-6351
New Fellowship Ministry	Holly Springs	No website found	919-362-9100
New Freedom Christian Fellowship	Raleigh	https://www.newfreedomchristian.org/ministries	919-601-2352
North Haven Church	Raleigh	https://northhavenraleigh.org/share/	919-847-4291
North Raleigh Ministries	Raleigh	https://northraleighministries.com/	919-844-6676
Oak City Outreach Center	Raleigh	https://oakcitycares.org/	984-344-9599
Open Door Food Pantry	Raleigh	https://www.opendoorlife.com/for-the-community/	919-847-6969
Pleasant Grove Baptist Church	Wendell	https://www.pleasantgrovewendell.org/food-pantry/	919-365-7292
Poplar Springs Christian Church	Raleigh	https://poplar-springs.org/events/	919-772-5151
Raleigh-Cary Jewish Family Services	Raleigh	www.raleighcaryjfs.org	919-676-2295
Raleigh Church of Christ	Raleigh	https://www.raleighchurchofchrist.org/ministries/	919-852-5683
Raleigh Vineyard Christian Fellowship	Raleigh	https://www.raleighvineyard.org/food-pantry	919-790-0001

Revelation Missionary Baptist Church	Raleigh	https://revelationmbc.wixsite.com/raleigh/about_us	919-828-9292
Richland Creek Community Church	Raleigh	https://richlandcreek.com/food/	414-708-1310
Riley Hill Baptist Church	Wendell	https://www.rileyhillbaptistchurch.org/	919-365-5277
Salvation Army	Raleigh	https://www.salvationarmycarolinas.org/wakecounty/	919-834-6733
Shaw University	Raleigh	No website found	919-546-8522
Shepherd's Table Soup Kitchen	Raleigh	http://www.shepherds-table.org/	919-831-2010
St. Augustine's University	Raleigh	https://www.st-aug.edu/student-food-pantry/	919-516-4580
St. Mary's AME Church	Apex	https://stmaryamechurch.org/category/news_events/	919-362-0076
St. James Food Pantry	Raleigh	No website found	919-876-5796
State Street Community Church	Raleigh	https://statestreetcommunitychurch.org/	919-828-3746
Straightway Temple Ministries	Zebulon	No website found	919-269-5070
Swift Creek Baptist Church	Raleigh	No website found	919-851-0112
The O'Neal Revival Tabernacle	Zebulon	https://onealtabernacle.org/	919-375-4275
The Point Church	Raleigh	https://pointchurch.brushfire.com/care-pantry/470458	919-375-4275
The Women's Center	Raleigh	https://www.wcwc.org/	919-829-3711
Tri-Area Ministries	Wake Forest	https://triareaministry.com/	919-556-7144
Universal Outreach	Wake Forest	No website found	919-327-7702
Upper Room Church	Raleigh	No website found	919-829-6160
Urban Ministries Crisis Intervention Center	Raleigh	https://urbanmin.org/	919-836-1642
Wake Chapel Church Meal Barrel	Raleigh	https://www.wakechapel.org/	919-872-7776

Wake Forest Mobile Market	Wake Forest	No website found	919-931-2014
Wake Relief	Raleigh	https://wakerelief.org/	919-833-6400
Wake Tech: The Nest	Raleigh	https://www.waketech.edu/student-services/student-advocacy/the-nest	919-866-5000
Wendell United Methodist Church	Wendell	https://wendellumc.org/missions-outreach/	919-365-6266
Western Wake Crisis Ministries	Apex	https://wwcm.org/	919-362-0657
White Oak Foundation, Inc.	Apex	https://www.wofnc.org/food_pantry	919-362-6768
With Love from Jesus	Raleigh	https://www.withlovefromjesus.org/	919-233-8010
Word of God Fellowship Church	Raleigh	https://www.wofgc.org/	919-834-1141
Zebulon Baptist Church	Zebulon	No website found	772-360-5862
Zina Christian Church Center	Raleigh	http://www.visitzcc.org/	919-954-9190

Source: 2019 Wake County CHNA, Google Search

Educational Resources

Educational Resources	City	Website	Phone Number
Childcare Subsidy	Raleigh	https://www.ncdhhs.gov/assistance/childrens-services/child-care-subsidy	800-662-7030
Division of Child Development and Early Education	Raleigh	https://ncchildcare.ncdhhs.gov/	919-814-6300
Early Intervention Infant-toddler B2 Program	Raleigh	https://beearly.nc.gov/	919-707-5520
East Wake Education Foundation	Wendell	http://www.eastwakeeducationfoundation.org/	919-366-5901
Family Literacy Program	Raleigh	https://triangleliteracy.org/	919-787-5559
Family Resource Center	Raleigh	https://frcsa.org/	919-834-9300

Forest Hills Baptist Church – Preschool	Raleigh	https://www.foresthills.org/ministry/pages/connections-preschool	919-828-6161
Goodwill Industries of Eastern North Carolina	Raleigh	https://www.gienc.org/	919-941-9600
HIPPYUSA	Raleigh	https://frcsa.org/	919-834-9300
Hispanic Family Center	Raleigh	https://www.catholiccharitiesraleigh.org/cpfh/	919-873-0094
Lifelong Learning with Community Schools	Raleigh	https://cs.wcpss.net/index.php?route=Illcontroller	919-694-0559
Lucy Daniels Center for Early Childhood	Cary	https://www.lucydanielscenter.org/	919-677-1400
NC Head Start Office	Raleigh	http://headstartnc.org/	866-437-9067
NC Pre-Kindergarten	Multiple sites	https://ncchildcare.ncdhhs.gov/Home/DCDEE-Sections/North-Carolina-Pre-Kindergarten-NC-Pre-K	919-814-6300
Office of Early Learning/Preschool Services (WCPSS)	Multiple sites	https://www.wcpss.net/Page/38132	919-431-7400
Parents as Teachers	Raleigh	https://www.wcpss.net/domain/13967	919-856-7774
Pre-K Title 1	Cary	https://www.wcpss.net/Page/26933	919-431-7400
Project Enlightenment	Raleigh	https://www.wcpss.net/projectenlightenment	919-856-7774
Ready to Learn Centers (through WCPSS)	Multiple sites	https://www.wcpss.net/domain/13975	919-250-4750
School Health Advisory Council	Statewide	https://sites.google.com/dpi.nc.gov/nchealthyschools/wcc/school-health-advisory-council-shac	No number listed
STEM for Kids	Raleigh	https://t.stemforkids.net/nctriangle/	919-297-8366
WakeEd Partnership – FAST	Raleigh	https://www.wakeed.org/fast/	919-821-7609
Wake Connections	Raleigh	https://wakeconnections.org/	919-851-9550
Wake County Board of Education	Raleigh	https://www.wcpss.net/schoolboard	919-431-7400
Wake County Smart Start	Raleigh	https://www.wakesmartstart.org/	919-851-9550

Wake Cross Roads Baptist Church - Preschool	Raleigh	https://wakecrossroads.com/preschool-tck/	919-266-2957
Wake Forest Charter Academy	Wake Forest	https://www.nhaschools.com/schools/wake-forest-charter-academy/en	919-263-8673

Source: 2019 Wake County CHNA, Google Search

Educational Resources - Colleges/Universities	City	Website	Phone Number
Campbell Law School	Raleigh	https://law.campbell.edu/	919-865-4650
ECPI College of Technology	Raleigh	https://www.ecpi.edu/	1-844-334-4466
Meredith College	Raleigh	https://www.meredith.edu/	919-760-8600
Miller Motte Technical College	Raleigh	https://www.miller-motte.edu/	800-705-9182
North Carolina State University	Raleigh	https://www.ncsu.edu/	919-515-2011
Saint Augustine's University	Raleigh	https://www.st-aug.edu/	919-516-4000
Shaw University	Raleigh	https://www.shawu.edu/	919-546-8200
Strayer University	Raleigh	https://www.strayer.edu/	877-445-7180
Wake Technical Community College	Raleigh	https://www.waketech.edu/	919-866-5420
William Peace University	Raleigh	https://www.peace.edu/	919-508-2000

Source: 2019 Wake County CHNA, Google Search

Employment Resources

Employment Resources	City	Website	Phone Number
Capital Area Workforce Development	Raleigh	https://capitalareancworks.com/	No number listed
Culinary Job Training Program	Raleigh	https://www.foodshuttle.org/	919-256-3880
Dress for Success	Raleigh	https://dfstrianglenc.org/	919-286-2128
Goodwill Industries	Raleigh	https://www.gienc.org/ourstores	919-556-3435
LaunchWakeCounty	Raleigh, Apex, Cary, Fuquay-	https://www.waketech.edu/programs-courses/non-credit/build-	No number listed

	Varina, Garner Knightdale, Morrisville, Rolesville, Wendell, Zebulon	business/small-business-center/launchwakecounty	
NC State Industrial Commission	Raleigh	https://www.ic.nc.gov/	919-716-1700
NC Triangle Apprenticeship Program	Raleigh	https://nctap.org/	919-946-7096
NCWorks Career Center @ Swinburne	Raleigh	https://next.ncworks.gov/career-center-locations/	919-856-6048
North Carolina Division of Services for the Blind	Raleigh	https://www.ncdhhs.gov/divisions/services-blind	919-527-6700
NuAngles	Wake Forest	https://www.nuangleshomecare.com/	984-235-7253
Passage Homes BOOST Workforce Development Program	Raleigh	https://www.passagehome.org/services/job-training/	919-834-0666
Step Up Ministries	Raleigh	https://www.stepupministry.org/	919-781-0156
Telamon	Raleigh	https://www.telamon.org/	919-851-7611
Vocational Rehabilitation Services	Raleigh	https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services	919-579-5100
Wake Area Business Advisory Council	Raleigh	https://www.wakegov.com/departments-government/human-services/programs-assistance/employment-assistance/wake-area-business-advisory-council	919-212-7104
Wake Tech Apprenticeship	Raleigh	https://www.waketech.edu/programs-courses/wakeworks/apprenticeship	919-334-1624
Works in the Triangle	Raleigh	https://www.workinthetriangle.com/	919-664-7071

Work First 200% Program (Wake County Health and Human Services)	Raleigh	https://www.wakegov.com/departments-government/human-services/programs-assistance/employment-assistance/work-first#:~:text=Work%20First%20is%20an%20employment,families%20in%20reaching%20self%2Dsufficiency	919-212-7846
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Source: 2019 Wake County CHNA, Google Search

Special Needs Resources

Special Needs Resources	City	Website	Phone Number
ACI Support Specialist	Garner	https://www.dungarvin.com/locations/aci-dungarvin-north-carolina/	919-329-5671
A Small Miracle	Raleigh	https://www.asmallmiraclellc.com/	919-854-4400
Autism Society of North Carolina	Raleigh	https://www.autismsociety-nc.org/	800-442-2762
Center for Parent Information and Resources (CPIR)	Raleigh	https://www.parentcenterhub.org/	973-642-8100
Community Partnerships Inc.	Raleigh	https://www.communitypartnerships.org/	919-781-3616
Disability Rights NC	Raleigh	https://disabilityrightsn.org/	919-856-2195
Exceptional Children Division	Raleigh	https://ec.ncpublicschools.gov/	No number listed
Gigi's Playhouse	Raleigh	https://gigisplayhouse.org/raleigh/	919-307-3952
Going Full Circle	Fuquay-Varina	https://www.gfcircle.org/	919-557-5717
Helping Horse Therapeutic Riding Program	Raleigh	https://helpinghorse.org/	919-816-2103
Horses for Hope	Raleigh	https://www.horsesforhope.org/	919-906-3363
Lindley Habilitation	Cary	https://cbcare.com/north-carolina-locations/lindley/	919-390-2980
NC Children and Youth with Special	Raleigh	https://publichealth.nc.gov/wch/families/helplines.htm	1-800-737-3028

Health Care Needs Help Line			
NC Infant-Toddler Program	Raleigh	https://beearly.nc.gov/	919-707-5520
The Arc of the Triangle, Inc.	Raleigh	https://www.arctriangle.org/	919-942-5119
The Children with Special Health Care Needs Helpline	Raleigh	https://www.ncdhhs.gov/blog/dhhs-has-help-line-children-special-health-care-needs	1-800-737-3028
The Power of the Dream Inc	Raleigh	https://thepowerofthedream.org/	919-212-4238

Source: 2019 Wake County CHNA, Google Search

Government Resources

Government Resources	Website	Phone Number
Apex Chamber of Commerce	https://www.apexchamber.com/	919-362-6456
Apex Town Council	https://www.apexnc.org/150/Town-Council	919-249-3400
Cary Town Council	https://www.townofcary.org/mayor-council/town-council	919-469-4000
City of Raleigh Housing and Neighborhoods Department	https://raleighnc.gov/housing-and-neighborhoods	919-996-4330
City of Raleigh Parks and Recreation	https://raleighnc.gov/parks-recreation-and-cultural-resources	919-996-3285
Fuquay-Varina Board of Commissioners	https://www.fuquay-varina.com/	919-552-4947
Garner Town Council	https://www.garnernc.gov/governme nt/town-council	919-772-4688
Greater Raleigh Chamber of Commerce	https://www.raleighchamber.org/	919-664-7000
Hispanic Chamber of Commerce	http://nchispanicchamber.org/Bienvenidos/en/	919-782-8764
Holly Springs Chamber of Commerce	https://www.hollyspringschamber.org/	919-567-1796
Holly Springs Economic Development	https://www.hollyspringsnc.us/1807/Economic-Development	919-557-3923
Holly Springs Town Council	https://www.hollyspringsnc.us/143/Mayor-Town-Council	919-552-6221

Knightdale Town Council	https://www.knightdalenc.gov/government/town-council	919-217-2225
Morrisville Town Council	https://www.townofmorrisville.org/government/meet-your-town-council	919-463-6200
NC DHHS	https://www.ncdhs.gov/	1-800-662-7030
NC General Assembly	https://ncleg.gov/	919-733-4111
NC House of Representatives	https://ncleg.gov/House	919-733-4111
Office of Minority Health and Health Disparities	https://www.minorityhealth.hhs.gov/	1-800-444-6472
Raleigh City Council	https://raleighnc.gov/city-council	919-996-3050
Rolesville Board of Commissioners	https://www.rolesvillenc.gov/boards-commissions	919-556-3506
Town of Apex	https://www.apexnc.org/	919-249-3400
Town of Cary	https://www.townofcary.org/	919-469-4000
Town of Fuquay-Varina	https://www.fuquay-varina.org/	919-552-1400
Town of Garner	https://www.garnernc.gov/	919-772-4688
Town of Holly Springs	https://www.hollyspringsnc.us/	919-552-6221
Town of Knightdale	https://www.knightdalenc.gov/	919-217-2200
Town of Morrisville	https://www.townofmorrisville.org/	919-463-6200
Town of Rolesville	https://www.rolesvillenc.gov/	919-556-3506
Town of Wake Forest	https://www.wakeforestnc.gov/	919-435-9400
Town of Wendell	https://www.townofwendell.com/	919-365-4450
Town of Zebulon	https://www.townofzebulon.org/	919-269-7455
Wake County Board of Commissioners	https://www.wakegov.com/departments-government/board-comissioners	919-856-6180
Wake County Community Services	https://www.wakegov.com/departments-government/community-services	919-743-4853
Wake County Department of Environmental Services	https://www.wakegov.com/departments-government/environmental-services	919-856-7400
Wake County Emergency Management	https://www.wakegov.com/departments-government/fire-services-emergency-management/emergency-management	919-856-7044
Wake County Government	https://www.wakegov.com/	919-856-6180
Wake County Human Service Board	https://www.wakegov.com/departments-government/human-	No number listed

	services/about-human-services/human-services-board	
Wake County Health and Human Services	https://www.wakegov.com/departments-government/human-services	919-212-7000
Wake County Public Libraries	https://www.wakegov.com/departments-government/libraries	919-212-7930
Wake County Social and Economic Vitality	https://www.wakegov.com/departments-government/human-services/about-human-services/social-economic-vitality	No number listed
Wake County Planning	https://www.wakegov.com/departments-government/planning-development-inspections/planning	No number listed
Wake Forest Board of Commissioners	https://www.wakeforestnc.gov/board-commissioners	919-435-9413
Wake Forest Police Department	https://www.wakeforestnc.gov/police	919-554-6150
Wendell Board of Commissioners	https://www.townofwendell.com/government/meet-the-board	919-365-4450
Zebulon Board of Commissioners	https://www.townofzebulon.org/government/board-commissioners	919-269-7455

Source: 2019 Wake County CHNA, Google Search

Other Community Resources

Other Community Resources	Website	Phone Number
Advocacy & Rural Health North Carolina Healthcare Association	https://www.ncha.org/	919-677-2400
Advocates for Health in Action	No website found	919-210-0310
AHEC, WakeMed Health and Hospitals	https://www.wakeahec.org/programs.htm	919-350-8000
Alice Aycock Poe Center for Health Education	https://www.poehealth.org/	919-231-4006
American Heart Association	https://www.heart.org/en/affiliates/north-carolina/triangle	919-463-8300
American Red Cross of Eastern North Carolina	https://www.redcross.org/local/north-carolina/eastern-north-carolina.html	919-231-1602
Carolina Peace Center	https://carolinapeacecenter.com/	No number listed
Center for Volunteer Caregiving	https://volunteercaregiving.org/	919-460-0567

Color Me Healthy	https://www.colormehealthy.com/	919-515-9142
Community Campus Partnerships for Health	https://ccphealth.org/	919-714-8614
Delta Dental of North Carolina	https://deltadentalnc.com/	800-971-4108
DHIC, Inc	https://dhic.org/	919-832-4345
Dorcas Ministries	https://dorcascary.org/	919-469-9861
Duke Cancer Institute Office of Health Equity	http://www.dukecancerinstitute.org/OHE	919-684-0409
Habitat for Humanity	https://www.habitatwake.org/	919-833-1999
Islamic Association of Raleigh	https://raleighmasjid.org/	919-834-9572
Jewish Federation of Raleigh-Cary	https://www.shalomraleigh.org/	919-676-2200
John Rex Endowment	https://www.johnrexendowment.org/	919-838-1110
Living Healthy with Chronic Disease, Living Healthy with Diabetes and Living Healthy with Chronic Pain Workshops	https://www.rexhealth.com/rh/care-treatment/heart-vascular/living-healthy-with-chronic-conditions-workshop/	919-784-4015
MetLife	https://www.metlife.com/	1-800-METLIFE
NC Cooperative Extension	https://wake.ces.ncsu.edu/	919-250-1100
North Carolina Center for Non-Profits	https://www.ncnonprofits.org/	919-790-1555
North Carolina Healthcare Association	https://www.ncha.org/	919-677-2400
North Carolina Medicaid and NC Health Choice Dental Provider List	https://medicaid.ncdhhs.gov/	888-245-0179
North Carolina Safety Net Dental Clinics	https://publichealth.nc.gov/oralhealth/services/safety-net.htm	919-707-5480
Passage Home	https://www.passagehome.org/	919-834-0666
Protus 3	https://protus3.com/	800-775-8584
QuitLine NC	https://www.quitlinenc.com/	1-800-784-8669
Raleigh-Cary Jewish Family Services	www.raleighcaryjfs.org	919-676-2295
Raleigh Midtown Rotary Club	https://www.rotaryclubraleighmidtown.org/	919-656-9573
Raleigh Promise	https://serpromise.org/	919-996-5697
Read and Feed	https://readandfeed.org/	919-463-9744
ReadyWake!	https://readywake.com/	919-996-3000
Restoration CDC, Inc.		919-556-2500

Rotary District 7710 North Carolina-USA	https://rotary7710.org/	No number listed
SAS	https://www.sas.com/en_us/home.html	1-800-727-0025
School Health Advisory Council	https://sites.google.com/dpi.nc.gov/nchealthyschools/wsc/school-health-advisory-council-shac	No number listed
Society for the Prevention of Cruelty to Animals (SPCA) of Wake County	https://spcawake.org/	919-772-2326
State Employees' Credit Union	https://www.ncsecu.org/home.html	888-732-8562
The Blood Connection	https://thebloodconnection.org/	1-800-392-6551
The Fountain of Raleigh Fellowship	https://thefountainofraleigh.org/	919-848-5018
Triangle Area Red Cross	https://www.redcross.org/local/north-carolina/eastern-north-carolina/about-us/locations/triangle-area-chapter.html	919-231-1602
Triangle Family Services	https://tfsnc.org/	919-821-0790
Triangle Interfaith Alliance	https://interfaithalliance-nc.org/	No number listed
United Way of the Greater Triangle	https://www.unitedwaytriangle.org/	919-460-8687
Wake County Animal Center	https://www.wake.gov/departments-government/animal-services/wake-county-animal-center	919-212-7387
Wake County Collaborative	No website found	919-651-8654
Wake County Medical Society	https://wakedocs.org/	919-783-0404
RightCare	https://rightcare.health/our-work/	919-819-6220
Warmth for Wake	https://www.wakegov.com/departments-government/human-services/programs-assistance/energy-assistance-help-heating-cooling-and-water/warmth-wake	No specific number
Word for Transformation Church and Outreach Center, Inc.	No website found	919-832-8016
YMCA of the Triangle	www.ymcatriangle.org/	919-719-9622

The Live Well Wake Lead Organization Team includes the following organizations



For more information: livewellwake.org